



# UNIVERSITY OF PORTLAND SIDE A

FLIP  
OVER FOR  
STUDENT LIFE!





“Why University of Portland?”  
That’s a question I receive often as President.

In response, I say, “Because when you attend UP, you can do it all.”

Here on The Bluff, students have access to the resources of a large institution, while experiencing the kinship of a small university where they are truly known, seen, and valued. Students gain the knowledge

and skills they need for success in their chosen profession, and they also connect in a meaningful way with who they are and who they are meant to become. Our University reflects the best of the Catholic Holy Cross intellectual tradition and warmly welcomes diverse students of all backgrounds.

So often, choosing where you want to go to college is presented as a “this or that” question. At UP, however, you don’t have to choose. Here on our beautiful campus, you can join an extraordinary community of thinkers, learners, artists, engineers, health care leaders, educators, entrepreneurs, and creatives who are poised to have a transformational impact on the world.

I hope this viewbook inspires you to visit us here on The Bluff, experience our beautiful campus, and see yourself as a Portland Pilot.

Go Pilots!

Robert D. Kelly, Ph.D.  
President

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**2,957**  
UNDERGRADUATE STUDENTS

**11:1**  
STUDENT/FACULTY RATIO

**18**  
STUDENTS, AVERAGE CLASS SIZE

**100%**  
OF CLASSES TAUGHT BY FACULTY MEMBERS, NOT GRADUATE STUDENTS

**99.86%**  
OF FIRST-YEAR STUDENTS RECEIVE SOME TYPE OF FINANCIAL AID OR SCHOLARSHIP

**VISIT US**  
and see why UP students call The Bluff their home away from home!  
[UP.EDU/VISIT](http://UP.EDU/VISIT)



# We Aren't Here to Simply Get a Degree. We're Here to Accomplish So Much More.



## 30 YEARS

AS A TOP-10 UNIVERSITY (U.S. NEWS & WORLD REPORT)

At University of Portland we wonder, turning ideas over and examining them from every angle.

We explore, not only what is but what could be.

We strive, testing our beliefs through real-world applications to gain new understanding.

And we work, putting our knowledge and Catholic tradition into action to make a difference in our communities.

Above all, we grow, because when we learn to truly question what we see, that's when we discover not only what's out there, but also what lies within ourselves.

"UP creates so many avenues for you to explore and find friends that will last a lifetime. There is a place for you and everyone else on campus." —Allana G. '27, Political Science & Global Affairs, Social Justice minor, ASUP CAS Senator, Renton, WA

# "The Mind Will Not Be Cultivated at the Expense of the Heart."

*Blessed Basil Moreau, Founder of  
the Congregation of Holy Cross*



We are a comprehensive Catholic university grounded in the liberal arts. Since our founding in 1901 by the Congregation of Holy Cross, we've been guided by a singular mission to educate the whole person—head, heart, and hands. That's why, no matter what major you choose, you will benefit from a core curriculum in the humanities and sciences that fosters critical thinking and problem-solving, a foundation in ethics and moral formation, and the confidence and leadership skills to use what you've learned to make a difference in the world.

At UP, you won't be just another face in a lecture hall. You will be taught by engaged professors who will know your name and offer advice and support—whether it's helping with an assignment or discussing potential career paths. You will be immersed in a hands-on curriculum that brings each subject to life. And with most classes having fewer than 20 students, you will be encouraged to bring your whole self to your education, as you collaborate with peers from all majors and backgrounds to learn from multiple perspectives.

## #2

IN REGIONAL UNIVERSITIES  
WEST (U.S. NEWS & WORLD  
REPORT, 2024-25)

"With the smaller class sizes, the professors can get to know you on a deeper level and help strengthen any weaknesses you may have in the subject. At the end of the day, they treat you as a human being, not just another name on a paper." —Santiago F. '25, Computer Science, Portland, OR



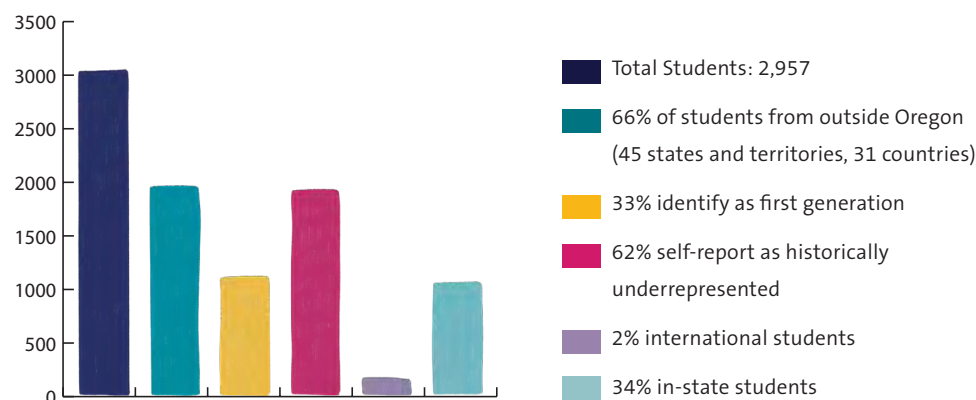
# A Close-Knit Community That's Open to All.

With close to 3,000 undergraduate students, we have room for a wide range of people from all backgrounds, yet we're small enough that it's easy to get to know each other. And our UP community continually strives to create an environment where everyone is welcome. Whether you're from another state or another country, whether you practice a faith tradition or none at all, whether you identify as LGBTQIA+ or BIPOC, first generation or first year—you are a beloved member of our community and we value your unique perspective.

Both on campus and off, you can immerse yourself in an array of perspectives. There are films, lectures, plays, and concerts to attend; initiatives in entrepreneurship, leadership, and innovation to join; and activities to lead through clubs, intramurals, residence halls, student government, and service and immersion programs.

You'll easily make connections that will last beyond your college days. You'll be encouraged to have open and honest conversations. To talk through differences and commonalities. To listen. To question. And to reflect on your own actions and story.

