



# DISCOVER THE POSSIBILITIES

a guide for families

# We help students find their unique path.

Because we believe college is a time of discovery.

At University of Portland, we offer a large and varied selection of classes, programs, and activities to help students find out what inspires them. But they're not alone on their journey. They'll have help from their professors, who will encourage and guide students to step outside of what is comfortable and familiar, to explore the unknown, ask questions, and embrace the unexpected. As students learn new skills and obtain more knowledge, they'll discover new opportunities, career paths, and ways to make an impact on the world.







## Every challenge is an opportunity to grow.

And we provide guidance every step of the way.

Our liberal arts curriculum, which includes classes in history, English, math, science, philosophy, and theology, gives students the knowledge they need to succeed, solve complex problems, and make ethical decisions. If they need help on their academic journey, we offer the Shepard Academic Resource Center (SARC). It is home to the Learning Commons (LC), where peer mentors and tutors assist students in any subject, and the learning assistance counselor helps students develop study skills. It also offers programs to help first-year students adapt academically, socially, and emotionally to life at college. Students with disabilities can get customized help, such as extended time on exams or assistive technology, through our office of Accessible Education Services.

## We take a holistic approach to supporting our students and their families.

The college experience is about more than academics. That's why we give students the resources they need to become their best selves. Our first-generation (FGEN) program supports those who are the first in their family to pursue a 4-year college degree through peer-mentoring, workshops, and events. Campus Ministry offers many faith-sharing communities for compassionate conversation. The Career Center assists students from their first year and beyond as they explore majors, apply to graduate school, search for internships and jobs, and seek connections with alumni and employers. We also provide resources to help parents support their student, from a monthly newsletter to a Care Team ready to help if you are concerned about the physical, emotional, or academic health of your child.



## Creating a community that values all people

is at the heart of what we do.

At UP, we continuously work to build an environment where everyone is included and can benefit from being exposed to a wide range of ideas and perspectives. Our Office of International Education, Diversity, and Inclusion (OIEDI) provides meaningful intercultural connections through learning opportunities that support diversity and inclusion, including programs like UP Connections (a yearlong mentorship program) and Diversity Dialogues (a series of lectures and discussions). The University is committed to welcoming all students, regardless of their faith, gender, identity, culture, economic background, citizenship, or immigration status. OIEDI provides resources to help undocumented students, and our Office of Financial Aid strives to help students and their families finance a high-quality education.



## Real-world experiences bring learning to life.

Valuable lessons can be found outside the classroom.

Internships, research, community service, and integrated learning opportunities are a significant part of a UP education. Students might spend time working in a hospital, a tech company, or local government. As early as their first year, students can work with professors on research projects where they will gain field experience, as well as the skills and confidence to search for their own solutions. By their sophomore year, students can participate in our study abroad programs offered in countries around the world, during the summer, for a semester, or for an academic year. Students receiving financial aid can contact the Financial Aid office to find out how their award can be applied to a study abroad program.







# Where do students go after UP?

The possibilities are endless.



## GRADUATE SCHOOLS ATTENDED

- Brown University
- Duke University
- Georgetown University
- Harvard Medical School
- Imperial College of London
- Johns Hopkins University
- Loyola University, Chicago
- Oregon Health & Science University
- Northwestern University
- Purdue University
- Stanford University
- Trinity College Dublin
- Tufts University, School of Dental Medicine
- University of California, Los Angeles
- University of Notre Dame
- University of Washington, School of Law

## CAREER ACCOMPLISHMENTS

- Best-selling author
- Neurologist conducting research
- Broadway producer
- Olympic gold medalist
- Catholic school principal
- Sports company CEO
- TV sitcom actor
- Inventor of a prosthetic heart valve
- NBA coach
- Diplomat to the Far East
- War zone trauma nurse
- News anchor and journalist
- Social service nonprofit leader



