

- 1999 (fall) Adjunct Faculty, University of Southern Maine
Advanced psychopharmacology course
- 1984-1989 University of Texas at El Paso
Instructor
1101 N. Campbell Street El Paso, Texas 79902
Nursing of People in Crisis (1984-1989) core class in the senior year
Contemporary Perspectives in Death and Dying (1985-1989)
Conceptual Base for Nursing Practice (1987-1988)
Historical Perspectives and Contemporary Issues in Nursing (1988)
Therapeutic Strategies for Mental Health Practice (1985)

Clinical

- 2013- present PMHNP, Multnomah County Health Department, Health Services Center
3/2008 - 2013 PMHNP, Multnomah County Health Department, West Side Clinic
426 SW Stark Street Portland, Oregon
Clinical practice providing psychiatric evaluations, psychopharmacology, consultation to primary care providers, brief/crisis counseling, cognitive-behavioral educational groups, professional training for staff.
- 2014-2015 Clinical supervision for peer support counselors, CAP and SPNS case managers
- 2001-2007 APRN, St. Croix Regional Family Health Center
136 Mill Street, Princeton, Maine
Provided clinical services to individuals and groups, age 12-adult in a rural FQHC
Including psychiatric evaluation, diagnosis, medication management, consultation to primary care providers, community education
Preceptor for graduate PMHNP students from Husson College
- 1998-2001 Clinical Nurse Specialist Acadia Healthcare, Inc
PO Box 422 Bangor, Maine 04402-0422
Clinical practice providing evaluation & psychopharmacology intervention to individuals, psychotherapy for couples and groups in two outreach clinics in rural Maine
Supervision done via telemedicine with psychiatrists in Bangor, Maine
Preceptor for PMHNP graduate students from Husson College
- 1994-1997 Clinical Nurse Specialist, Unimed Medical Center
600 17th Avenue SE Minot, North Dakota 58701
Provided clinical services in outpatient mental health clinic and adult partial hospitalization program. Brief and on-going psychotherapy, Employee Assistance, hospital and community training, consultation, program development
supervision of CNS graduates preparing for ANCC certification and CNS students
- 1991-1992 APRN, CNS Unit Psychotherapist, St. Mary's Hospital, Institute for Mental Health
901 45th Street P.O. Box 24620 WPB, Florida 33416-4620
Responsible for evaluation, diagnosis and treatment of patients during hospitalization
Assisted in development of role for consultation liaison CNS with general medical center
- 1990-1991 APRN, Clinical Coordinator - Life Changes Program Fair Oaks Hospital at Bocca/Delray
Provided leadership for developing in-patient program for adult survivors of abuse
Developed and coordinated partial hospitalization program

Clinical practice providing psychiatric evaluations, individual and group psychotherapy
in-patient and out-patient groups with focus on treatment for trauma
Supervision of staff within the unit program
Frequent lecturer for professional staff, media expert, and community education

- 1989-1990 APRN, Evaluation Coordinator, Fair Oaks Hospital at Bocca/Delray
5440 Linton Boulevard, Delray Beach, Florida 33484
Responsible for neuropsychiatric assessment, diagnosis and crisis therapy for
hospitalized patients, adolescent and adult
- 1986-1989 Volunteer CNS, El Paso County Department of Human Services - Incest Specialists
El Paso County Department of Human Services El Paso, Texas 79902
Co-facilitator of weekly group for pre-teen survivors of sexual abuse
- 1988-1989 CNS, Psychotherapists Associates Private Practice Group
Curie Medical Building 1733 Curie, Suite 204 El Paso, Texas 79902
Facilitator of weekly group for teen survivors of sexual abuse
- 1984-1987 RN, Memorial General Hospital, Psychiatric Unit,
2450 S. Telshor Blvd. Las Cruces, NM 88011
Evening/Night Charge Nurse on an Acute Care, Locked Psychiatric Unit
- 1978-1979 RN, Queen's Medical Center, Kekela
- 1980-1983 1301 Punchbowl Street Honolulu, Hawaii 96813
Evening Charge and staff nurse on a 50 bed in-patient psychiatric unit
- 1979-1980 RN, Everett General Hospital, Psychiatric Unit
14 Colby Avenue Everett, Washington 98201
Night Charge for an Open In-Patient Psychiatric Unit
- 1977-1978 RN, University Hospitals of Cleveland, Hanna Pavilion,
11100 Euclid Avenue Cleveland, Ohio 44106
Clinical Nurse I, included charge responsibilities on a primary nursing, acute care locked
psychiatric unit with and adolescent sub-unit. Facilitation of groups and family work

