

Areas of Interest

Group process, leadership, social and structural determinants of health, health inequities, health promotion, public health-primary care integration, nursing education, community-driven research, case study methodology

Education

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|--|--------------------------|-------------|
| 2009 –2014 | University of Washington | Seattle, WA |
| <ul style="list-style-type: none"> • Master of Public Health • Social and Behavioral Sciences Concentration • Thesis Title: <i>Describing hunger-related outcomes in a community kitchen located in the Pacific Northwest, United States</i> • Chair: Dr. Allen Cheadle • Committee: Dr. Donna Johnson | | |
| 2007 –2013 | University of Washington | Seattle, WA |
| <ul style="list-style-type: none"> • Doctorate of Philosophy, Nursing Science • Psychosocial and Community Health Nursing Department • Dissertation: <i>Social support provision and related facilitators and barriers in a community kitchen</i> • Chair: Dr. Marie-Annette Brown, Dr. Noel Chrisman • Committee: Dr. Lucy Jarosz, Dr. Andrea Landis, Dr. Paula Nurius | | |
| 2001 – 2005 | University of Texas | Austin, TX |
| <ul style="list-style-type: none"> • Bachelor's of Science with honors in Nursing • College Scholar • Alpha Lambda Delta and Phi Eta Sigma Honors Society • Dean's Honor List | | |

Licenses

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| 2014 –2015 | Oregon, Registered Nurse |
| 2014 –2015 | Washington, Registered Nurse |

Certifications

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| 2014 –2015 | AHA, BLS for Healthcare providers |
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Academic Experience

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| 2014 – Current | <i>University of Portland School of Nursing</i> | Portland, OR |
| <i>Assistant Professor</i> | | |
| <i>Courses taught:</i> | | |
| <ul style="list-style-type: none"> • NRS 202 Nutrition • NRS 310 Population Health Promotion • NRS 461 Clinical: Adult and Elder Health II • NRS 464 Clinical: Multicultural Population Health Promotion • NRS 493 Special Topics in Nursing Research • NRS 424: Applied Population Health Nursing in a Multicultural Context | | |

2014 – 2014 *Seattle University School of Nursing* Seattle, WA
Adjunct Faculty

Courses taught:

- NURS 301 Foundations of Professional Nursing Communication Lab

2008 – 2013 *University of Washington School of Nursing* Seattle, WA
Senior Teaching Assistant

Center for Excellence in Nursing Education

Courses taught:

- NCLIN 302: Health Assessment
- NCLIN 306: Basic Skills of Nursing Practice
- NCLIN 402: Care in Illness I
- NCLIN 406: Care in Illness II
- NCLIN 411: Transition to Professional Practice

Specialty Courses co-taught:

- NCLIN 402: Pediatrics
- NCLIN 416: Nursing of Families
- NCLIN 490: Special Laboratory Elective

Supported:

- NCLIN 500: Comprehensive Health Assessment
- NCLIN 599: Advanced Clinical Skills

Interdisciplinary Courses co-taught:

- REHAB 567: Practicum in Rehabilitation

Guest Lectures

Mayer, K. (July 27, 2015). *Completion of Dissertation and Academic Job Application*. New Faculty Panel Presentation, *ED 621: Dissertation Prospectus* (Summer 2015). Course Professor: Dr. Nicole Ralston, University of Portland Education Department.

Mayer, K. (March 7, 2014). *Community Kitchens: An Alternative*. Powerpoint Presentation, *Geography 271: The Geography of Food and Eating* (Winter 2014). Course Professor: Dr. Lucy Jarosz, University of Washington Geography Department.

Curriculum Consultation

2014 *Portland Community College (Consultant)*
2008-2012 *Center for Excellence in Nursing Education*

Clinical Experience

2015 *University of Portland* Portland, OR
Public Health Registered Nurse Student Preceptor

New Columbia

2008 –2012 *Community Kitchens Northwest* Seattle, WA
Registered Nurse II

Public Health-Seattle & King County

2007 –2008 *Harborview Medical Center* Seattle, WA
Registered Nurse II
Burns/Plastics

2006 –2007 <i>Registered Nurse II</i> <i>Pediatric Intensive Care Unit</i>	Children’s Hospital of Austin	Austin, TX
2005 –2006 <i>Registered Nurse I</i> <i>Inpatient Surgery/Ortho/Trauma</i>	Children’s Medical Center	Dallas, TX
2004 <i>Nurse Extern</i> <i>Cardiac ICU</i>	Children’s Medical Center	Dallas, TX
2001 –2003 <i>Clinical Assistant</i> <i>Medical / Surgical Floor</i>	Brackenridge Hospital	Austin, TX

