

University of Portland

Department of
Public Safety
Crime Report

MISSION STATEMENT

The University of Portland Department of Public Safety exists to serve the campus community. Our mission is to support the University's primary objectives of teaching, faith, and service by helping to promote, create, and maintain a safe, secure, and enjoyable campus environment for all members of the University community and its guests.

CAMPUS CRIME REPORT AND DRUG AND ALCOHOL POLICY SEPTEMBER 2007

The University Park neighborhood that borders our campus is among the safest in Portland. Yet like any place in our modern age, there are dangers.

Federal law requires the Department of Public Safety to tell the campus community about two of those risks: crime and drug use. The first portion of this booklet carries the Campus Safety Report, as required by the federal Crime Awareness and Campus Security Act of 1990. The second portion, mandated by the federal Drug-Free Schools and Communities Act of 1989, explains the University's policy on alcohol and illegal drugs.

Please read these reports and use the information to help foster a healthy, safe environment for yourself and others on campus.

CAMPUS SAFETY REPORT

The information in this publication is in compliance with requirements set forth under the Student Right-to-Know and Campus Security Act of 1990 (Title II - Public Law 101-542 Nov. 1990). This report is updated on an annual basis and is disseminated to all University students and employees. Upon request this report will also be provided to any applicant for enrollment or employment.

STATUS OF CAMPUS SECURITY

The University of Portland places a high priority on the personal safety of its students, faculty, staff, and visitors, and the Department of Public Safety is committed to providing a secure environment. Historically, the University of Portland has been one of the safest campuses in the Pacific Northwest and the campus is located in the University Park neighborhood, which has one of the lowest crime rates in Portland. However, since it is impossible to prevent all crime, we wish to remind people that they must also take responsibility for their own personal safety. To that end, we offer several "Security Awareness and Crime Prevention Programs."

Monthly crime statistics for Portland, including the University Park neighborhood, are posted in the Information Center in the Pilot House.

SECURITY AWARENESS AND CRIME PREVENTION PROGRAMS

The University provides the following services and programs to improve safety on campus and to educate the community about security issues:

1) Escort Service — Public safety provides an escort service for people walking on campus or to and from a University-owned residence. Students, staff, and faculty are asked to walk with others when possible and to choose paths that are well lit.

2) New Student Orientation — Crime prevention materials are provided and questions are answered during new student orientation meetings.

3) Personal Safety — Sessions on personal safety, crime and violence prevention, crisis and emergency management planning, threat assessment, dorm safety and rape prevention, introductory self-defense, fire and life safety, and first aid/CPR are offered on campus. Contact public safety at (503) 943-7161 for more information.

4) Residence Hall Security — Hall security and safety is routinely discussed in all hall meetings.

5) Emergency Telephones — Campus phones are located outside the main entrance of each residence hall, in the Pilot House, at St. Mary's, Engineering Hall, Science Hall, Franz Hall, and Buckley Center. A "Blue Light" emergency phone is outside the Pilot House, and both Haggerty Hall and Tyson Hall have Blue Light phones in their parking areas. There are emergency phones on the soccer practice field and on N. Portsmouth between the Chiles Center and baseball field.

6) Electronic Systems — The Department of Public Safety monitors intrusion and fire alarms, campus wide, with the help of a computerized monitoring system. Access into certain facilities, including resident halls, is controlled through use of a card key access control system.

7) Operation Identification — Students are strongly encouraged to mark valuables with a driver's license number and to record serial numbers on forms provided by public safety.

8) Crime Prevention Material — Brochures and posters related to substance abuse, personal safety, seat belt use, motor vehicle and bicycle theft prevention, and residence and office security are distributed campus wide.

9) Community Notification of Criminal Activity — The Department of Public Safety routinely notifies the campus community of ongoing security concerns by articles published in the campus newspaper and in the faculty/staff newsletter. If circumstances warrant, specially printed crime alerts will be prepared and distributed campus wide.