## DEGREE-SEEKING UNDERGRADUATE STUDENTS



"My favorite thing about campus is the people. Everyone is very friendly, down-to-earth, and welcoming. It makes me feel safe knowing that I'm at a campus where I can trust the people." —Emma K. '25, Nursing, Psychology minor, Kailua, HI

# Programs of Study

- MAJOR
- MINOR
- PRE-PROFESSIONAL RESOURCES

## College of Arts & Sciences

- Arts Administration (BS)
- Biochemistry (BS)
- Biology (BA, BS)
- Cell, Molecular & Biomedical Science (BS)
- Chemistry (BS)
- Communication (BA)
- Constitutional Studies
- Criminology (BA)
- Ecology, Evolution & Conservation Biology (BS)
- Economics (BA)
- English (BA)
- Environmental Policy
- Environmental Science (BS)
- Environmental Studies (BA)
- Ethnic Studies
- Exercise Science
- Fine Arts
- French Studies (BA)
- Gender, Women & Sexuality Studies (BA)
- German
- Hellenic Studies
- History (BA)
- Human Biology (BS)
- Latin American Studies
- Mathematics (BA, BS)
- Mathematics, Applied (BS)
- Media (BS)
- Medical Spanish
- Military Studies
- Music (BA)
- Neuroscience Studies
- Organizational Communication (BS)
- Philosophy (BA)
- Physics (BA, BS)
- Political Science & Global Affairs (BA)
- Psychology (BA)
- Social Justice
- Social Work (BA)
- Sociology (BA)
- Spanish (BA)
- Theater (BA)
- Theology & Religious Studies (BA)
- Writing

## School of Nursing & Health Innovations

- Nursing (BSN)
- Public Health & Wellness (BS)

## School of Business

- Accounting / 4 + 1 (BBA & MBA)
- Business Administration (BBA)
- Business Analytics (BBA)
- Economics (BBA)
- Entrepreneurship
- Finance (BBA)
- Global Business
- Management Information Systems (BBA)
- Marketing (BBA)
- Operations & Technology Management (BBA)
- Sports Business
- Supply Chain Analytics (BBA)
- Sustainability

## School of Education

- Education
- Elementary Education / 3 + 1 Pathway (BAEd & MAT)
- Secondary Education / 3 + 1 Pathway (BSSE & MAT)
- Social & Emotional Learning

## Shiley School of Engineering

- Civil Engineering (BSCE)
- Computer Science (BSCS)
- Electrical Engineering (BSEE)
- Environmental Engineering (BSENE)
- Mechanical Engineering (BSME)
- Aerospace Engineering
- Artificial Intelligence
- Biomedical Engineering
- Computer Engineering
- Construction Management
- Cybersecurity

## Pre-Professional Resources

- Pre-Dentistry
- Pre-Law
- Pre-Medicine
- Pre-Occupational Therapy
- Pre-Optometry
- Pre-Pharmacy
- Pre-Physical Therapy
- Pre-Physician Assistant
- Pre-Veterinary Medicine

To find out more, visit [up.edu/academics](https://up.edu/academics)



# A Hands-On Curriculum That Drives Discovery.

We're not here to fit you into a predetermined plan. In fact, we take the opposite approach. At University of Portland, every academic program is rooted in a liberal arts core curriculum that allows you to test out your intellectual interests, change direction, or combine fields of study to create a route that's right for you.

Our core curriculum is designed to enrich all majors with subjects that have stood the test of time and instill six habits of heart and mind that will help you adapt and thrive as your life and career paths evolve. You'll learn to engage constructively with diverse people and ideas; use scientific thinking to solve problems; work toward the common good; think globally and historically; draw on imagination and aesthetic inquiry; and confront ultimate questions with an understanding of religion, faith, and ethics.

All academic programs at UP will prepare you to make new discoveries and lead in your field. And you won't go at it alone. You'll have the expertise of caring professors and academic advisors to provide guidance and support at every step, whether you're aiming to attend graduate school, earn a fellowship, or embark on your career when you graduate.

Students can be accepted directly into their school or major when admitted to UP.

## ONE OF THE BEST COLLEGES IN AMERICA

(MONEY MAGAZINE, 2025)



### CORE CURRICULUM

"I was nervous to take chemistry courses in college because I had heard they were very difficult and I thought I wouldn't enjoy them. However, in my very first chemistry class at UP, Professor Cantrell helped me fall in love with the subject by thoroughly explaining difficult concepts and offering lots of help. Now, I am minoring in chemistry because I enjoy it so much!" —Summers F. '27, Biology (pre-med), Chemistry minor, Louisville, CO



Learn more about the interdisciplinary benefits of UP's Core program.  
[up.edu/core](https://up.edu/core)



Professor Christine Weillhoefer and biology major Dominic Nguyen '26 examine a water sample from the Willamette River outside the environmental science lab on UP's Franz River Campus. Part of the Summer Undergraduate Research Experience (SURE) program, it's just one of many paid research projects students can work on with faculty.



# Five Schools, One Mission.

UP is anchored by the College of Arts and Sciences, with four professional schools offering targeted pathways toward careers in business, engineering, health care, and education. Although distinctly different, each is guided by our Catholic Holy Cross mission to be a university that “addresses significant questions of human concern ... honors faith and reason as ways of knowing, promotes ethical reflection, and prepares people who respond to the needs of the world and its human family.”