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS (CURRENT)

- 1983 - present member, Sigma Theta Tau
- 1998 - present member, Omicron Xi chapter-at-Large
- 2002 - present member, International Society of Psychiatric Nurses
- 1994 - present member, Nurse Healers Professional Associates
- 1977 - present member, American Nurses' Association
- 2009 - present member, Oregon Nurses Association
- 2009 - present member, Oregon Nurse Practitioner's Association
- 2010 - present member, Oregon Nurse Practitioner's Association, Annual Conference Planning Committee

AWARDS AND HONORS

1996	North Dakota Nurses Association - Psychiatric Mental Health Nurse of the Year, District #2
1996	Who's Who in Medicine and Healthcare - Second Edition
1995	Who's Who in American Women - Nominated for 1996 Marquis Who's Who
1992	Who's Who among Human Services Professionals
1986	Society of Nursing Professional - Who's Who in American Nursing
1987 - 1992	Psychiatric and Mental Health Nurse Certification #104796 American Nurses' Assoc., Committee of Examiners for Psychiatric & Mental Health
1987	Outstanding Young Women in America
1983	National Dean's List
1983-present	Sigma Theta Tau, National Honor Society for Nurses - Gamma Psi Chapter Omicron Xi - current chapter
1982 - 1983	Recipient, Governmental Traineeship for Graduate Studies in Nursing National Institute of Mental Health
1977	Commencement Speaker, Frances Payne Bolton School of Nursing, Case Western Reserve University

RESEARCH ACTIVITIES & GRANTS

1988 - 1989	Relationship of AIDS Education on the Attitudes & Behaviors of Nursing Students Tool developed, data collected, article on results published by colleagues
September 1988	Received a U.T.E.P. Mini-Grant for research on AIDS - Student Attitudes - Faculty Collaboration

PUBLICATIONS

11/1987	"A Comprehensive Program to Evaluate Faculty for Merit" B. Farnsworth, S. Rothacker-Peyton, B. Groves, D. Corona Proceedings published in Issues in Higher Education 1987
Fall 1983	"Friendship Networkshop - A Training Manual" Developed, utilized, presented and published at the University of Hawaii at Manoa in cooperation with the University Christian Fellowship
1983	"Nurse Power - An Idea Whose Time Has Come" Presented, University of Hawaii at Manoa
Summer 1987	Computer Programs Developed - "Defense Mechanisms in Action," "What to Say Next? "Trust vs. Mistrust," "Streetwise," "Organic Brain Disorders"

COMMUNITY SERVICE – UNIVERSITY AND COMMUNITY

- 2015 Member, Curriculum Committee
- Member, Integrative Health, Curriculum Sub-committee
- 2009-current Boy Scouts of America CPC Council – Committee Member of Troop #116 and #465
- Merit Badge Counselor, Passed Chair - Outdoor Committee
- 2010-current US National Parks Service Volunteer, Adult Aid for Engage Youth Program and
- Costumed Interpreter for Ft. Vancouver, Vancouver, Washington

PRESENTATIONS

- 2015 Poster Presentation – “Breaking Free” Management Strategies for Youth with OCD
39th Annual NPO conference, October 2015 Sunriver, OR
- 2014 Non-Pharmacological Treatment of Anxiety
38th Annual NPO Conference, October 2014 Portland, OR
- 2007 Keynote Speaker - “101 WAYS TO Cope with Stress”
Union #107 Wellness Day, March 2007 Baileyville, ME
- 2006 Keynote Speaker - “An Introduction to Therapeutic Touch”
Maine State Nurses’ Association Annual Convention, September 2006 Bar Harbor, ME
- 2004 “Stress Management for Teens” (six forty-five minute sessions)
Calais High School Health Fair, February 2004 Calais, ME
- 2003 “Biological Manifestations of Trauma - Treating our Patients and Caring
for Ourselves” (ninety-minute session)
Maine State Nurses Association Conference, September 2003 South Portland, ME
- 2003 “Trauma – It’s Effect on Our Patients and Ourselves”
(ninety-minute session)
Maine State Nurses Association Conference, September 2003 South Portland, ME
- 2000 “Role of the Clinical Nurse Specialist - Past, Present & Future”
(ninety minutes) Eastern Maine Medical Center - Grand Rounds May 2000 Bangor, ME
- 2000 “Evaluation and Referral for Psychiatric Care”
(two-hour session) Peaceful Choices Staff - March 3, 2000 Calais, ME
- 1998 “Fetal Alcohol Syndrome” (two-hour session)
Washington County Psychotherapists Associates, May 1998 Calais, ME
- 1997 “Working with Survivors of Spiritual Abuse” (one-hour session)
APNA Chapter of the Red River Valley, November 1997 Fargo, ND
- 1997 “When the Past Won’t Go Away - Healing the Inner Child”
(Two Hour session) North Central Human Service Center, April 1997 Minot, ND
- 1997 “Traumatic Loss” (Two-Hour Session)
Unimed Medical Center Grief Group, April 1997 Minot, ND