HOW TO REPORT A CRIME OR EMERGENCY

To report a crime or an emergency on campus, call the Department of Public Safety. For anonymous reporting, go to www.up.edu. Public safety officers respond to all reports of crimes and emergencies and complete an “Incident Report” for any crime occurring on or adjacent to University property. Reports are confidential within the guidelines established by the General Education Provisions Act (Buckley Amendment), the Portland Police Bureau, and Oregon Revised Statutes. As a service to the University community, some reports are made available, free of charge, to a complainant to assist in the filing of an insurance claim.

Crime (incident) reports can be made at any time.

Call public safety if:

Someone is injured or ill;

You see fire or smell smoke;

You see something suspicious;

Someone is hurting another;

You see someone stealing something or vandalizing property; or

You have something stolen.

Call quickly. Don't assume someone else has made the call. Try to provide the dispatcher with accurate, detailed information about the problem.

STAY ON THE LINE until the dispatcher says it is OK to hang up. Depending upon the type of emergency the dispatcher may also request assistance from the Portland Police Bureau, Portland Fire Bureau, or an ambulance company.

4444 (from on-campus) for emergency help

7161 (from on-campus) for non-emergency assistance

943-4444 (from off-campus) for emergency help

943-7161 (from off-campus) for non-emergency assistance

DEPARTMENT OF PUBLIC SAFETY

The Department of Public Safety serves all students, staff, faculty, and guests of the University. All criminal offenses occurring on-campus or at University controlled property should be reported to public safety.

The department operates twenty-four hours a day, seven days a week. Full-time staff includes a director of public safety, assistant director of public safety, one sergeant, nine public safety officers, an environmental safety officer, and six communications personnel.

The department also employs student personnel for special event services, dispatching, staffing of the Information Center, and to augment the patrol force.

Officers conduct foot, vehicle, and bike patrols on-campus and in the

neighborhood adjacent to campus. The department is charged with the enforcement of applicable federal, state, and local laws, and University policies and regulations.

All officers are certified under the Oregon private security service providers act ORS-181.170—181.993.

Under an agreement between the University of Portland and the Multnomah County Sheriff, specific officers, who are unarmed, may perform all the acts of a peace officer as defined in ORS 133.005 and 161.015. This police authority is only exercisable on campus and in the University Park neighborhood. The department will request assistance from the Portland Police Bureau when necessary.

ACCESS TO CAMPUS FACILITIES

Most campus buildings and facilities are accessible during normal business hours, excluding holidays. Athletic facilities, the computer labs, the Pilot House, the library, and other select University service areas have varying hours of operation. For “after-hours” access to certain facilities, students will need an “after-hours” pass signed by the person responsible for the facility, and this pass and a valid student ID card must be presented to security personnel to be admitted.

Since the University cannot ensure that unauthorized persons will not enter into residence halls, students are strongly encouraged to lock their room doors at all times. The main desks of each residence hall are staffed from 10:00 a.m. until midnight (2:00 a.m. on Friday and Saturday nights). After the desks are closed all exterior doors are locked. Hall access requires the use of an ID card which also acts as an “electronic” key. The University has an inter-visitation policy (which limits the hours friends of opposite sexes may visit in a residence hall room). The violation of this policy may result in disciplinary proceedings. Resident hall policies may be found in the student handbook and in the handout given to all resident students.

MAINTENANCE OF CAMPUS FACILITIES

Public safety officers, as part of their general patrol procedure, generate a work order to the Physical Plant when any defective lighting or unsafe condition on campus is noted.

Students, faculty, and staff are encouraged to report any safety or security concerns directly to the public safety. Health and safety concerns may also be addressed to the environmental safety officer or to the University Health and Safety Committee.

SEXUAL ASSAULT

July 1, 1993, amendments to the *Campus Security Act* required that all institutions of higher education have campus sexual assault programs. Institutions must also establish and publish procedures to be followed when a sex offense has occurred.

The University of Portland has been a leader in sexual assault prevention. Mandatory meetings, for all new resident students, are held at the start of the school year to discuss and examine sexual assault issues. All students are invited to attend these meetings. In addition, the University has established an *Advocates for Sexual Assault Survivors* program and conducts a series of educational forums about male/female relationships and sexual assault throughout the school year.