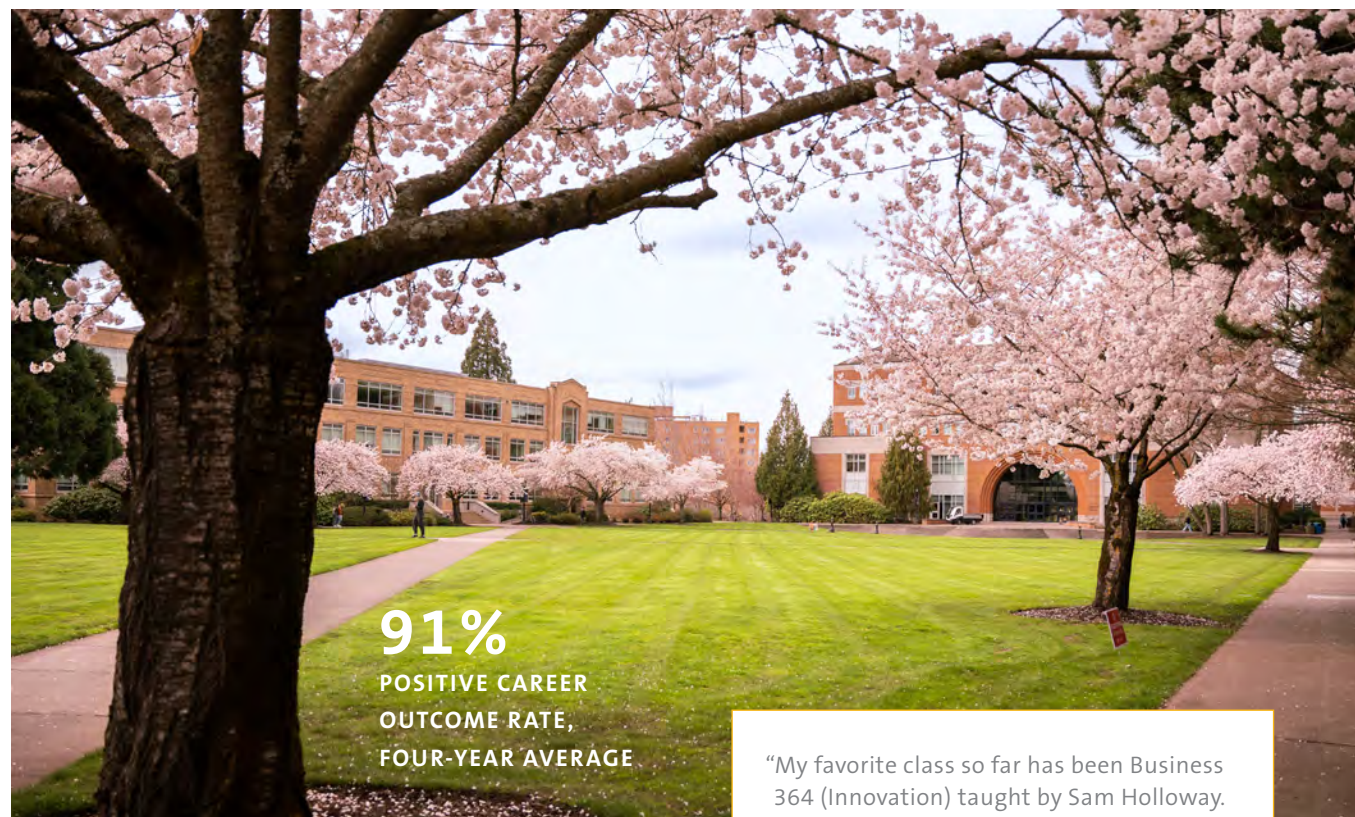
## College of Arts and Sciences

The oldest and largest school at University of Portland, the College offers degrees in the humanities, natural sciences, performing arts, social sciences, and interdisciplinary fields. A liberal arts and sciences degree provides a versatile pathway to a multitude of careers, and UP's the College graduates go on to become doctors, lawyers, scientists, entrepreneurs, and professors, among many other professions. Students learn to analyze complex problems, implement solutions, communicate persuasively, and act ethically—skills integral to success in any career—and receive personalized advice to help chart their path. Outside the classroom, the College offers field work, research with faculty, fellowships, and paid internships to bring knowledge into focus in the real world.

“I loved my Behavioral Neuroscience class taught by Dr. Mark Pitzer. He is an awesome professor, and the class led to my student worker job at OHSU because I realized how much I was interested in research and behavioral neuroscience.” —**Abby M. '24, Psychology, Entrepreneurship minor, Sammamish, WA**



Aiming for law or medical school? Find out how UP's pre-professional advising programs help students get into top graduate schools.  
[college.up.edu/preprofessional-index](https://college.up.edu/preprofessional-index)



**91%**  
POSITIVE CAREER  
OUTCOME RATE,  
FOUR-YEAR AVERAGE

## School of Business

At the School of Business, accredited by the Association of Advanced Collegiate Schools of Business (AACSB), students not only learn the fundamentals of business, they learn how to be leaders. Classes are dynamic and rooted in real-world experiences, threaded through with applied business ethics, and steeped in opportunities to work with our partners in the local business community, such as Adidas, Nike, Intel, the Portland Trail Blazers, and more. In fact, 100% of business students complete an internship before graduation. Students develop an entrepreneurial mindset, as well as the communication, problem-solving, teamwork, and leadership skills needed to

“My favorite class so far has been Business 364 (Innovation) taught by Sam Holloway. He does a great job making the class interactive and valuable. He also has an abundance of experience and willingness to help.” —**Gavin L. '25, Business, Copperopolis, CA**

manage organizations. The School of Business offers undergraduate majors in accounting, business administration, business analytics, economics, finance, management information systems, marketing, operations & technology management, and supply chain analytics. Among our 2021, 2022, 2023, and 2024 graduates, 91% achieved a positive career outcome.



Learn how the P4 program prepares students for professional careers starting in their first semester.  
[business.up.edu/undergraduate/P4](https://business.up.edu/undergraduate/P4)



# School of Education

The SOE believes that education is a matter of justice and that gaps in achievement and social opportunity can be addressed by skilled educators who are prepared to educate all learners. The nationally accredited program emphasizes deep field experience starting in students' first semester through

partnerships with more than 100 schools and 18 school systems. In addition to bachelor of arts and bachelor of science degrees, the school offers a 3+1 master of teaching degree, one of the first of its kind in the Pacific Northwest, allowing students to graduate with a bachelor's and master's degree in four years. Graduates become part of a strong alumni network that promotes professional development, mentoring, and lifelong connections between recent graduates and master teachers and leaders.



Explore the School of Education's traditional and accelerated pathways to becoming a teacher. [education.up.edu](http://education.up.edu)

**100%** OF GRADUATES

earn their teaching licenses and are deemed highly qualified under specification of the federal act No Child Left Behind.

# Donald P. Shiley School of Engineering

"Engineering for impact" is Shiley's motto, which is why its ABET-accredited programs focus on teaching students to recognize, care about, and solve the technical problems that affect society. Coursework and hands-on projects integrate theory, analysis, and design while emphasizing teamwork, experimentation, and innovation. Students gain real-world experience through electric vehicle design competition teams, research with faculty, internships with community partners like Daimler Truck North America, and the Global Engineering Initiative (GEI), which partners students with disadvantaged communities around the world to improve their quality of life through engineering projects. Shiley offers undergraduate degrees in civil, electrical, environmental, and mechanical engineering, and computer science.

**87%**

POSITIVE CAREER  
OUTCOME RATE,  
4-YEAR AVERAGE



"We support our students and make sure they're not just good engineers, they're also good community members. Our mission is to educate the whole person and I really believe in that, because it's what I experienced directly as a student, and it's what I get to participate in with my students." — Sean Gestson '16, Assistant Professor of Civil Engineering



Find out more about the many Shiley programs offering hands-on learning experiences outside the classroom. [engineering.up.edu/opportunities](http://engineering.up.edu/opportunities)



# School of Nursing & Health Innovations

The largest nursing school in Oregon, SONHI offers a dynamic curriculum that adapts to the needs of a rapidly changing health care landscape, giving students the skills, knowledge, and mindset to be compassionate leaders in their field. The Elsie Franz-Finley Simulated Health Center is the first and only fully accredited, state-of-the-art simulated health center in the state and prepares nursing students for work in acute care units and ambulatory care centers. In addition to the BSN degree, SONHI offers a bachelor's in Public Health and Wellness, providing a holistic foundation in preventive health care. PHW students go on to careers in public health policy, preventative health education, physical therapy, and much more.