- 1997 "Psychiatric Nursing NCLEX Review" (one-day session)
Minot State University - College of Nursing, January 1997 Minot, ND
- 1996 "Post Traumatic Stress Disorder" (three-hour session)
Minot State University - Department of Social Work, November 1997 Minot, ND
- 1996 "Mentoring or Lessons from the Geese" (ninety-minute Session)
North Dakota State Nurses' Association Annual Convention, April 1996 Minot, ND
- 1996 "Alternative Treatment Strategies" (ninety-minute Panel Presentation)
North Dakota State Nurses' Association Convention, April 1996 Minot, ND
- 1996 "Managing Anger and Conflict" (ninety-minute session)
Unimed Hospital, RMHC, & Parish Ministries - Rural Mental Health
Outreach January 1996 Minot, ND
- 1995 "Dealing with Everyday Stress, Anxiety, & Fears" (two ninety-minute
Sessions Unimed Hospital, RMHC, & Parish Ministries - Rural Mental
Mental Health Outreach October 1995 Minot, ND
- 1995 "Mentoring" (guest speaker)
Minot Business Woman's Association, June 1995 Minot, ND
- 1995 "Lessons from the Geese" (two half-hour sessions)
Nurses' Week - St. Joseph's Hospital May 1995 Minot, ND
- 1993 "The Role of Nursing in Health Care"
Palm Beach County's Health Care Day (in association with St. Mary's Hospital West Palm Beach, FL
- 1991 "How to Deal with Abuse Cases Presenting in the E.R." (two-hour Session) Emergency and Transport
Update Conference sponsored by West Boca Medical Center October 1991, Florida
- 1991 "Healing the Inner Child - What to Do When Your Past Won't Go Away?" Fair Oaks Hospital - Professional
Education (one day), September & November 1991 Delray Beach, FL
- 1991 "Treatment Issues for Adult Survivors of Abuse" (one morning)
Social Service Department - Memorial Hospital, September 19, 1991 Hollywood, FL
- 1991 "When Love Turns to Violence - Treatment of the Abusive Family" (three hours) Fair Oaks Hospital -
Professional Education, July 19, 1991 Delray Beach, FL
- 1991 "Child Abuse - Prevention, Early Detection and Nursing Intervention"
(two 90-minute sessions), West Boca Medical Center, March 12 & 21, 1991 Delray Beach, FL
- 1990 "The Range of Dissociative Responses to Traumatic Events" (two-hour session) Fair Oaks Hospital -
Professional Education, November 1990 Delray Beach, FL
- 1990 "Survivors of Childhood Sexual Abuse: Identification and Treatment"
(two hours) 'Sex and Survival' - Fourth Annual Psychiatric Nursing
Conference Psychiatric Nursing Network, November 9, 1990 Hollywood, FL

