

Homework – UP Microaggressions Workshop (03.05.2021)

Watch the following video:

<https://www.youtube.com/watch?v=DWynJkN5HbQ>

Answer the following questions:

1. What is/are the microaggression(s) happening in the video? **Please refer to the DWS Handout with the number 2 in front of it.**
2. What are the coded messages/meta-communications that are being conveyed as a result of the microaggressions?
3. What do you think the possible intent was of the speaker? Does the intent change the impact of the statement for the person who experiences the microaggressions?
4. What is the method of interruption used in the video?
5. Given the coded messages that you described earlier, what are some additional interventions that might be used to interrupt this scenario in the moment? **Please refer to the DWS Handout with the number 3 in front of it.**
6. What are some longer-term strategies that might foster community, learning, and engagement to reduce and/or interrupt microaggressions?

**Do not distribute these resources without the explicit written permission of Andres Guzman, who is a local Justice, Equity, Diversity, and Inclusion Consultant. Guzman is located in Portland, Oregon. Date of handout: 02/28/2021.*