It is a violation of University regulations to commit a sexual assault (including rape). Sexual assault is attempted or unwanted sexual activity. Rape is defined as sexual penetration without mutual consent. In addition to possible civil and criminal charges, any member of the University community who is found guilty of sexual assault will be subject to disciplinary procedures. Termination of employment or dismissal from school is the maximum penalty the University may impose.

Victims of rape or sexual assault are strongly encouraged to take some type of action following the incident. The University's primary concern is that a victim receive proper medical attention and counseling. Victims may contact any of the following resources for confidential information concerning counseling, mental health, or medical services:•

- Public Safety Department: 503-943-7161
- University Health Center: 503-943-7134
- University Campus Ministry: 503-943-7131
- University Advocates for Sexual Assault Survivors — Names and phone numbers are posted on campus bulletin boards.
- Any University Residence Hall Director
- Portland Rape Victim Advocate Program 503-248-3222
- Portland Women's Crisis Line 503-235-5333
- Stop Assault for Everyone Advocate line 503-943-7233 (SAFE)

For possible criminal prosecution victims of a sexual assault may report the incident directly to the Portland Police Bureau by dialing 9-1-1. This police report may also be made at the Department of Public Safety. For possible criminal prosecution, victims should preserve any evidence at the scene of the attack and should not bathe or change clothing until they have been examined by proper authorities.

Police reports are confidential and information in the report may not be released to University officials without the victim's permission. University

officials, upon request, will assist victims in the filing of a police report. Reports filed only with University officials will not automatically generate a police report or criminal investigation unless the victim so desires. A confidential “information only” report may also be taken, and forwarded to police authorities, where the suspect is not contacted and a criminal investigation is not conducted. Even if a police report is filed, a victim may request the University to conduct a separate investigation to determine if University regulations were violated.

A victim may also contact public safety or the University judicial coordinator to begin a University investigation without filing a police report. University investigations can only be conducted if the suspect is a member of the University community.

Should an investigation of such an incident result in University judicial proceedings all procedures described in the *University of Portland Student Handbook* will be followed. Once allegations are made, both the victim and accused may request changes in living, academic and dining schedules or arrangements. Both the accused and accuser will be informed of the outcome of any disciplinary proceeding. For more information please refer to the online sexual assault resource guide located within the public safety website www.up.edu/public_safety.

CRIME STATISTICS

The following statistics have been compiled from incidents reported to the Department of Public Safety or the Portland Police Bureau during the 2005, 2006, and 2007 calendar years. The statistics do not reflect any reports that might have been made to other departments or individuals at the University unless those individuals or departments informed public safety of the incident. Victims or witnesses may report crimes on a voluntary, confidential basis for inclusion in the annual disclosure of crime statistics. Pastoral or professional counselors, when acting as a counselor, are not required to report any crimes or incidents; however, the University urges its counselors to provide “statistical information” should they become aware of a sexual assault incident.

Since 1999 institutions have been required to compile and report crime statistics in four categories by location. These categories are: on-campus, in dormitories or residence halls, non-campus buildings or property, and public property. The definition of a non-campus building or property is any building or property controlled by a student organization that is officially recognized by the institution. The University of Portland does not have any property in this category, so it is not included in the crime statistics.

2007 Crime Statistics

	Campus	Residence Halls	Adjacent Campus	Univ. Park
Murder	0	0	0	0
Manslaughter	0	0	0	0
Sex Offenses				
Forcible	3	3	0	0
Non-forcible	0	0	0	0
Residential Burglary	0	3	0	0
Non-Residential Burglary	3	0	0	0
Robbery	0	0	0	0
Aggravated Assault	0	0	0	1
Motor Vehicle Theft	0	0	0	1
Theft from Motor Vehicle	0	0	0	0
Arson	0	0	0	0
Hate Crimes	0	0	0	0