**VICTOR RODRIGUEZ  
VALDOVINOS '20**

**MAJOR: NURSING**

“I was lucky to have many experiences at UP that helped shape me into the person I am today. During my senior year, my clinical immersion was in an ophthalmology outpatient eye surgery center. This experience gave me great training in pre and post-operative patient care. I was later invited to go on a mission trip to Antigua, Guatemala, to aid as a translator and care for patients in the post-operative ward. I now work as a circulator nurse in the operating room at Providence Portland Medical Center and am also a Clinical Teaching Associate at UP. A big highlight of my UP experience was studying abroad in Salzburg, Austria. I experienced many great moments, including joining a soccer team in Salzburg and traveling through Europe on the weekends with my friends.”

## PLAN YOUR VISIT



## Please visit us!

Take a tour, meet with an admissions counselor, attend a Visitation Day, or visit virtually. Choose how you would like to visit at [up.edu/visit](https://up.edu/visit). Contact Admissions if you prefer a tour in Spanish.



## Fast Facts

24%

OF FULL-TIME UNDERGRADUATE STUDENTS IDENTIFY AS **FIRST-GENERATION**

3,536

UNDERGRADUATE STUDENTS FROM 46 STATES AND TERRITORIES AND 33 COUNTRIES

73%

OF STUDENTS FROM OUTSIDE OF OREGON

43%

OF UNDERGRADUATES SELF-REPORT AS **HISTORICALLY UNDERREPRESENTED** based on race and ethnicity

**1ST RANKED NATIONALLY** in Fulbright U.S. awardees for 2020-21 among master's level institutions (*The Chronicle of Higher Education*)

According to Stacker, **UP RANKS #2 IN OREGON FOR BEST RETURN ON INVESTMENT (ROI)** based on a 2019 study by Georgetown University.

UP has secured a **TOP 10 PLACEMENT FOR 27 CONSECUTIVE YEARS** in *U.S. News & World Report* magazine rankings and is second in our peer group for undergraduate teaching for 2022.

**99.1% OF FULL-TIME UNDERGRADUATE** students receive some sort of financial aid





# Contacts and Resources

## WITH SPANISH SPEAKERS

### OFFICE OF FINANCIAL AID

503.943.7311  
up.edu/finaid  
finaid@up.edu

### OFFICE OF ADMISSIONS

503.943.7147  
up.edu/admissions  
admissions@up.edu  
up.edu/admissions/Spanish

### THE LEARNING COMMONS

503.943.8002  
up.edu/learningcommons  
learning@up.edu

### OFFICE OF INTERNATIONAL EDUCATION, DIVERSITY, AND INCLUSION

503.943.8112  
up.edu/inclusion  
oiedi@up.edu

### DIVERSITY AND INCLUSION PROGRAMS

503.943.8198  
up.edu/inclusion/dip  
dip@up.edu

# More Resources

### SHEPARD ACADEMIC RESOURCE CENTER (SARC)

503.943.7895  
up.edu/sarc  
sarc@up.edu

### FIRST GENERATION STUDENT PROGRAMS

503.943.7895  
up.edu/fgen  
firstgen@up.edu

### ACCESSIBLE EDUCATION SERVICES

503.943.8985  
up.edu/aes  
aes@up.edu

### OFFICE OF ALUMNI & PARENT RELATIONS

503.943.7328  
up.edu/parents  
parents@up.edu

### CAMPUS MINISTRY

503.943.7131  
up.edu/campusministry  
ministry@up.edu

### RESIDENCE LIFE

503.943.7205  
up.edu/residencelife  
reslife@up.edu





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We acknowledge the land on which we sit and which we occupy at University of Portland. "The Portland Metro area rests on traditional village sites of the Multnomah, Wasco, Cowlitz, Kathlamet, Clackamas, Bands of Chinook, Tualatin, Kalapuya, Molalla, and many other tribes who made their homes along the Columbia River creating communities and summer encampments to harvest and use the plentiful natural resources of the area" (Portland Indian Leaders Roundtable, 2018). We take this opportunity to thank the original caretakers of this land.