- 1990 "Treatment Issues for Adult Survivors of Abuse"
(three-part presentation - two-hour sessions) September, October & November 1990
South County Community Mental Health Center, Delray Beach, FL
- 1990 "The Vicious Cycle of Child Abuse" (90-minute session September 18, 1990) Fair Oaks Hospital - General
Public Education, Boca Raton, FL
- 1990 "Breaking the Silence: Adult Survivors of Childhood Abuse" (two-hour
Session) Fair Oaks Hospital - General Public Education, June 18, 1990 Boca Raton, FL
- 1989 "Treatment Issues of the Obsessive Compulsive Patient" (two-hours)
Fair Oaks Hospital - Professional Education, October 27, 1998 Delray Beach, FL
- 1988 "Surviving Burnout" (one-day session)
U.T.E.P. Department of Continuing Education, October 28, 1988 Midland, TX
- 1988 "A Positive Approach to Death, Dying and AIDS" (morning session)
St. Matthews Church - Training Session for AIDS Support Group
Sponsor: Father Kenneth Ducree, October 15, 1988 El Paso, TX
- 1988 "Creative Use of Conflict and Its Management" (evening session October 15, 1998)
El Paso Administrators Association, El Paso Independent School District El Paso, TX
- 1988 "Communication Challenges Facing Nurses in the 80's" (one-day April 8, 1988)
U.T.E.P. Continuing Education Department, El Paso, TX
- 1987 "Making Contact' Guidelines for the Management of Out-of-Control
Behavior Mesilla Valley Hospital (one-day session June 1988 and March 1987), Las Cruces, NM
- 1988 "Stress and Relaxation Sessions - Skills to Cope"
(weekly one-hour sessions for College Students) Sponsor: C.N.A.H. Student Tutors
- 1988 "Introduction to Therapeutic Touch" (two-hour session)
Texas Student Nurses' Association Convention, El Paso, TX
- 1987 "A Comprehensive Program to Evaluate University Nursing Faculty for Merit"
Second National Conference on Faculty Evaluation & Development - 'Looking Ahead'
Panel Presentation with D. Corona and B. Groves Orlando, FL
- 1987 "The Suspicious and Withdrawn Individual" (one-day session - two-hour parts, March)
'Interviewing the Suspicious Individual' and 'Documentation'
U.T.E.P. - Department of Continuing Education, El Paso, TX
- 1987 "Psychiatric/Psychosocial Nursing Care" (one-day session January & June 1997)
NCLEX Board Review, U.T.E.P. Department of Continuing Education
- 1987 "Professional Nursing - The Role of the Clinical Nurse Specialist" (panel session February 1997)
U.T.E.P., El Paso, TX
- 1986 "Community Mental Health - Innovative Strategies" (evening discussion, October 1986)
U.T.E.P. - Graduate Mental Health Nursing Class, El Paso, TX

- 1986 “Psychosocial Assessment in the ER” (single session - ER Nursing Course, June 1986)
U.T.E.P. - Undergraduate Nursing Program, El Paso, TX
- 1986 “Communication” (two ninety-minute Guest Sessions, May 1986)
Conceptual Base for Nursing Practice - done each semester from 1985-1986
- 1986 “The Homeless - A Mental Health Care Issue” (single evening discussion, March 1986)
U.T.E.P. - Graduate Mental Health Nursing Class, El Paso, TX
- 1985 “Stress Reduction Techniques” (90-minute guest session, October 1985 & March 1985)
Conceptual Base for Nursing Practice, U.T.E.P. El Paso, TX
- 1985 “Making Contact: Guidelines for the Management of Out-of-Control Behavior”
Memorial General Hospital (one-day session, October 1985), Las Cruces, NM
- 1985 “Working with Difficult Patients and Their Psychosocial Needs” (Day session)
U.T.E.P. Continuing Education Program
- 1985 “Wellness Power” (one-day session October 1985) - Big Springs State Psychiatric Facility
U.T.E.P. Continuing Education Program, Big Springs, TX
- 1984 “Psychiatric Assessment” (single session, September 1984)
Memorial General Hospital, Las Cruces, NM

PROFESSIONAL MEETINGS AND CONTINUING EDUCATION PROGRAMS

- 2/8/2016 Title: Mental Health Care for Family Members of Post 9/11 Veterans: Practical Approaches to
Addressing the Impact of the Invisible Wounds of War on Families
Sponsor: McLean Hospital & Massachusetts General Hospital
Portland, OR (Webcast) (11.50 continuing education hours)
- 10/15 Title: Integrating Traditional Healing Practices into Counseling and Psychotherapy
Sponsor: Western Schools - Text
Place: Sherwood, Oregon (29 contact hours)
- 10/8-10/15 Title: 39th Annual Nurse Practitioner’s Conference
Sponsor: ONA & NPO
Place: Sunriver, Oregon (21.50 contact hours, 3.83 pharm)
- 8/21/15 Title: Prevention of Alzheimer’s Disease: The Role of Nutrition in Primary Care
Sponsor: Nurse Practitioner May 2015
Place: Sherwood, OR (2.0 contact hours, 0 pharm)
- 8/21/15 Title: Grief and Depression at the End of Life
Sponsor: Nurse Practitioner May 2015
Place: Sherwood, Oregon (2.0 contact hours, 0 pharm)
- 12/5/14 Title: DSM V and Its Clinical Implications
Sponsor: Portland State University – Continuing Education
Place: Portland, Oregon (6.0 contact hours, 0 pharm)

