

## COMMUNITY REFERRAL LIST

1. *Decide if need is urgent/emergent (consult 3rd party such as parents/insurance carrier, etc.)*
2. *If your condition is not an emergency, you can obtain a list of urgent care locations from the health center. You can contact your parents or insurance to determine which facility your insurance will cover.*

*Need assistance with transportation:*

- *Very Serious: Call 911 (on campus X4444) or ask any staff to call an ambulance*
- *Serious: Call 503-943-7161 (Public Safety)*
- *Not Serious: Ask a friend? Strategize with Hall Director, Assistant or Ra Reason requesting to be seen:*

### EMERGENCY

<b>Legacy Emanuel</b> 2801 N. Gantenbein Main 503-413-2200 ER 503-413-4121	<b>Legacy Good Samaritan</b> 1015 NW 22 <sup>nd</sup> Main 503-413-7711 ER 503-413-7260	<b>Kaiser Sunnyside</b> 10180 SE Sunnyside Main 503-652-2880 (Kaiser Patients Only)	<b>Providence – Portland</b> 4805 N. Glisan Main 503-215-1111 ER 503-215-6000
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### ZOOMCARE AND URGENT CARE

<b>Pearl District</b> 202 NW 13 <sup>th</sup> Ave 971-998-1011	<b>Alberta Street</b> 1400 NE Alberta St. 503-608-3080	<b>Kaiser Emergicenter</b> 3500 N Interstate No outside number (Kaiser Patients Only)	<b>N. Portland</b> 387 N. Mississippi Ave 503-608-3090
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### PHARMACIES

<b>Fred Meyer</b> 6850 N. Lombard 503-240-2733	<b>Walgreens – 24 hours</b> 2829 N. Lombard 503-737-0317	<b>Safeway</b> 8330 N. Ivanhoe 503-205-1600	<b>Rite Aid</b> 7440 N. Denver 503-286-5680
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### CLINICS

**Providence Family  
Medical Clinic (N. PDX)**  
4290 N. Interstate Ave  
503-215-3300

**Pacific Medical Group**  
6445 N. Greeley  
503-285-6607

**Dr. Turk**  
5228 N. Lombard St.  
503-289-7043

**Mike Mellum, DMD**  
8910 N. Kellogg  
503-286-4492

### OPTOMETRISTS

**N. Portland Optical**  
3246 N. Lombard  
503-285-1671

**St. Johns Vision Clinic**  
8523 N. Lombard  
503-286-5060

**Alberta Eye Center**  
2021 NE Alberta St.  
503-384-2489

### CHIROPRACTORS

**N. Portland Chiropractic Clinic, LLC**  
Dr. Bill Henderson  
3605 N. Lombard Ave  
503-285-4137

*Information provided for reference only. Due to frequent changes, the Health and Counseling Center cannot be held responsible for inaccurate information.*