

UNIVERSITY OF PORTLAND

PRE-HEALTH *News*



Bundle Up

+

Buckle Down

Hello Pre-Health Students!

As the end of the semester draws near, I want to encourage you all to keep working hard and focus on finishing each of your courses strong. Pre-health professional programs consider GPA to be an important part of how they decide on which students to accept. There are still a few weeks left to schedule one-on-one advising with me this semester, so if you have specific questions or concerns about your pre-health path, please use the link provided in this newsletter to schedule an appointment.

The next edition of the newsletter will come out in early January and will include some special upcoming UP pre-health professions events, so stay tuned. Good luck with the rest of the semester and have a great winter break!

OPPORTUNITIES



UW Summer Health Professions Education Program

SUMMER HEALTH PROFESSIONS EDUCATION PROGRAM

Shaping Careers. Changing Lives.



APPLICATION OPENS*
NOV. 1

APPLICATION DEADLINE
FEB. 5

*Application dates are subject to change. Please visit shpep.org for the most up-to-date information.

The Summer Health Professions Education Program (SHPEP) is a transformative summer experience for students interested in the health professions. Formerly known as the Summer Medical and Dental Education Program (SMDEP), SHPEP has been shaping careers and changing the lives of premedical and pre dental college students for over 30 years. Now, in addition to dentistry and medicine, the program offers opportunities to explore other health careers, including nursing, optometry, pharmacy, physical therapy, and public health.

The **FREE six-week summer enrichment program** prepares college students for a career in the health professions by enhancing their academic proficiency and providing career development opportunities. Participation in SHPEP may better position students for acceptance into advanced-degree programs.

What are the benefits of this **FREE** program?

Program includes:

- Housing, meals, a stipend, and travel assistance.
- Guidance from current admissions deans, health professionals, students, and SHPEP alumni about how to pursue their profession of interest.

To be eligible, you must:

- Be a U.S. citizen, a permanent resident, or an individual granted deferred action for childhood arrivals (DACA) status by the U.S. Citizenship and Immigration Services.
- Be a college freshman or sophomore at the time of application.
- Have a minimum GPA of 2.5.
- Identify with a group that is underrepresented in the health professions.

Learn more at **shpep.org.**



Help Build a Culture of Health

SHPEP is working toward building a Culture of Health* that will enable all to live longer, healthier lives now and for generations to come. The SHPEP prehealth scholars are inspired to become tomorrow's change leaders in their local communities and throughout the nation.

*Refer to evidenceforaction.org/what-culture-health.

What types of activities will students participate in during SHPEP?

- Academic enrichment in the basic sciences and math.
- Career development activities.
- Learning and study skills workshops.
- Exposure to clinical settings.
- Workshops in financial planning and health policy.
- Interprofessional education that addresses effective collaboration across health professions.



Visit **shpep.org** for more information about the program and how to apply.

SHPEP is a national program funded by the Robert Wood Johnson Foundation with direction and technical assistance provided by the AAMC (Association of American Medical Colleges) and ADEA (American Dental Education Association).

20-014D (04/20)

Support
provided by

Robert Wood Johnson Foundation



Learn More



OREGON HEALTH & SCIENCE *University*

SCHOOL OF MEDICINE

OHSU Internships

Pre-health professions internships offered at OHSU are helpful because they can provide hands-on experience in clinical, research, and community health settings, build professional skills, and connect you with mentors who can help guide your path into a variety of careers in health professions. These opportunities strengthen applications to graduate programs and help students understand the realities of working in health care.

OHSU Internships

OHSU Mentor Circles

OHSU medical students will be holding 2 virtual Mentor Circles during the Summer term for pre-med students (and all students considering a career in medicine!). Their mission is to provide peer-to-peer insight into the medical school application process to rural, non-traditional, and under-represented students in Oregon who are interested in pursuing a career in medicine through quarterly discussions. Students from all backgrounds are welcome.

Please register for one session by completing the form for the date/time you would prefer. You will receive a reminder e-mail the day prior, and a Webex link and password will be e-mailed the day of the event. If you have any questions in the meantime, please feel free to reach out to us at ohsumentorcircles@gmail.com.

Thursday, December 4th, from 7-8 pm

Friday, December 12th, from 6-7 pm

Register Now

Civil Rights Immersion

THIS YEAR'S IMMERSIONS

FALL BREAK

RURAL IMMERSION

October 12th-17th
Yakima Valley, WA

WINTER BREAK

HOUSING JUSTICE IMMERSION

January 8th -10th
Right here in Portland!