- 11/6/14 Title: Disarming the Narcissist: surviving and thriving with the Self-Absorbed
Sponsor: PESI
Place: Portland, Oregon (6 contact hours, 0 pharm)
- 10/8-10/14 Title: 38th Annual Nurse Practitioner's Conference
Sponsor: ONA & NPO
Place: Portland, Oregon (21contact hours, 2 pharm)
- 09/11/14 Title: Child & Adolescent Clinical Psychopharmacology
Sponsor: Western Schools
Place: Portland, Oregon (12 contact hours, 12 pharm)
- 4/18/14 Title: Perinatal Mental Health in 2014: Future Implications for Vulnerable Populations
Sponsor: University of Washington School of Nursing
Place: Seattle, Washington (7.0 contact hours, 1.0 pharm)
- 4/29/14 Title: Bloodborne Pathogen Update
Sponsor: Multnomah County Health Department
Place: Portland, Oregon
- 3/29/14 Title: 4th Annual Nurse Practitioners of Oregon Pharmacology Update
Sponsor: Nurse Practitioners of Oregon and Acute Care Ed
Place: Tualatin, Oregon (5.5 contact hours, 5.0 pharm)
- 2/13/14 Title: Clinical Review of BARS in Management of Violent Patients
Sponsor: Providence St. Vincent's Medical Center
Place: Beaverton, Oregon (1 contact hour)
- 2/06/14 Title: Autism Spectrum Disorder
Sponsor: Clinician Reviews
Place: Online activity, Sherwood, Oregon (1 contact hour)
- 10/04/14 Title: Health and Illness Beliefs among Roma in the Northwest
Sponsor: Providence St. Vincent Medical Center
Place: Beaverton, Oregon (2.4 contact hours)
- 11/19/13 Title: BLS for Healthcare Providers - part I
Sponsor: American Heart Association as part of certification
Place: University of Portland, Portland, Oregon
- 10/29/13 Title: The Trauma informed Brain: How Toxic Stress Shapes Neurobiology
Sponsor: VOA Al Forthan Scholarship Training Series
Place: Portland, Oregon (4 contact hours)
- 10/1/13 Title: The Anti-Inflammatory Diet
Sponsor: Arizona Center for Integrative Medicine
Place: Online activity, Sherwood, Oregon (4 contact hours)

10/3/13	Title: Handy Outline of Emergency Medications for Adults Sponsor: Acute Care Education Place: Eugene, Oregon (0.5 contact hours, 0.5 pharmacology)
10/3/13	Title: Independent Study Tidbits on Herbs Sponsor: Acute Care Education Place: Eugene, Oregon (0.5 contact hours, 0.5 pharmacology)
10/2-3/13	Title: 37th Annual Nurse Practitioners of Oregon Education Conference Sponsor: Acute Care Education and ONPA Place: Eugene, Oregon (11 contact hours, 2.58 pharmacology)
6/11/13	Title: Chemical Dependency and Addictions Sponsor: Providence St. Vincent Medical Center Place: Beaverton, OR (1 contact hour)
4/24/13	Title: From a Name to a Number Sponsor: Providence St. Vincent Medical Center Place: Beaverton, OR (1 contact hour)
2/18/13	Title: HIV/AIDS Sponsor: Advance Merion Matters Place: Sherwood, OR (2 contact hours)
2/21/13	Title: Personality Disorders In The Inpatient Setting Sponsor: Providence Medical Center (1 contact hour) Place: St. Vincent's Hospital Beaverton, OR
2/18/13	Title: Service Delivery for Refugees and Immigrants - from the Republics of the Former Soviet Union (1 contact hour) Sponsor: Providence St. Vincent Medical Center Place: St. Vincent's Hospital Beaverton, OR
2/7/13	Title: Prevention and Management of Assaultive Behavior Sponsor: Providence Medical Center Place: St. Vincent's Hospital Beaverton, OR (6 contact hours)
12/6/12	Title: Psychopharmacology: What you need to know about psychiatric medications Sponsor: CMI Education Institute Place: Portland, Oregon (6 contact hours)

Continuing Education Credits Prior to 2013 Available on Request