"A degree in Public Health and Wellness is truly like no other. Every single day, without fail, I walk away from my classes having learned something life changing. Never before have I learned such relevant information that I am constantly excited to share with those in my life and that inspires me to integrate my education into my personal life." —Reid C. '25, Public Health and Wellness, Tacoma, WA



## 98.25%

TOTAL PASS RATE ON  
THE NCLEX IN 2024  
(national RN licensure exam)



Find out more about  
SONHI's innovative  
approach to nursing  
education.  
[nursing.up.edu](https://nursing.up.edu)







## Sometimes the Most Valuable Lessons Are Found Outside the Classroom.

Lessons learned from a textbook can take a very different shape when applied to real life. At UP, you'll have immersive experiences that let you dig into real-world work—whether that's in ecosystems, health care systems, a tech startup, or local government.

From co-authoring published research with faculty to conducting the UP symphony, we offer the same kinds of resources and opportunities you'll find at large public universities, but our smaller size means you're far more likely to have the chance to take advantage of them even as an undergraduate.



UP IS ONE OF ONLY 25 U.S. COLLEGES with Carnegie Leadership for Public Purpose Classification, recognizing our commitment to advancing leadership in pursuit of justice, equity, diversity, and liberty.

### RESEARCH, INTERNSHIPS, AND FELLOWSHIPS

As early as your first year, you can connect with professors on paid or credit-earning research and internship projects where you'll gain crucial field experience, including through the Summer Undergraduate Research Experience (SURE) and our Public Research Fellows program. The Office of Undergraduate Scholarly Engagement assists students in creating independent research projects and applying for competitive national fellowships. And there's a wealth of internship opportunities just minutes from campus. Pilots frequently intern at organizations like Nike, Wieden+Kennedy, Intel, Columbia Sportswear, Daimler Trucks North America, Providence Health & Services, Portland Trail Blazers, Oregon State Legislature, and many more.

"I worked as a research assistant on an environmental engineering project with Dr. Poor and Dr. Wolfand the summer of my sophomore year. They gave me a sense of ownership on the project, and I was even able to contribute to a published journal article. Being able to do that as an undergraduate student is pretty unique to smaller universities such as UP." —**Maya S. '24, Civil Engineering, San Jose, CA**



### ENTREPRENEUR SCHOLARS

Our Franz Center for Leadership, Entrepreneurship, and Innovation is home to Entrepreneur Scholars, one of the nation's top entrepreneurship programs. Students of all disciplines who are interested in learning how to create a new business, enterprise, or product are encouraged to apply. The nine-credit program blends classroom instruction with domestic and international trips to work with world-class entrepreneurs. **Several of UP's E-Scholars have made the Forbes 30 Under 30 list.** Students can earn a minor in Entrepreneurship by adding two additional courses.

"The E-Scholars program was an amazing experience that gave me a unique perspective on starting my own business. The international trip broadened my views, and mentors with entrepreneurship experience gave me feedback, advice, and guidance to improve and progress in my venture. The program felt like a family that will always be there for me when I need help on future endeavors." —**Robert Y. '24, Accounting, Entrepreneurship minor, San Ramon, CA**







Nicole Rooney, '24, London, U.K.

## SOCIAL JUSTICE IMMERSIONS

Students who participate in immersion experiences through our Moreau Center for Service and Justice get a real-world view of socio-economic issues both close to home and far afield, while connecting the experiences to what they're learning in their courses. Immersions take place during school breaks and might take you to rural Washington or the US/Mexico border.



## STUDY ABROAD PROGRAMS

We want everyone to be able to experience new cultures and horizons, so our study abroad programs are intentionally designed to give all majors the opportunity to complete required coursework in cities across the globe. Semester program locations include Austria, Australia, England, France, Ireland, Italy, Japan, South Korea, Spain, and more (UP financial aid applies). There are also summer programs and other short-term, UP faculty-led programs. Locations vary but may include Austria, Ireland, Japan, Mexico & other sites through IES.



**RESEARCH SHOWS THAT STUDENTS WHO STUDY ABROAD DEVELOP VALUABLE PROFESSIONAL SKILLS, INCLUDING ADAPTABILITY, SELF-AWARENESS, AND CONFIDENCE.**

“Studying abroad in Rome changed my life. It helped me learn how to be independent and fearless! I went not knowing a soul, but I met some of my best friends and made life-long memories. If you’re scared to study abroad like I was, take it from me—do it! It is an experience that will live in my heart forever.”

—Rand A. '25, Psychology; Gender, Women & Sexuality Studies minor, Vancouver, WA



Check out a complete list of study abroad programs and details.  
[up.edu/studyabroad/programs](https://up.edu/studyabroad/programs)



# Your Journey Is Unique, but You Won't Have to Travel It Alone.

## SHEPARD ACADEMIC RESOURCE CENTER, FGEN, AND INTERNATIONAL STUDENT SERVICES

If you need help navigating college life, the Shepard Academic Resource Center offers academic counseling, peer tutoring, workshops, and support for all students, with special programs for first-year and first-generation students.

Our FGEN program sponsors workshops and social events and offers leadership opportunities for first-generation college students.

The Office of International Student Services supports international students with immigration issues and academic and cultural adjustment and offers opportunities for involvement in the University community.

## CLARK LIBRARY

Faculty librarians trained in each discipline help students of all majors understand and develop rigorous, college-level research skills. Our database resources are in all formats, supporting research into a broad range of content that even includes streaming video, data, music, and original historical documents. In fact, faculty and students from every discipline, even chemistry, have used our medieval manuscript collection for their research. And we offer quick access to specialized research resources from nearby academic libraries.

## 600+ STUDENTS

used peer tutoring services for more than 150 courses in the 2024-25 academic year. UP students overwhelmingly report that working with a peer tutor helped them better understand course content and assignments.

## CAREER EDUCATION CENTER

Career development is a lifelong journey, and our Career Education Center will be with you every step of the way, beginning with your first year on The Bluff and continuing long after you've graduated. The staff offers tools and guidance to help you explore your interests, gain experience, and effectively communicate about your competencies.

## HEALTH AND COUNSELING CENTER

The caring staff at the HCC helps students address their physical and mental health needs, providing confidential medical and mental health services to all full-time and part-time students. Counseling services are free to students regardless of insurance status.

## CAMPUS MINISTRY

All students are welcome to request confidential, one-on-one pastoral support from our Campus Ministry team at any time. Campus Ministry also offers daily Mass, weekly Mass in the residence halls, retreats, bible studies, Eucharistic Adoration, and Reconciliation.

