

UNIVERSITY OF PORTLAND

PRE-HEALTH *News*



Happy Spring Pre-Health Students!

This is always an exciting but busy time of the year with registration happening, summer plans being made and only five weeks left in the semester! I encourage you all to keep up the hard work inside and outside the classroom to continue improving your GPA but also taking time for self-care and making sure your physical, mental and social health needs are being met.

The summer is a great time to try and get shadowing and observation hours as well whether in the Portland area or back home. Feel free to schedule an appointment if you have specific pre-health questions the rest of the semester. I will also have availability to meet for pre-health advising most weeks during the summer on Wednesdays so feel free to schedule online where you can see my availability.



Annual Health Professions Fair

The annual Health Professions Fair is happening on **Monday, April 20 from 6:00 - 8:00 pm in the Bauccio Commons**. Come to talk to over 60 health professions schools, programs and employers.

[More Info](#)



WOU OTD Info Sessions

Western Oregon University is offering a few OTD info sessions this spring where you can learn about application requirements, receive a curriculum review, meet faculty, check out campus, and have your questions answered. Email OTD@wou.edu for more info.

Info Session Dates

- Monday, April 6: 6:00 pm Virtual on Zoom
- Saturday, May 16: 10:30 am In-Person at WOU: Salem
- Wednesday, May 20: 6:00 pm Virtual on Zoom

[Register Now](#)



Pre-Medical Career Conference

The Kaiser Permanente 3rd Annual Pre-Medical Career Conference is happening on **Saturday, April 11**. This conference is designed for community college and university students who are aspiring medical professionals. Attendees will gain valuable insights into the medical field through interactive sessions and networking opportunities.

Meet and engage with Kaiser Permanente physicians, dentists, resident physicians, medical students, deans, and admissions leaders from local medical, osteopathic, dental and health professional schools.

[Register Now](#)



UMSOP PharmD Open House

The University of Maryland School of Pharmacy's (UMSOP) PharmD Spring Open House is being held on **Saturday, April 11, 9:00 am - 2:00 pm**. All are welcome, no matter where you are in the application process.

[Register Now](#)



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[Subscribe](#) to our email list.

A Day in the Life

Join OHSU for A Day in the Life of an OHSU Student on **Saturday, April 25 from 9:00 am - 3:00 pm**. Learn about taking vital signs, first aid, CPR, human anatomy, and splinting and casting; explore the South Waterfront campus building with current OHSU students; and ask questions at the Q&A panel.

[Register Now](#)

Volunteer Summer Program

OHSU's Healthcare Volunteer Summer Program helps student volunteers gain valuable, introductory experience in a healthcare environment. There will be regularly scheduled shifts twice a week with a minimum of 26 shifts and 10 weeks, which will require volunteers to pick up additional shifts. Volunteers will also have the unique opportunity to understand healthcare from the perspective of the patient, while making a difference in their community by participating in the following programs: Guide Volunteers, Art Cart, 8S Pediatric Surgery Ambassadors, Adult Inpatient Programs, and Healing Through Music. **Applications are due April 1, and no late applications will be accepted.**

[Learn More](#)

[Register Now](#)

OHSU Internships

Pre-health professions internships offered at OHSU are helpful because they can provide hands-on experience in clinical, research, and community health settings, build professional skills, and connect you with mentors who can help guide your path into a variety of careers in health professions.

[OHSU Internships](#)



AAPA Pre-PA Workshop

Aspiring to become a PA? Join AAPA in New Orleans on **Saturday, May 16, 8:00 am - 3:00 pm** for a day of networking, panels and exhibitions from PA school admissions experts and PA programs, and one-on-one application feedback sessions.

[Learn More](#)



International Health Scholar Intensive

The 2026 International Health Scholar Intensive will take place **June 18–29 in Tokyo, Japan**, and offers an immersive journey into the U.S. and Japanese healthcare systems and value-based payment practices. **Applications close February 28**, and admission is offered on a first-come, first-served basis.

The program is designed for current students, recent graduates, and aspiring health professionals seeking to broaden their understanding of healthcare and offers a structured, educational experience through faculty-led instruction, real-world exposure, and cultural immersion.

Email internationalprograms@copehealthscholars.org for more info.

[Apply Now](#)

[Program Overview](#)

Civil Rights Immersion

THIS YEAR'S IMMERSIONS

FALL BREAK

RURAL IMMERSION

October 12th-17th
Yakima Valley, WA

WINTER BREAK

HOUSING JUSTICE IMMERSION

January 8th -10th
Right here in Portland!

SPRING BREAK

INDIGENOUS JUSTICE IMMERSION

March 1st-6th
Warm Springs Reservation, OR

EARLY SUMMER

BORDER IMMERSION

May 5th- 10th
Tucson, AZ and Nogales, MX

CIVIL RIGHTS IMMERSION

May 5th-15th
Southern United States

[More Information](#)

[Schedule a Pre-Health Advising Appointment](#)

PRE-HEALTH ADVISING

Are you a student interested in graduate programs in health and medicine?

**PRE-HEALTH
CAREERS**

- Medical and Dental
- PT/OT
- Pharmacy
- Veterinary
- Public Health
- And More!

**SIGN-UP
FOR A
Meeting!**



SIGN-UP BELOW

Associate Dean – Dr. Andrew Lafrenz

Buckley Center 213



Schedule an Advising Appointment



[Pre-Health Survey and Listserv Sign-Up](#)



UNIVERSITY OF PORTLAND

PRE-HEALTH PROFESSIONS

ARE YOU A PRE-HEALTH PROFESSIONS
STUDENT? MAKE SURE YOU ARE ON
OUR LIST SERVE.

COMPLETE THE PRE-HEALTH
PROFESSIONS SURVEY AND SIGN-UP
FOR OUR EMAILS



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