Research Activities and Grants

2015 <i>School of Nursing</i> Co-Investigator: <i>Workplace Related Quality of Life: Effect of Available Recreation Facilities</i> Research Funded by: Butine Grant, University of Portland. \$2,888.00 Involved 1 student research assistant	University of Portland	Portland, OR
2015 <i>School of Nursing</i> Primary Investigator: <i>Evaluating the Impact of a New Columbia Partnership Project: Part II</i> Research Funded by: AACN/CDC Grant. \$5000.00 Involved 3 student research assistants	University of Portland	Portland, OR
2015 <i>School of Nursing</i> Primary Investigator: <i>Evaluating the Impact of a New Columbia Partnership ProjectL Part I</i> Research Funded by: Terry Meisner Grant, University of Portland School of Nursing. Involved 3 student research assistants	University of Portland	Portland, OR
2015 <i>School of Nursing</i> Primary Investigator: <i>An evaluation of active student learning strategies</i> Research Funded by: Faculty Development Fund, University of Portland School of Nursing. \$500.00 Involved 1 student research assistant	University of Portland	Portland, OR
2014 <i>School of Nursing</i> Primary Investigator: <i>Problem-based learning in Education</i> Research Funded by: Faculty Development Fund, University of Portland School of Nursing. \$500.00 Involved 1 student research assistant	University of Portland	Portland, OR
2014	University of Washington	Seattle, WA

School of Public Health

Primary Investigator: *Describing hunger-related outcomes in a community kitchen located in the Pacific Northwest, United States*

2013 University of Washington Seattle, WA

School of Nursing

Primary Investigator: Social support provision and related facilitators and barriers in a community kitchen

Research Funded by: Hester McLaw Research Grant, University of Washington School of Nursing. \$3500.00

2003 University of Texas Austin, TX

School of Nursing

Research Assistant: *Asthma in Central Texas Project*

Honors and Awards

- Betty J. Bomar Endowed Presidential Scholarship in Nursing – Presented spring 2003 by the University of Texas School of Nursing, Austin, TX.
- Leettage and Joseph D. Jamail Endowed Scholarship in Nursing – Presented fall 2003 to spring 2004 by the University of Texas School of Nursing, Austin, TX.
- May Smith Scholar – Presented summer 2004 by Children’s Medical Center, Dallas, TX.
- McAlpin Scholar – Presented Summer 2007 by University of Washington School of Nursing, Seattle, WA.
- Western Institute of Nursing Research and Information Exchange (NRIE) nominee, 44th annual Communicating Nursing Research Conference, April, 2011, Las Vegas, Nevada.
- Rising Stars of Scholarship and Research nominee at the 2011 Biennial Convention in Grapevine, TX.
- University of Washington School of Public Health Student Community Service Award – Presented May 2011 by University of Washington School of Public Health, Seattle, WA.
- Junior Investigator of the Year award– Received July 2015 by the Public Health Nursing Section, *American Public Health Association*.

Grants

- USDA Hunger Free Communities Grant award, United Way of King County on behalf of Community Kitchens Northwest in partnership with Seattle Housing Authority, Seattle Tilth, and Public Health Seattle & King County, Received: March, 2011. Funded Community Kitchens in Rainier Valley Eats!
- Hester McLaws Nursing Scholarship, University of Washington School of Nursing, Received: May, 2013. \$3,500.00 Funded: *Social Support Provision and related Facilitators and Barriers in a Community Kitchen* (Doctoral dissertation).
- Butine Grant, University of Portland, Received: Nov., 2014. \$2,888.00. Funding: Workplace Related Quality of Life: Effect of Available Recreation Facilities.
- AACN/CDC Grant, American Association of Colleges of Nursing, Received: April, 2015, 5,000.00. Funding: Evaluating the Impact of a New Columbia Partnership Project.

Grants Submitted, Not Accepted

- The Endowed Chairs’ Cup. University of Portland. Submitted: Nov., 2014. Proposal: The Art and Science of Food, Health, and Technology: An Integrative Course.

