

# One Body Initiative: Week 9, The Beatitudes

November 9, 2020

## Scripture: Matthew 5:3-12

3 Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

4 Blessed are they who mourn,  
for they will be comforted.

5 Blessed are the meek,  
for they will inherit the land.

6 Blessed are they who hunger and thirst for righteousness,  
for they will be satisfied.

7 Blessed are the merciful,  
for they will be shown mercy.

8 Blessed are the clean of heart,  
for they will see God.

9 Blessed are the peacemakers,  
for they will be called children of God.

10 Blessed are they who are persecuted for the sake of righteousness,  
for theirs is the kingdom of heaven.

11 Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.

12 Rejoice and be glad, for your reward will be great in heaven. Thus they persecuted the prophets who were before you.

## Commentary and Additional Resources:

<https://www.studylight.org/commentaries/dsb/matthew-5.html> - The Beatitudes and their place in the Sermon on the Mount

<https://www.newadvent.org/cathen/02371a.htm> - a look into the words and phrases of the text

<https://refugeingrief.com/> - Its ok not to be ok.

## Questions for Reflection:

- In what areas of your life do you need to know that you are blessed, and God is with you?
- How have you felt God's presence with you in the midst of pain and struggle?
- How have people stood in solidarity with you in the midst of a struggle? What was helpful? What was not helpful?
- Who do you know that's struggling right now? What would it look like for you to stand in solidarity and walk alongside them in it?