2006 Crime Statistics

	Campus	Residence Halls	Adjacent Campus	Univ. Park
Murder	0	0	0	0
Manslaughter	0	0	0	0
Sex Offenses				
Forcible	0	0	0	0
Non-forcible	1	1	0	0
Residential Burglary	0	0	0	2
Non-Residential Burglary	0	0	0	0
Robbery	0	0	0	0
Aggravated Assault	2	0	0	2
Motor Vehicle Theft	0	0	0	1
Theft from Motor Vehicle	0	0	0	0
Arson	0	0	0	0
Hate Crimes	0	0	0	0

2005 Crime Statistics

	Campus	Residence Halls	Adjacent Campus	Univ. Park
Murder	0	0	0	0
Manslaughter	0	0	0	0
Sex Offenses				
Forcible	0	2	0	0
Non-forcible	0	0	0	0
Residential Burglary	2	1	1	2
Non-Residential Burglary	3	0	0	0
Robbery	0	0	0	0
Aggravated Assault	0	0	0	1
Motor Vehicle Theft	3	0	2	0
Theft from Motor Vehicle	3	0	1	5
Arson	0	0	0	0
Hate Crimes	0	0	0	0

Explanation of Reported Crimes

Arson — Any willful or malicious burning or attempt to burn, with or without intent to defraud, a dwelling house, public building, motor vehicle or aircraft, personal property of another, etc.

Criminal Homicide: Manslaughter by Negligence — The killing of another person through gross negligence.

Criminal Homicide: Murder and Non-negligent Manslaughter — The willful (non-negligent) killing of one human being by another.

Sex Offenses-Forcible

Any sexual act directed against another person, forcibly and/or against that person's will; or not forcibly or against the person's will where the victim is incapable of giving consent.

1) Forcible Rape — The carnal knowledge of a person, forcibly and/or against that person's will; or not forcibly or against the person's will where the victim is incapable of giving consent because of his/her temporary or permanent mental or physical incapacity (or because of his/her youth).

2) Forcible Sodomy — Oral or anal sexual intercourse with another person, forcibly and/or against that person's will; or not forcibly against the person's will where the victim is incapable of giving consent because of his/her youth or because of his/her temporary or permanent mental or physical incapacity.

3) Sexual Assault With An Object — The use of an object or instrument to unlawfully penetrate, however slightly, the genital or anal opening of the body of another person, forcibly and/or against that person's will; or not forcibly or against the person's will where the victim is incapable of giving consent because of his/her youth or because of his/her temporary or permanent mental or physical incapacity.

4) Forcible Fondling — The touching of the private body parts of another person for the purpose of sexual gratification, forcibly and/or against that person's will; or, not forcibly or against the person's will where the victim is incapable of giving consent because of his/her youth or because of his/her temporary or permanent mental incapacity.

Sex Offenses: Non-forcible

Unlawful, non-forcible sexual intercourse.

1) Incest — Non-forcible sexual intercourse between persons who are related to each other within the degrees wherein marriage is prohibited by law.

2) Statutory Rape — Non-forcible sexual intercourse with a person who is under the statutory age of consent.

Robbery — The taking or attempting to take anything of value from the care, custody, or control of a person or persons by force or threat of force or violence and/or by putting the victim in fear.

Aggravated Assault — An unlawful attack by one person upon another for the purpose of inflicting severe or aggravated bodily injury. This type of assault usually is accompanied by the use of a weapon or by means likely to produce death or great bodily harm. It is not necessary that injury result from an aggravated assault when a gun, knife, or other weapon is used which could and probably would result in serious personal injury if the crime were successfully completed.

Burglary — The unlawful entry of a structure to commit a felony or a theft. For reporting purposes this definition includes: unlawful entry with intent to commit a larceny or felony; breaking and entering with intent to commit a larceny; housebreaking; safecracking; and all attempts to commit any of the aforementioned.

Motor Vehicle Theft — The theft or attempted theft of a motor vehicle. This includes all cases where automobiles are taken by persons not having lawful access even though the vehicles are later abandoned (including joyriding).