"I was having mental health challenges at the beginning of my first year and went to the HCC to talk to one of the counselors. She was so helpful and made sure to follow up with me and helped me find more long-term therapy." —Emma F. '26, Psychology, Education minor, Portland, OR



# You Might Not Know Exactly What You Want to Do, but the Possibilities Are Endless.

When you graduate from UP, you'll have covered a vast amount of intellectual terrain, both in your studies and out in the field, and these experiences will have transformed you in exciting ways. We don't know exactly where you'll land. But we do know what you'll take with you: The ability to explore issues from multiple angles. The empathy to see things from another perspective. The courage to ask tough questions and grapple with complex ideas.

UP graduates are not defined by their major, but by their desire to make a difference in the world and in the work they do. They are leaders who actively seek ways to implement positive change. And there are countless ways to connect with other Pilots in our strong alumni network, whether it's through our alumni chapters, networking events, or robust LinkedIn directory.

## HIGHEST FOUR-YEAR GRADUATION RATE

ON AVERAGE OF ANY OTHER UNIVERSITY IN OREGON





## Where They Go From Here.

### CAREER ACCOMPLISHMENTS

Author of best-selling novels  
Neurologist conducting research  
Actor in a popular sitcom  
Inventor of a prosthetic heart valve  
Coach of an NBA team  
Diplomat to the Far East  
Chief nursing officer  
News anchor and award-winning journalist  
Olympic gold-medalist and NWSL soccer player

### GRADUATE SCHOOLS ATTENDED

Columbia University  
Duke University School of Medicine  
Georgetown University  
Harvard Medical School  
Oregon Health & Science University  
UCLA School of Law  
University of Chicago  
University of Michigan  
University of Notre Dame  
University of Washington School of Medicine  
York University

"I'm grateful for how the School of Business incorporated professional development into the curriculum with the help of the staff and tools at the Career Education Center. And on a personal level, the CEC has been a much-needed resource as I bridge the gap between lecture lessons and the real-world." — **Taj O. '25, Economics BBA, Entrepreneurship Scholar, Portland, OR**

**85%** OF 2024 UP GRADUATES

report a positive career outcome rate as defined by National Association of Colleges and Employers (99% knowledge rate)



Learn more about how UP supports your career and education goals at [up.edu/career](https://up.edu/career)





# Places and Spaces to Put Knowledge into Action.

One of UP's most distinguished alums, Donald P. Shiley '51, designed an artificial heart valve that revolutionized the field of cardiology and saved countless lives. Donald always said that his success relied on two things—experimentation and collaboration—building blocks still foundational to a UP education today.

That's why we design our buildings to bring people together and equip them with the

resources to inspire innovation. Our 56,000-square-foot Clark Library is infused with natural light and artwork, and outfitted with computer workstations, open study areas with a mix of seating options, and reservable group study rooms and individual carrels. Our 65,000-square-foot Dundon-Berchtold Hall, opened in 2019 thanks to the generosity of alum Jim Berchtold '63 and his late wife, Amy, is home to a range of state-of-the-art classrooms, offices, study lounges, and an auditorium.

In 2024, we opened our newest building, the Shiley-Marcos Center for Design and Innovation (pictured), which honors Donald's legacy of fearless experimentation and cross-discipline collaboration. The four-story, 45,400-square-foot, LEED-certified building brings our engineering workshops, innovation labs, makerspaces, and digital design studios under one roof, allowing different perspectives and experiences from the entire UP community and beyond to come together and test the limits of possibility.



Take a closer look at the Shiley-Marcos Center for Design and Innovation.  
[engineering.up.edu/shiley-marcos-center](https://engineering.up.edu/shiley-marcos-center)





# Your Never-Ending Curiosity Can Lead You to Unimagined Places.



**LYDIA HEYE '19 | HOMETOWN: TIGARD, OR**  
**MAJOR: POLITICAL SCIENCE**  
**ASSOCIATE ATTORNEY, EARTHJUSTICE**

"I took a social justice class that opened my mind to how environmentalism can address the disproportionate impact that environmental harms have on communities of color. I immediately fell in love with the field, and the incredible faculty at UP advised me to switch my major to political science and consider law school. I've now graduated from UCLA School of Law and am working as an attorney focused on environmental issues."



**KAI TAKEUCHI '18 | HOMETOWN: HONOLULU, HI**  
**MAJORS: MARKETING AND OPERATIONS &**  
**TECHNOLOGY MANAGEMENT**  
**RETAIL BRAND MARKETING SPECIALIST, NIKE**

"I was an undeclared business major during my first year at UP, but the business core curriculum gave me great exposure to all the business majors, which helped me figure out what I ultimately wanted to do. Sports Marketing was my favorite class because it gave me exposure to industry professionals and taught me a lot about sports brands. I was able to network with people at Nike, which helped me secure a job offer after graduation."

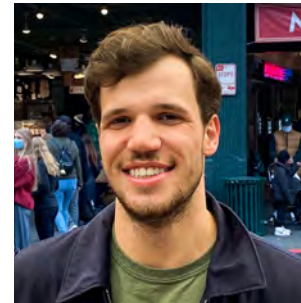


**MOLLY STEINER '18 | HOMETOWN: PROSPECT, KY**  
**MAJORS: ELEMENTARY EDUCATION AND SPANISH**  
**TITLE I DUAL LANGUAGE EDUCATOR, HILLSBORO**  
**SCHOOL DISTRICT**

"Working as a coordinator for the Moreau Center for Service and Justice was a formative experience. I learned how to navigate institutions and gained a critical equity lens, and I've carried that forward in my work as a teacher, both in Mexico, where I completed my Fulbright grant at a technical high school, and now as a Title 1 educator for the Hillsboro School District. I'm continually drawing on the skills I gained during my four years at UP."



Take a deeper dive into more Pilot stories. [up.edu/admissions/outcomes](https://up.edu/admissions/outcomes)



**GRAHAM FOSTER '21 | HOMETOWN: CLANCY, MT**  
**MAJOR: MECHANICAL ENGINEERING**  
**MANUFACTURING ENGINEER, BOEING**

"The experiences in sustainability I had through different clubs, classes, and opportunities left a lasting impact on my way of thinking. One stand-out experience was the Grand Challenge Scholars Program, where I was able to explore the impact of renewable energy through a multidisciplinary lens. And my participation in UP's Multiple Engineering Co-op Program (MECOP) gave me a ton of relevant experience, including an internship at Boeing that turned into a full-time job offer when I graduated."



