Core Curriculum

Introduction (1 credit)

ANCHOR SEMINAR
A shared course weaving together an introduction to the ideas and habits of our liberal arts Core along with tools for a successful transition into the UP community.

GLOBAL & HISTORICAL CONSCIOUSNESS
Choose from courses in History, Political Science and Global Affairs, and International Languages and Cultures (3 credits)

COMMITMENT TO DIVERSITY, INCLUSION, & THE COMMON GOOD
Choose from courses in Communication Studies, Sociology, Social Work, and History (3 credits)

SCIENTIFIC AND QUANTITATIVE LITERACY AND PROBLEM SOLVING
Choose from courses in Biology, Chemistry, Physics, Environmental Science, Math, Psychological Sciences, Economics, and Political Science and Global Affairs (9 credits)

AESTHETIC INQUIRY, IMAGINATION, & THE CREATIVE PROCESS
Choose from courses in Performing and Fine Arts (3 credits)

RELIGION, FAITH, & ETHICS
Choose from courses in Theology and Philosophy (9 credits)

LITERACY, DIALOGUE, & EXPRESSION
Choose from courses in English and Philosophy (6 credits)

NOTES
- At least one course must be labeled HST (History) at either the Foundation or Exploration levels.
- The Core Habit of Literacy, Dialogue, and Expression emphasizes writing within the Core, and should segue to WiD courses.
- For further curriculum details see: up.edu/core

Foundation (33 credits from six ‘habits of heart and mind’)

Exploration (6 credits)

EXPLORATION (EXP) DESIGNATED COURSES
Two additional courses designated for exploring at least two different Core habits beyond the foundation level. To promote breadth, these courses should come from outside a student's major area and should offer multi-disciplinary perspectives.

Integration (within majors)

CORE INTEGRATION ASSIGNMENT
A final reflection (administered within a major) that requires students to integrate their understanding of Core Habits and connect to their major.

WRITING IN THE DISCIPLINES (WID)
A focus for all UP students, starting in the Core and moving through majors

WID COURSE #1
Lower-level writing-focused course within major

WID COURSE #2
Upper-level writing-focused course within major