Hate Crimes — Crimes that manifest evidence the victim was intentionally selected because of the victim's actual or perceived race, gender, religion, sexual orientation, ethnicity or disability as prescribed by the Hate Crimes Statistics Act and Campus Security Act.

Weapon Law Violations — The violation of laws or ordinances dealing with weapon offenses, regulatory in nature, such as: manufacture, sale, or possession of deadly weapons; carrying deadly weapons, concealed or openly; furnishing deadly weapons to minors; aliens possessing deadly weapons; and all attempts to commit any of the aforementioned.

Drug Abuse Violations — Violations of state and local laws relating to the unlawful possession, sale, use, growing, manufacturing, and making of narcotic drugs. The relevant substances include: opium or cocaine and their derivatives (morphine, heroin, codeine); marijuana; synthetic narcotics (demerol, methadones); and dangerous non-narcotic drugs (barbituates, benzedrine).

Liquor Law Violations — The violation of laws or ordinances prohibiting: the manufacture, sale, transporting, furnishing, possessing of intoxicating liquor; maintaining unlawful drinking places; bootlegging; operating a still; furnishing liquor to a minor or intemperate person; using a vehicle for illegal transportation of liquor; drinking on a train or public conveyance; and all attempts to commit any of the aforementioned. (Drunkenness and driving under the influence are not included in this definition.)

Sex Offender Notification:

The federal Campus Sex Crimes Prevention Act, enacted on October 28, 2000, requires institutions of higher education to issue a statement advising the campus community where law enforcement agency information provided by a state concerning registered sex offenders may be obtained. It also requires sex offenders already required to register in a state to provide notice, as required under state law, of each institution of higher education in that state at which the person is employed, carries on a vocation, or is a student.

The Oregon State Police in Salem provides registered sex offender information that can be obtained online at <http://sexoffenders.oregon.gov>, or by calling 503.378.3720 Ext. 44429 and requesting a printout of registered sex offenders within your ZIP code. This service is free of charge.

ARREST STATISTICS

The following are arrest statistics for three offense categories for 2005, 2006, and 2007. Liquor violations do not include driving while impaired or driving under the influence of alcohol. Since 1999 the University is also required to report referrals for campus disciplinary proceedings for alcohol, drug, and weapons law violations in these statistics.

In general, all Oregon state laws regarding the possession, sale and use of alcoholic liquors have been adopted by the University and will be enforced as applicable to the University of Portland campus. The manufac-

ture, sale, distribution, possession, or use of a controlled substance or drug, not medically authorized, is strictly prohibited by the University of Portland. Law enforcement officers are the only persons permitted to possess firearms while on campus.

Arrests/Disciplinary Statistics

	2007	2006	2005
Liquor Law Violations			
Arrests	0	8	2
Disciplinary Referral	128	96	172
Drug Abuse Violations			
Arrests	0	2	1
Disciplinary Referral	1	1	8
Weapons Possessions			
Arrests	0	0	0
Disciplinary Referral	0	2	0

DRUG AND ALCOHOL POLICY

The choice to alter one’s state of being through the use of alcohol and other drugs can have grave consequences which include health risks, injury to personal relationships, and the interruption of the pursuit of life goals. Because the University values the health of body, spirit, and mind, and because the illegal possession, use, and sale of alcohol and other drugs may result in criminal action, the University of Portland does not condone drug use by any member of the University community.

In addition to University disciplinary sanctions, students, faculty, and staff involved with illegal use, possession, or distribution of controlled substances face civil penalties.

In compliance with the Drug-Free Campuses and Schools Act and OAR 580-19-001, and because of the concern stated above, the University provides the following information to each student and each employee.

Federal and State Drug Laws

Listed below are the penalties for possession of drugs according to federal and state laws.

For complete information on manufacture, possession, and distribution penalties at the local, state, and federal level, contact the Department of Public Safety.