**SAMANTHA RIVAS '20 | HOMETOWN: PASADENA, CA**  
**MAJOR: MATHEMATICS**  
**MINORS: BIOLOGY, CHEMISTRY, AND SPANISH**  
**CURRENT RESIDENT IN ANESTHESIOLOGY AT**  
**JOHNS HOPKINS**

"I wanted to go to medical school and knew that mentorship during my undergrad years would be very important. That's why I chose UP. My professors doubled as mentors, giving me great advice on creating a four-year plan for classes and extracurriculars like internships and research, and helped me build my medical school application. Even now as a med student at UCSF, my faculty mentors frequently reach out to see how I am doing."



**VICTOR RODRIGUEZ VALDOVINOS '20**  
**HOMETOWN: BEAVERTON, OR**  
**MAJOR: NURSING**  
**CLINICAL TEACHING ASSOCIATE,**  
**UNIVERSITY OF PORTLAND**

"My clinical immersion in an eye surgery center and mission trip to Antigua, Guatemala, to care for patients in the post-op ward gave me great training in pre- and post-operative patient care. After graduating, I continued this work as a circulator nurse in the operating room at Providence Portland Medical Center before returning to UP as a teaching associate. My professors were instrumental in my success as a nursing student, and I hope to inspire others to see their potential too."



# Scholarships & Aid

We're committed to making the cost of UP's premier, private college education cost-effective for everyone. **That's why more than 99% of full-time, first-year students receive some type of financial aid.** All accepted students are automatically considered for institutional merit scholarships, and there are scholarships for unique talents too. **Additionally, 100% of students are eligible to work on campus.** Don't forget: On average over the past 10 years, we have the highest four-year graduation rate in the state, which means you'll have the support you need to graduate on time, reducing your debt and getting you into the workforce faster.



## General Timeline for Fall First-Year Entry

**AUGUST 1**  
Admissions applications available. UP accepts the Common Application and the UP-specific application without any application fees!

**OCTOBER 1**  
Free Application for Federal Student Aid (FAFSA) planned release date. Check fafsa.gov for details and updates.

**DECEMBER 1**  
Early Action (EA) application deadline and recommended deadline for nursing majors. Apply EA and receive an early admissions decision!

**FEBRUARY 15**  
Regular Decision application deadline for non-nursing majors and final application deadline for nursing majors. We also offer a June 1 Late Decision application deadline on a space-available basis. UP's FAFSA priority receipt deadline.

**MAY 1**  
UP Decision Day! Submit your deposit by May 1 to guarantee your place in the class.

### FIRST-YEAR MERIT SCHOLARSHIPS

(Annual amount and renewable for 4 years)

**ARCHBISHOP CHRISTIE | \$35,000**  
Advanced college prep curriculum and top 2% GPA at Catholic high schools

**PRESIDENT'S | \$28,000 – \$30,000**  
Advanced college prep curriculum and top GPA

**HOLY CROSS/ARTHUR SCHULTE/ HOWARD VOLLUM | \$24,000 – \$26,000**  
Strong college prep curriculum and strong GPA

### ADDITIONAL UP SCHOLARSHIPS

(Annual amount and renewable for 4 years)

**CATHOLIC HIGH SCHOOL SUCCESS AWARD | \$3,000**

**PILOTS FIRST FOR FIRST-GENERATION STUDENTS | \$2,000**

**PILOTS VENTURE FOR OUT-OF-STATE STUDENTS | \$4,000**

**MUSIC & THEATER TALENT AWARDS | VARYING AMOUNTS**  
By audition for majors & minors

**BUSINESS & ENGINEERING EXCELLENCE AWARDS | \$2,000**  
for Schools of Business & Engineering majors

**ROTC SCHOLARSHIPS**  
UP is home to Army and Air Force ROTC detachments, each of which offer scholarships that can be combined with financial aid packages and institutional and outside scholarships.

### COST OF ATTENDANCE\*

Undergraduate (full-time, on-campus)

Tuition .....	\$58,800
Average Fees .....	\$2,872
Average On-Campus Housing .....	\$11,532
Food** .....	\$5,900
Misc. Personal Expenses .....	\$1,374
Transportation .....	\$442
Books/Course Materials/Supplies/Equipment .....	\$990
	(estimated, varies)

**Total..... \$81,910**

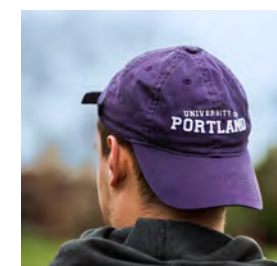
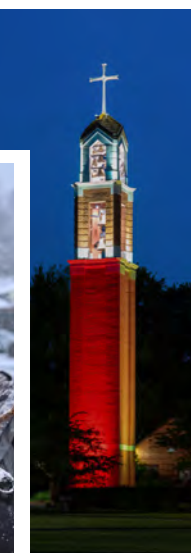
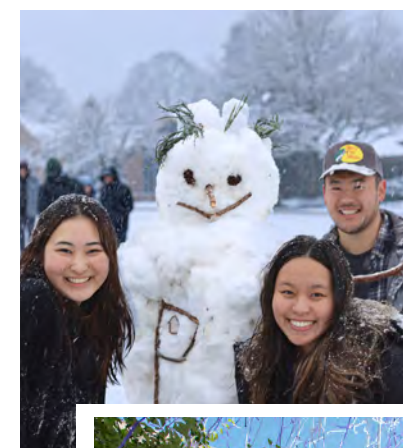
\* Tuition, housing, and food rates for 2026-27 are determined in Spring 2026.

\*\* Based on Meal Plan 2, the most common package.

**FOR 2024-25, THE AVERAGE AMOUNT OF AID AWARDED TO FULL-TIME, FIRST-YEAR STUDENTS FROM ALL SOURCES WAS \$47,115**  
(not including loans).  
**NET PRICE: \$34,795**



Uncover all of your financial aid options. [up.edu/finaid](https://up.edu/finaid)



**Flip to the Back Cover!**





## Your Next **BIG** Adventure is Just Around the Corner!

Welcome to Portland, the City of Roses. Mere minutes from campus—by bike, bus, or foot—you'll find music venues big and small. Food carts for every taste. A bookstore spanning an entire city block. Professional basketball and soccer teams. Green spaces and hiking trails galore. And miles and miles of bike paths.

Portland offers a convivial, small-town vibe with big-city benefits like a thriving arts and culture scene, internships and jobs in a wide range of industries, and easy airport and public transit access. And year after year, it's consistently named one of the top food cities in America. There's truly no other place like Portland.