SPRING BREAK

INDIGENOUS JUSTICE IMMERSION

March 1st-6th
Warm Springs Reservation, OR

EARLY SUMMER

BORDER IMMERSION

May 5th- 10th
Tucson, AZ and Nogales, MX

CIVIL RIGHTS IMMERSION

May 5th-15th
Southern United States

[More Information](#)

U of Colorado B2MR Program

The B2MR program provides multi-dimensional and research training in biomedical research for post-baccalaureate students looking to succeed in top-tier MD or MD-PhD programs. To achieve this mission, B2MR program trainees will:

- Conduct research with mentor support to strengthen their research and technical skills.
- Improve their competitiveness for MD program admission through guidance and training on the medical school application process.
- Participate in high-quality professional and career development activities individually designed to complement each B2MR scholar's needs and goals.
- Engage in continuous and dynamic mentoring and community-building research centered experiences designed to enhance the scholar's network and integration in the social, research, and academic environments.

All B2MR scholars will receive the following benefits if selected to be a part of the program:

- A salary of approximately \$35,000, plus an additional \$5,000 to pay for health, dental, and vision benefits
- Tuition remission for graduate courses and/or undergraduate science courses deemed necessary to enhance the scholar's preparedness for graduate school
- Travel expenses to attend or present at a scientific conference (up to \$2,000 each year)
- Exceptional mentored research experience at CU Anschutz
- Support in developing and preparing a competitive MD program application to a top tier medical school

- High-quality professional and career development activities designed to meet each B2MR scholar's needs and goals
- Networking and community building opportunities to enable the scholar to integrate into the social and research environment

Applications to the program are being accepted for the 2026-2028 cohort. **The rolling admissions deadline is December 1, 2025-February 1, 2026.**

[Learn More](#)

[Apply Now](#)

[Schedule a Pre-Health Advising Appointment](#)

PRE-HEALTH ADVISING

Are you a student interested in graduate programs in health and medicine?

**PRE-HEALTH
CAREERS**

- Medical and Dental
- PT/OT
- Pharmacy
- Veterinary
- Public Health
- And More!

**SIGN-UP
FOR A
Meeting!**



SIGN-UP BELOW

Associate Dean – Dr. Andrew Lafrenz

Buckley Center 213



Schedule an Advising Appointment



REMINDERS



St. George's U - Scholarship Application

St. George's University is offering a new scholarship for the January 2026 start term could help you fast track your med school journey. Benefits of a January start include smaller entering class sizes and personalized support, extra time for exam preparation and residency readiness, and flexible clinical and elective opportunities.

This scholarship application is available to applicants who submit a complete 4-Year MD application on or before December 31, 2025 (other scholarships may also apply).

New SGU Scholarship

WOU Admissions Workshop



Western Oregon UNIVERSITY Occupational Therapy

FALL 2025 INFO SESSIONS

DATES:

- **WEDNESDAY, OCTOBER 8**
6PM PST
VIRTUAL-ZOOM
- **SATURDAY, NOVEMBER 22**
10AM PST
AT WOU
525 TRADE STREET
SALEM OR
- **THURSDAY, DECEMBER 11**
6PM PST
VIRTUAL-ZOOM

LEARN ABOUT:

- **APPLICATION REQUIREMENTS**
- **CURRICULUM OVERVIEW**
- **MEET OUR FACULTY**
- **CHECK OUT OUR NEW BUILDING!**
- **ANSWER YOUR QUESTIONS**

IF YOU WOULD LIKE TO REQUEST DISABILITY-RELATED ACCOMMODATION(S) TO PARTICIPATE IN A WOU ACTIVITY OR EVENT, PLEASE PLEASE COMPLETE THE [ONLINE REQUEST FORM](#) AT LEAST THREE (3) BUSINESS DAYS IN ADVANCE. IF YOU HAVE QUESTIONS, CONTACT DISABILITY SERVICES (DDS) AT 503-838-8250 OR dds@wou.edu.

MORE INFORMATION :
EMAIL OTD@WOU.EDU



RSVP



More Information

NSU Tampa Bay DPT Program

The Fall 2026 admissions cycle for Nova Southeastern University's Professional Doctor of Physical Therapy (D.P.T.) – Tampa Bay program is currently open, with final applications due by **Monday, December 15**.

[Tampa Bay D.P.T Program](#)

[Tampa Bay D.P.T. Program Events](#)

[Pre-Health Survey and Listserv Sign-Up](#)



UNIVERSITY OF PORTLAND

PRE-HEALTH PROFESSIONS

ARE YOU A PRE-HEALTH PROFESSIONS
STUDENT? MAKE SURE YOU ARE ON
OUR LIST SERVE.

COMPLETE THE PRE-HEALTH
PROFESSIONS SURVEY AND SIGN-UP
FOR OUR EMAILS



Survey and Email Sign-Up

QUESTIONS OR CONCERNS? WANT TO SCHEDULE AN ADVISING APPOINTMENT? SEND US AN EMAIL!

Email Health Professions

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