Professional Memberships

2015 - Current	Oregon Public Health Association Member/PHN Section
2012 – Current	American Public Health Association Member/PHN Section
2011	Western Institute of Nursing Member
2011 – Current	Sigma Theta Tau Member
2010 - Current	Washington State Public Health Association Member
2007	American Red Cross F.A.S.T. Team (F.A.S.T. Volunteer)
2005	American Red Cross Nurse Corps Volunteer (Hurricane Katrina)
2005	Dallas County Medical Reserve Corps (Disaster Relief)
2005	American Nurses Association Member

Journal & Conference Review Activities

2014	American Public Health Association Nursing Section Reviewer
2015	143rd APHA Annual Meeting and Exposition, Public Health Nursing program abstract reviewer. 17 reviews. Areas: Addressing the Health Needs of At-Risk Youth, Environmental Health II, Health in all Policies, Maternal and Child Health Nurse Home Visitation, Public health nursing students and education, Public health nursing workforce, The PHN Role in care coordination.

Community Service

2015 – Current	New Columbia (Consultant)
2014 – Current	Kitchen Commons (Consultant)
2011 –2012	Rainier Valley Eats! (Steering Committee)
2008 – 2011	Community Kitchens Northwest (Steering Committee)
2011 – 2014	Community Kitchens (Consultant)
2006	El Buen Samaritano (Teaching assistant in ESL classroom)
2002	Project Reachout (Food Bank Delivery)

University Service

Summer 2015	PHN Clinical Partnership Development: Village Gardens, Home Forward, Kitchen Commons, Multnomah County Public Health, Clackamas County Public Health
Summer 2015	New Columbia 'August Night Out' Booth with senior students
Summer 2015	Student Research Assistant Mentor and Trainer (3)
Spring 2015	Nursing Student Adviser
Spring 2015	Student Recommendation
Spring 2015	PHN Clinical Partnership Development
2014-2015	The Library Project Organizer
2014-2015	Faculty Mentor: Nutrition Adjunct Faculty
2014-2015	Moreau Center Academic Advisory Committee Member
2014-2015	Teaching and Learning Committee Member
Fall 2014	Food justice immersion accompanier

2014-2015 SLUG garden mentor
 2008 –2009 U.W. Graduate and Professional Student Senate

Other Professional Experience and Service

2008 – 2011	Community Kitchens Northwest	Seattle, WA
	<i>Public Health Practicum Preceptor</i>	
	<i>Geography Service-Learning Practicum Preceptor</i>	
	<i>Community Kitchen Capacity Building</i>	
2007 –2008	Harborview Medical Center	Seattle, WA
	<i>Nurse Preceptor</i>	
2006	Children’s Medical Center	Dallas, TX
	<i>Nurse Preceptor</i>	
2002 –2005	University of Texas	Austin, TX
	<i>Nursing Tutor</i>	
2004	Holy Family Birth Center	Weslaco, TX
	<i>Patient Care</i>	
2003	Children’s Hospital of Austin	Austin, TX
	<i>Physical Therapy Assistant</i>	
2002	University of Texas	Austin, TX
	<i>Nursing Peer Mentor</i>	
2002	University of Texas	Austin, TX
	<i>SHINE (Students Helping in Nursing Education) Mentoring</i>	

Professional Development

May 2015 Attended Faculty Development Day. University of Portland, Portland, OR. Presentations: “Learners’ individual differences in multiple campus contexts.”
 “Rank and Tenure – tenure and promotion to Associate Professor.”

April 2015 Attended Founders’ Day. University of Portland, Portland, OR. Presentations: ‘Building community with New Columbia: Implementation of a Weight Loss Program and Health Teachings with Youth and Adults.’ Nursing
 “A Comparison of Portland and DC Public Housing Program: Hope IV.” Political Science

April 2015 Attended 2015 Nursing and the Public’s Health Conference. Hosted by the OPHA Nursing Section. University Place Hotel, Portland, OR.

October, 2014 Attended DEU Quarterly Meeting. University of Portland, Portland, OR.

September, 2014 Attended New Faculty Academy. University of Portland, Portland, OR.

Continuing Education

- May, 2015: Oregon Pain Management Module. Oregon Pain Management Commission. 1 Hour online course.