## Find Yourself Outdoors.

Portland is the perfect basecamp for exploring the Pacific Northwest. To our east is the Columbia River Gorge, known for its famous hiking trails and waterfalls. A 90-minute drive will take you either to the Pacific Ocean, where uncrowded beaches stretch for miles, or to Mount Hood, a year-round destination for skiers, snowboarders, and hikers. The high desert landscape of Central and Eastern Oregon is ideal for rock climbing and rafting. And just 45 minutes southwest of UP, you can cruise the Willamette Valley's country lanes to grab slices of fresh-baked pie and berry milkshakes from one of the many farm stands along the way.

"One of the best things about living in Portland is the variety of experiences you can have, from getting burgers and shopping for books downtown to hiking through breathtaking nature. And it's all so close to campus! We also get to experience all four seasons, so the same hike in September looks completely different in December." —Joey K. '25, Communication, San Jose, CA

## #4

BEST FOODIE CITY IN AMERICA!  
(WALLETHUB, 2025)

THE WILLAMETTE VALLEY IS ONE OF  
THE **TOP 50** DESTINATIONS IN THE  
WORLD (FORBES, 2024)



# Everywhere You Look, a Breathtaking View.



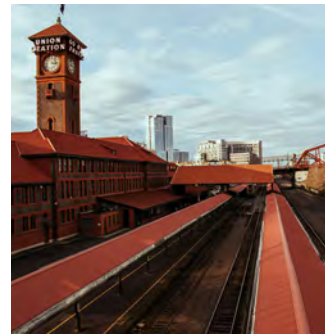
Our campus is nestled in a quiet, safe, residential neighborhood overlooking the Willamette River. Close to campus in the St. Johns neighborhood, you can watch a movie, sip coffee, or grab lunch at the farmers market, then head to Cathedral Park for some of the best views in the city.

Come take a look and see for yourself why our students love being a part of The Bluff.



Plan your visit at [up.edu/visit](https://up.edu/visit)

"I love to walk and run in Portland! As a runner I feel safe running around campus in the mornings, and there are some awesome views while doing so!" —Lexi F. '26, Nursing, Orange, CA







## Bring Your Appetite.

We have two popular dining halls: the large, light-filled Bauccio Commons and the pub-like Pilot House with its coffee bar and grab-and-go market inside. Each offers a from-scratch food program run by Bon Appétit Management Company, a national leader in sustainable food sourcing founded by UP alum Fedele Bauccio '64. The seasonal menus change daily and are peppered with ingredients from local producers like Grand Central Bakery, Bob's Red Mill, Bui Tofu, and Mama Lil's peppers.

**Bon Appétit's wellness commitment includes using locally and sustainably produced items, pursuing a plant-forward future for better health for people and the environment, and meeting individual dietary needs and goals for wellness.**

"I love getting breakfast at the Pilot House. The morning crew is so sweet and makes a special breakfast sandwich just for me. My best friends and I schedule our classes so we can have breakfast together at least twice a week, which is something I hold dear to my heart." —**Brie W. '26, Nursing, Education minor, Forest Grove, OR**

## Live at the Heart of it **All.**

When you live in one of our 10 residence halls, you'll find yourself close to everything—classrooms, the library, and places to eat, study, and work out. We have mixed gender, male facing, and female facing halls and are committed to an inclusive living environment. Each hall has its own culture and traditions like Hall Olympics and game nights, dances and trivia competitions, and auctions that raise funds for charities. Each hall also has common spaces, kitchens, a pastoral resident, and caring staff to help you make it your home away from home. In support of our residential experience and emphasis on community, full-time undergraduate students live on campus during their first and second years at UP.

"I met some of my best friends in the dorm. My wing of Lund Family Hall was known for competitive ping-pong matches that often lasted until 2 a.m. I also got a job as a community assistant in my dorm and enjoyed planning and running fun events." —**Will M. '26, Biology, Chemistry minor, Spokane, WA**



Take a closer look inside our residence halls.  
[up.edu/residencelife/residence-halls](https://up.edu/residencelife/residence-halls)





# Be Part of the Action, On or Off the Field.

We have 16 NCAA Division I intercollegiate teams competing in the West Coast Conference, including men's and women's soccer, basketball, tennis, cross country, and indoor and outdoor track and field; men's baseball; and women's beach volleyball, indoor volleyball, and rowing.

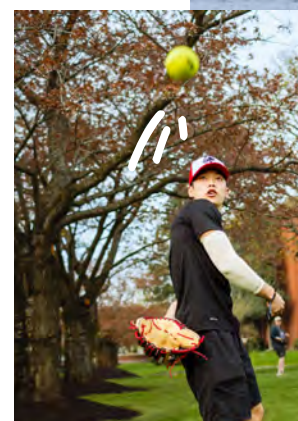
Players of all skill levels can start up or join one of the many intramural teams. And the Sports Club program is a great arena if you're looking to compete against other schools.

"I always look forward to playing intramural sports at the end of the day, whether it's basketball, volleyball, or flag football. It's a fun way to relieve stress, make new friends, and still be competitive." —**Josh A. '26, Electrical Engineering, Ewa Beach, HI**



Our new boathouse is one of the only on-campus college boathouses on the West Coast and the latest addition to our 35-acre Franz River Campus expansion, home to soccer practice fields and lighted intramural fields, and soon a new track and field facility.

University of Portland is famed for its men's and women's soccer teams. Many alums have competed at the professional level, on national teams, in the World Cup, and in the Olympics, including Megan Rapinoe '08, who also earned the Presidential Medal of Freedom in 2022 for her work advocating for gender pay equality, racial justice, and LGBTQIA+ rights.



## IN THE 2024-25

season, Women's Basketball won a program-record 31 games, qualifying for the WCC Tournament championship for the third year in a row; baseball qualified for the fourth year in a row, and Men's Cross Country won the WCC title, their 35th in program history.



Our athletes are scholars first.  
In the 2024-25 academic year,

**53.5%** MADE THE DEAN'S LIST.

**86.5%** POSTED A GPA OF 3.0

or higher, and Men's Cross-Country and Track athlete Tommy Paltzer was named valedictorian.





# See How Far You Can Go.

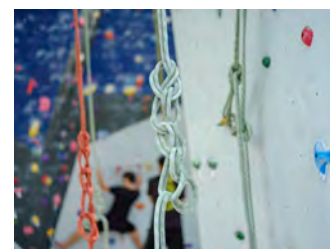
Develop new skills, test your limits, and explore Oregon on a trip offered by our Outdoor Pursuits program. Mountain bike in the Columbia River Gorge, rock climb at Central Oregon's Smith Rock, snowshoe on Mount Hood, learn to surf at the coast, or just stretch your legs on a hike with other Pilots in nearby Forest Park, then stop for coffee and donuts after.



