

Catholic Prayers from the University of Portland

Hail Mary

Hail Mary, full of grace. The
Lord is with thee. Blessed art
thou amongst women, and
blessed is the fruit of thy
womb, Jesus. Holy Mary,
Mother of God, pray for us
sinners, now and at the hour of
our death, Amen.

Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help,
or sought thy intercession,
was left unaided.
Inspired by this confidence
I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come,
before thee I stand,
sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me.
Amen.

St. Michael the Archangel

Saint Michael the Archangel, defend us in battle.
Be our protection against the wickedness and
snares of the devil; May God rebuke him, we
humbly pray; And do thou, O Prince of the Heavenly
Host, by the power of God, thrust into hell Satan
and all evil spirits who wander through the world
for the ruin of souls. Amen.

Bendita Sea Tu Pureza

Bendita sea tu pureza y eternamente lo sea, pues
todo un Dios se recrea, en tan graciosa belleza. A Ti
celestial princesa, Virgen Sagrada María, te ofrezco
en este día, alma vida y corazón. Mírame con
compasión, no me dejes, Madre mía.
Amén.

Act of Contrition

O my God, I am heartily sorry for having offended
Thee, and I detest all my sins because of thy just
punishments, but most of all because they offend
Thee, my God, who art all good and deserving of all
my love. I firmly resolve with the help of Thy grace
to sin no more and to avoid the near occasion of sin.
Amen.

Prayer of St. Francis

Lord, make me an instrument of your peace:

where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

O divine Master, grant that I may not so much seek

to be consoled as to console,

to be understood as to understand,

to be loved as to love.

For it is in giving that we receive,

it is in pardoning that we are pardoned,

and it is in dying that we are born to eternal life.

Amen.

Doxology

Glory be to the Father,

and to the Son,

and to the Holy Spirit.

As it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