Professional Presentations

- Mayer, K., Suzumura, L., & Vinh, D. (2010). The Family Community Kitchen Pilot Project. Paper presented at the Washington State Public Health Association: 2010 Joint Conference on Health Innovation and Collaboration in Times of Change. Yakima Convention Center.
- Mayer, K. & Suzumura, L. (2010). Community Kitchens Northwest. Powerpoint Presentation. *WSPHA Webinar: Healthy Food Systems & Policy: Washington's Current Efforts*.
- Mayer, K. (2011). The Family Community Kitchen Pilot Project: Impacts & Implications. Paper presented at the 2011 Western Institute of Nursing Conference: Transitions: Unifying Practice, Education, and Research to Improve Health. Las Vegas, Nevada.
- Mayer, K., Suzumura, L., & Vinh, D. (2011). Community Kitchens Northwest: Cooking up Community. Paper presented at the Western Institute of Nursing Research and Information Exchange (NRIE): 44th annual Communicating Nursing Research Conference. Las Vegas, Nevada
- Suzumura, L., Vinh, D., & Mayer, K. (2011). Community Kitchens Northwest: Cooking up Community. WSDA 2011 Conference.
- Mayer, K. & Suzumura, L. (2011). The Family Community Kitchen. Paper presented at the University of Washington Department of Health Services 2011 Annual Research Meeting. Seattle, WA.
- Mayer, K., & Suzumura, L. (2011). The Family Community Kitchen Pilot Project. Paper presented at the Rising Stars of Scholarship and Research: 2011 Biennial Convention. Grapevine, TX.
- Vinh, D., Suzumura, L., Miller, R., Pencke, K. & Mayer, K. (2011). Rainier Valley Eats! Community Organization for Change. Paper presented at the Washington State Public Health Association: 2011 Joint Conference on Health. Vancouver, WA.
- Miller, R., Suzumura, L., Vinh, D., & Mayer, K. (2012) CommunityKitchensNW Tabling Event. Dan Imhoff 2012 Farm Bill Talk & Presentation. Architecture Hall, University of Washington.
- Mayer, K. (2012). Promoting Health Through Food: Towards an Integrated Health Outreach Framework. Paper presented at the 2012 WIN Annual Communicating Nursing Research Conference.
- Mayer, K. (2012). Community Kitchens around the World: A current review of the literature. Paper presented at the Western Institute of Nursing Research and Information Exchange (NRIE).
- Mayer, K. (2012). Learning from a community action project to build community strength and local health promotion empowerment through food. Paper presented at Live Healthy: America fights Obesity: 140th Annual Meeting & Expo: Prevention and Wellness Across the Life Span: American Public Health Association. San Francisco, CA.
- Mayer, K. (2012). Community Kitchens in the Northwest. Digital story presented at the US Film Festival Session 1: 140th Annual Meeting & Expo: Prevention and Wellness Across the Life Span: American Public Health Association. San Francisco, CA.
- Mayer, K. (2013). Community engagement for food security: Policy recommendations for primary care and public health nursing. Accepted for 141th Annual Meeting & Expo: American Public Health Association. In collaboration with Dr. Evans-Agnew and Dr. Miller in Public Health Nursing Session 4424.0: Enhancing Policy Opportunities at the Confluence of Primary Care and Public Health. Boston, MA.
- Mayer, K. (2014, November). Group dynamics in a community kitchen for food security and health: Advocating for local food organizations in vulnerable communities. In *142nd APHA Annual Meeting and Exposition (November 15-November 19, 2014)*. APHA. New Orleans, LA.

Mayer, K. (2014, October). *Exploring Community Kitchen Impacts: A Responsive Evaluation Approach*. In 2014 WSPHA Annual Conference: Rallying the Public Health Spirit: New Approaches in Health Equity (October 12-14). WSPHA. Wenatchee, WA.

Houglum, D., Martin, N., Egby, P., Hancock, C., Gates, A., Holloway, S., Kennedy, M. & Mayer, K. (2015). The Moreau Center Partnering with Faculty. *Faculty Development Day*, University of Portland, Portland, OR.

Mayer, K. (2015). Geographic-specific structural inequities and food security: Opportunities for Public Health Nursing. Oral presentation in the 143rd APHA Annual Meeting and Exposition (October 31 - November 4, 2015) (Public Health Nursing)

Mayer, (K). (2015). Enacted social support in a community kitchen: Locally-developed strategies for mitigating food inequities. Oral presentation in the 143rd APHA Annual Meeting and Exposition (October 31 - November 4, 2015) (Public Health Nursing)

Mayer, K., Braband, B. & Killen, T. (October 2015). *Exploring The Impact Of A Community-Academic Partnership Project*. Oral presentation In 2015 Oregon Public Health Association Annual Meeting and Conference. OPHA. Corvallis, Oregon

Professional Presentations In-Review

Braband, B., Mayer, K. & Killen, T. An evaluation of the impact of a community-academic partnership project. Submitted for Oral presentation at WIN 2016.