	Max. Prison Time	Max. Fine
SCHEDULE I		
Class B Felony		
Heroin, LSD, other hallucinogens, marijuana, others	10 years	\$100,000
SCHEDULE II		
Class C Felony		
Methadone, morphine, amphetamine, cocaine, PCP	5 years	\$100,000
SCHEDULE III		
Class A Misdemeanor		
Non-amphetamine stimulants, some depressants	1 year	\$2,500
SCHEDULE IV		
Class C Misdemeanor		
Valium-type tranquilizers, some less potent depressants	30 days	\$500
SCHEDULE V -Violation		
Diluted mixtures, compounds with small amounts of controlled drugs	None	\$1,000

Delivery of less than five grams or possession of less than one ounce of marijuana is a violation.

Oregon law allows cars, boats, and other vehicles used in the transportation of illegal drugs to be seized and forfeited.

Oregon law also provides for a penalty of not more than one year in jail if a person frequents or remains at a place where controlled substances are used. If the only drug found is less than one ounce, then the penalty is a fine of not more than \$100.

Alcohol

Alcohol is an illegal drug for those under 21 years of age. For drivers under 21 *any* detectable amount of alcohol in the bloodstream is grounds for losing your license until you are 21.

Portland Municipal Code

In addition to these state and federal laws, the Portland Municipal Code also addresses the use of drugs and alcohol. The following violations are punishable by imprisonment of up to 6 months and a fine of not more than \$500 or both:

Section 16: Vehicles and traffic code

Section 16.12.010, Driving under the influence of liquor or drugs

Section 16.12.012, Driving while intoxicated (.08 percent)

Section 20.12.040, Selling, possessing, or consuming any alcoholic beverage in any park without a permit.

Standards of Conduct

The University of Portland expects all members of the University community, and their guests, who choose to lawfully use or serve alcoholic beverages, to do so in a legal and responsible manner. In general, all Oregon state laws regarding the possession, sale, and use of alcoholic liquors have been adopted by the University of Portland and will be enforced as applicable.

The unlawful manufacture, distribution, dispersal, possession or use of illicit drugs by University students or employees in the workplace is prohibited. (Any employees convicted of violating a criminal drug statute in the workplace must notify his or her supervisor no later than five days after such conviction. The supervisor will immediately notify the president, in writing, of this reported conviction.)

The possession or use of alcohol in the institution is prohibited except for its use at University-sanctioned events where the serving of alcohol has been approved. Impairment in the institution due to the use of alcohol is prohibited and will be punished at the University's discretion.

This policy applies to all University students and employees without exception.

Sanctions

Any student or employee of the University found on University property or at University-sponsored events abusing alcohol or using, possessing, manufacturing, or distributing controlled substances or alcohol in violation of the law shall be subject to disciplinary action in accordance with applicable policies of the state of Oregon and the University of Portland. Such disciplinary action includes, but is not necessarily limited to, expulsion, termination of employment, referral for prosecution, and/or the completion, at the individual's expense, of an appropriate substance abuse assistance or rehabilitation program.

All employees are required to notify the University of any criminal drug statute conviction for a violation occurring in buildings, facilities, grounds, or property controlled by the University within five days after such a conviction. The University will, in turn, notify the applicable federal agency of the conviction. Appropriate action will be taken within thirty days of the University's notice of a conviction or violation of the University's policy as to a drug-free workplace.

In addition to any penalties under federal and state law, employees or

students found to be in violation of this policy may be subject to disciplinary sanctions consistent with applicable provisions of state laws and regulations, the University of Portland's conduct code, applicable collective bargaining agreements, and applicable University administrative rules and directives. If imposed, sanctions will include appropriate action (up to and including expulsion and/or termination of employment and referral for prosecution) and may require participation in an approved drug and/or alcohol abuse assistance or rehabilitation program.

Counseling and Education

Student Resources

Any student who has concerns about the use of any drug, including alcohol, is urged to contact the University Health Center at 503-943-7134. Help is available, from informational pamphlets and presentations to assessment and consultation. Referral for treatment is also available on a strictly confidential basis.