Learn more about the fitness, sports, and wellness opportunities available through Recreational Services. [up.edu/recservices](http://up.edu/recservices)



Outdoor Pursuits offers a host of excursions every semester and also rents out all the gear you need for a small fee—bikes, kayaks, SUPs, camping equipment, and more—so you can explore on your own or with friends.



## BEAUCHAMP RECREATION CENTER AT A GLANCE

- 72,000 square feet
- Cardio loft with floor-to-ceiling windows, Versatile Dynamic Functional Training rack, and over 50 cardio machines, most with built-in TVs
- Suspended indoor running track with 1/8 mile loop and 1/12 mile loop
- Bouldering wall and climbing tower intended for all skill levels, with shoes available at no charge and routes changed up frequently
- 3 fitness studios offering fitness and dance classes, from ballet and yoga to spin and HIIT
- Weight room with Ivanko dumbbells and plates, UCS and Dynamic racks, and a cable area with Life Fitness machines
- Functional training areas equipped with medicine balls, kettlebells, TRX bands, plyo boxes, and more
- 3 indoor courts that can be set up for basketball, volleyball, or indoor soccer, badminton, and pickleball
- Two locker rooms with day use and rental lockers, restrooms, and showers and an all-users restroom with private shower
- Bike Shop with short-term rentals of urban and mountain bikes, complete with helmets and locks



# We Strive Not Only to Be the Best, but Also Our Best Selves.

Our student-run clubs and organizations cover a range of interests, from mock trial to robotics, climbing to lacrosse, esports to the environment, and philosophy to culture, including the Hawai'i and CHamoru clubs, and our Black and Latinx student unions. Don't see a club for your particular interest? We make it easy to start your own.



"The Latinx Student Union (LSU) has been one of the most valuable contributions to my sense of community at UP! My favorite event is the Unity Ball, with amazing performances, great food, and a space for us from various Latin communities to celebrate our beautiful culture!"

—Alyssa G. '26, Secondary Education and English, La Puente, CA



MORE THAN **100** ACTIVE STUDENT-RUN CLUBS AND ORGANIZATIONS



Discover all the ways you can get involved at [up.edu/studentlife](http://up.edu/studentlife)





# A Place Where All Are Welcomed and Valued.

We are a Catholic university where faith and inclusivity are interwoven throughout our community. UP is guided by the Congregation of Holy Cross, a community of priests and brothers who see education as a formation of both the heart and the mind. You'll find members of Holy Cross in our classrooms, in our residence halls, and in our offices. We offer many ways to help you on your spiritual journey. You can choose to attend Mass in the Chapel of Christ the Teacher or in your residence hall, enjoy quiet contemplation on a retreat, or join one of the many bible study, faith-sharing, or interfaith groups on campus.

Inside and outside the classroom, we encourage you to ask questions, explore personal convictions, and consider moral and ethical implications. The Garaventa Center brings thought-provoking artists, speakers, and films to campus to discuss faith and ethics from a diverse array of perspectives. And our Dundon-Berchtold Institute hosts an annual ethics week and offers competitive paid internships to research ethical issues with a professor or out in the business community. These are all opportunities for you to discover how faith influences each of us differently.



"I enjoy attending Sunday Mass in Chapel of Christ the Teacher and Hall Mass on Monday nights in my residence hall with my friends. It is a great way to start my week feeling grounded!" — **Aidan S. '26, Secondary Education & Political Science, Concentration in Social Emotional Learning, Student Body President & FASA UP Co-President, San Jose, CA**

## #18

BEST CATHOLIC COLLEGES  
IN AMERICA (NICHE.COM)



Find out how you can explore faith through Campus Ministry's retreats and programs.  
[up.edu/campusministry](https://up.edu/campusministry)



Each spring, the Latinx Student Union hosts the Unity Ball to highlight the various cultures within Latin America through food and performances. This showcase event is one of the many activities our affinity clubs offer that bring the campus together to celebrate the cultures and identities of our student body.



UP students are distinguished by their dedication to helping others. You'll have countless opportunities to participate in—and even lead—an array of service projects, whether on your own, with a club, your residence hall, or as part of a campus-wide team.



## Find Common Ground Through Serving the Common Good.



"I've had numerous opportunities to immerse in service with local organizations and gain a deeper sense of empathy and connection through the support of the Moreau Center. These experiences have shaped my perspective on social responsibility and reinforced the importance of service in building a more just, inclusive, and compassionate community here at UP and beyond."  
—Alanna N. '26, Biology, Chemistry minor, Sherwood, OR



You'll shift your idea of service from counting hours to measuring the impact of what you are doing. And you'll have many ways to get involved—whether it's for a one-time project, a service immersion at home or abroad, or a paid summer internship close to campus or in your hometown. Part of our Catholic tradition of service, our Moreau Center for Service and Justice partners with a host of organizations and nonprofits that share our commitment to social justice, both within and beyond the greater Portland community, and supports students with a wealth of opportunities to expand their skills and understanding.

Learn more about the opportunities available through the Moreau Center for Service and Justice. [up.edu/moreaucenter](https://up.edu/moreaucenter)







UNIVERSITY OF PORTLAND

  
150 ACRES  
OF CAMPUS

  
10  
RESIDENCE  
HALLS

11 MILES TO  
  
PDX AIRPORT!  
65+ cities + 8+ countries  
with direct flights

45  
  
10 MINUTE  
DRIVE TO  
downtown  
Portland

be there in 5!  
i'll get us some coffee ☺

2,200  
STUDENTS  
LIVE ON-  
CAMPUS

meet at the  
library?

100+  
student-run  
clubs!

 SIXTEEN  
DIVISION I  
TEAMS

  
0.9 MILES  
to THE NEAREST  
GROCERY STORE  
(NEW SEASONS)

1.6  
MILES TO THE  
NEAREST MOVIE  
THEATER  
MCMENAMINS  
(+ THEY HAVE TATER TOTS)

DOZENS  
OF INTRAMURAL  
TEAMS

  
sixty miles  
to  
MT. HOOD + A 10-MONTH  
SKI SEASON

AVG.  
HIGH  
TEMP.  
49°  
IN WINTER

  
2 miles  
to THE  
BEST  
PHOTO-OP in PORTLAND  
CATHEDRAL PARK

85 MILES  
TO SEA STARS +  
CRASHING WAVES  
AT CANNON BEACH

AVG.  
PRECIPITATION  
43"  
4" LESS THAN NYC!

BY the  
NUMBERS





Visit us!  
And see how much fun  
you can have at UP!

# For the Student Life Section!

Viewbook side B



Flip Me!