Professional Presentations Submitted, Not Accepted

Vinh, D., Suzumura, L., Mayer, K. (2011). Community Kitchens – Bringing communities to the table. Paper abstract submitted to “Food policy from Neighborhood to Nation.” *Community Food Security Coalition*. Portland, OR, May 19 – 21, 2011.

Mayer, K. (2014). Social Support Provision in a community kitchen health promotion initiative. Paper abstract submitted to the 2014 WIN Annual Communicating Nursing Research Conference. Seattle, WA.

Mayer, K. (2015). Project and Group structure in a community kitchen for food security and health. Paper abstract submitted to the 2015 Western Institute of Nursing's 48th Annual Communicating Nursing Research Conference. Albuquerque, NM.

Mayer, K., Braband, B. & Killen, T. (October 2015). *Exploring The Impact Of A Community-Academic Partnership Project*. Panel Presentation submitted to the In 2015 Oregon Public Health Association Annual Meeting and Conference. OPHA. Corvallis, Oregon.

Abstract 1: *Public Health Nursing Curriculum and Student Skill-Development in a Community-Academic Partnership Project*.

Abstract 2: *The impact of participation in a Community-Academic Partnership Project on meeting the community's health promotion needs*.

Abstract 3: *The impact of participation in a Community-Academic Partnership Project on building a collaborative relationship*.

Professional Presentations Accepted, Unable to Attend

Mayer, K. (2014). *Geographic-specific structural inequities and food security: Community perspectives*. Accepted for oral presentation at the OPHA 2014 Conference.

Mayer, K. (2014). *Social support provision in a community kitchen for food security and health: Local strategies for mitigating food inequities*. Accepted for poster presentation at the OPHA 2014 Conference.

Other Presentations

Mayer, K. (2014). *Kitchen Commons* Community Kitchen Roundtable Guest Speaker. Central Lutheran Church. Portland, OR, May 2014.

Mayer, K. (2014). *Kitchen Commons* Community Kitchen Leadership Training. Central Lutheran Church. Portland, OR, May 2014.

Scholarly Journal Publications

Mayer, K. (2008). In response to the published article "Application of the community readiness model for childhood obesity prevention (Findholt, 2007)". *Public Health Nursing, 25*, 5.

Mayer, K. (2009). Childhood obesity prevention: Focusing on the community food environment. *Family and Community Health, 32*, 3, 257-270.

Scholarly Journal Publications In-Review

Miller, L., Evans-Agnew, R., Mayer, K. (2015). Integrating primary care and public health: Opportunities for nursing actions in physical activity policies and nutrition programs. Submitted to *Maternal and Child Health*.

Scholarly Journal Publications Submitted, Not Accepted

Miller, L., Evans-Agnew, R., Mayer, K. (2015). Opportunities for public health nursing actions at the confluence of primary care and public health: Exemplars from physical activity policy and nutrition research. Submitted January, 2015 to *Public Health Nursing*.

Book and Chapter Publications

Mayer, K. (2009). Pediatric Simulation Curriculum Development and Evaluation. Contributions in: Marcdante, K. J., & Nelson, W. E. (2011). *Nelson essentials of pediatrics*. Philadelphia, Pa: Saunders/Elsevier.

Mayer, K. (2013). *Social Support Provision and related Facilitators and Barriers in a Community Kitchen* (Doctoral dissertation). Available from ProQuest Dissertations and Theses database.

Mayer, K. (2014). *Describing Hunger-related Outcomes in a Community Kitchen located in the Pacific Northwest, United States* (Thesis, University of Washington). Available from ProQuest Dissertations and Theses database.

Other Publications

Mayer, K. & Evans-Agnew, R. (2012). Relief for King County food deserts. Editorial in: *The Seattle Times*. Retrieved on December 20, 2012, from:

http://seattletimes.com/html/northwestvoices/2019726441_fooddesert22lets.html

Current Research Projects:

Vermeesch, A. & Mayer, K. Workplace Related Quality of Life: Effect of Available Recreation Facilities. Initiated Feb., 2015.

Mayer, K & Braband, B. Evaluating the Impact of a New Columbia Partnership Project Part I. Initiated Feb., 2015

Mayer, K & Braband, B. Evaluating the Impact of a New Columbia Partnership Project Part II. Initiated April, 2015

Mayer, K. Problem-based learning in Education. Initiated Sept, 2014

Mayer, K. An evaluation of active student learning strategies. Initiated April, 2015

Mayer, K. & Evans-Agnew, R. Geographic-specific structural inequities and food security. Initiated June, 2014