Alcoholics Anonymous (503-223-8569) offers excellent help free of charge. The caller will be given the times and locations of daily meetings throughout the city and on the University of Portland campus. Other community resources are listed under "Alcohol/Drug Abuse" in the Yellow Pages. Additional listings are under "Alcoholism Treatment" and "Drug Abuse Information and Treatment." Helpline 1-800-621-1646 is a 24-hour hotline with drug and alcohol abuse treatment information.

Employee Resources

Most University employees and their dependents are eligible for the Employee Assistance Program. Eligible employees and their dependents can make an appointment with the Employee Assistance Counselor (503-228-3223). The meetings will take place away from work and will be strictly confidential. (If the employee initiates the contact, no information, not even the fact that the employee has seen the EAP counselor, will be related to the employer. If the contact is recommended or required by your employer, some information—for example, that you have kept the appointment—may be related back to the employer. The EAP counselor, an expert in the area of drug/alcohol problems, can provide information, assessment, or consultation, and referral.

Employees not eligible or not wishing to use EAP can access a number of excellent community resources. Alcoholics Anonymous (503-223-8569) can provide the times and locations of daily meetings. Helpline 1-800-621-1646, provides 24-hour information on drug and alcohol abuse treatment resources. Other community resources are listed in the Yellow Pages under "Alcoholism Treatment" and "Drug Abuse Information and Treatment."

Resources

Health Services: 503-943-7134

Employee Assistance Program: 503-228-3223

Help for people with chemical-dependency problems:

Alcoholics Anonymous: 503-223-8569

Al-Anon: 503-292-1333

Cocaine Anonymous: 503-256-1666

Narcotics Anonymous: 503-727-3733

Health Risks

Types of Drug, Other Names and Possible Health Risks

- Stimulants: Speed up action of the central nervous system.
- Amphetamines: (Speed, uppers, crack, pep pills and bennies) Hallucinations, heart problems, paranoid psychosis, death. Can harm fetus.
- Cocaine: (Coke, snow, crack, rock: narcotic) Depression, convulsions, dependency, paranoid psychosis, coma, death.
- Depressants: Relax the central nervous system.
- Barbiturates: (Barbs, goof balls, downers, blues) Dependency, coma, death.
- Tranquilizers: (Valium, Librium) In combination with alcohol, especially dangerous.
- Methaqualone: (Sappers, quads, ludes) Narcotics lower pain perception.
- Heroin: (H, scag, junk, smack) Loss of judgment and self control, tolerance, dependence, coma, death.
- Morphine: (M, dreamer) Malnutrition, infection, hepatitis.
- Codeine, opium: Hallucinogens, distort reality.
- Lysergic acid: (Diethylamide, LSD, acid) Hallucinations, "flashbacks," possible birth defects in user's children. Long-term psychosis possible.
- Mescaline: (MDA, DMT, STP, Psilocybin, designer drugs) Same as above.
- Phencyclidine: (PCP, Angel dust: legally classified as a depressant) Same as above.
- Cannabis: Alters perception and mood.
- Marijuana: (Grass, pot, weed) Loss of coordination, dependence, lung damage.
- Hashish: (Hash, hash oil) Same as above.
- Alcohol: Dependence, depression, coma, death. Alcohol abuse is linked to cancer, heart and liver damage. Fetal alcohol syndrome.
- Deliriant: Cause mental confusion.

- Aerosol products: Hallucinations, death. Damage to lungs, brain, liver, bone marrow.
- Nicotine: Emphysema, lung cancer, heart disease, dependence.

EMERGENCY PHONE NUMBERS

Alcohol and Drug Helpline

(503) 244-1312

Clark County Crisis Line

(360) 696-9560 or (800) 626-8137

Multnomah County Central Crisis Line

(503) 988-4888 or (800) 716-9769

Poison Control (National)

(800) 222-1222

Portland Police Non-Emergency Number

(503) 823-3333

Portland Women's Crisis Line

(503) 235-5333 or (888) 235-5333



5000 North Willamette Blvd.
Portland, OR 97203-5798