

Confidential Advocacy Services Consent and Confidentiality Statement

Before you meet with a University of Portland Confidential Resource (CR), please read through this document containing important information about our services, policies, and procedures. **Please read it carefully and feel free to ask questions.** By agreeing to schedule an appointment you agree to the terms of service for Confidential Advocacy Services.

Scope of Services

Confidential Resources work to support UP students who have experiences of gendered or sexual violence on or off campus. We work with students to think through the safety, health, mental wellness, and academic support that they need, connect them with resources on campus, and in our larger community that can help to meet those needs. By seeking out people who are specifically titled Confidential Advocates you are working with people who are trained to provide trauma informed care.

Your initial advocacy appointment will be up to 45 minutes. You will meet with a UP staff or faculty whose training gives them the ability to work with survivors of gendered and sexually based violence on campus confidentially (not required to report to Title IX) and with legal privilege (confidentiality of information shared that might be relevant to a legal proceeding) if the survivor decides to pursue criminal charges against their perpetrator through their legal jurisdiction. The CR can help you think through the campus and community resources to help improve your safety, wellness, and/or academic success. The CR can with providing information about UP's Title IX reporting processes and help you think through whether the Title IX process makes sense for you based on your goals and needs.

In Case of Crisis

Scheduling with a Confidential Resource provides the CR with 24-hours advance notice of the meeting, so same-day appointments and weekend appointments aren't available. If you need immediate crisis support, please contact the Counseling Center at 503-943-7134 to be scheduled to meet with a clinician for a same-day crisis session Monday through Friday at 11:30am and 3:30pm as long as the Center is open.

After hours and on weekends, any active student at UP can contact the Pilot Helpline on-call counselor for support by calling 503-943-7134 and selecting option 3 in the voicemail message.

Consent to Service

To receive Confidential Resource services, we require your consent to and acknowledgement of the terms below:

1. I have the right to be informed of the services available and to discuss the services recommended for me with my CR.
2. I have the right to be informed of the potential risks and benefits of the services recommended to me.
3. I may be asked by the CR to give additional informed consent to request specific services.
4. No guarantees or promises can be made by the CR that the services being requested of campus resources and offices will be provided to me.
5. I understand that I have the right to refuse to continue with Confidential Advocacy Services at any time.
6. I certify that the information I provide is accurate to the best of my knowledge.
7. I acknowledge that the CR does not have the capacity to provide services outside of their posted hours.

8. I acknowledge that the CR does not provide mental health counseling services. Should a mental health emergency arise, I understand that it is my responsibility to contact the appropriate emergency response services listed above.

Confidentiality Statement

Although Oregon law provides confidential protections to those trained and working as a Confidential Advocate when functioning in that role, there are still limits.

- **First**, information shared about sexual assault, domestic violence and stalking on campus while the CR is **currently fulfilling other duties on campus is not confidential** (teaching, supervising students, etc.). So even if you see someone listed as a confidential advocate, you should **not** approach them about your support needs outside of their Confidential Advocacy hours.
- **Second**, the CR will submit resource, service and/or accommodation requests to the Advocacy Service Coordinator (ASC). It is the ASC's job to ask for resources requested. You will be asked to sign a Release of Information, which will allow the ASC to use your name and student ID number to request the campus services you've requested. Name and contact information may be requested to be revealed for services from community providers. No additional information will be provided.

There may be other limits. If any of the following concern you, please talk to the Confidential Advocate prior to sharing your personal information:

1. Most CRs are required by law to report if you disclose information about suspected abuse of a minor, elderly person, or person with a disability.
2. Some of the CRs are required by their specific field of practice to report if you reveal that you are an immediate danger of killing yourself or someone else.
3. If the confidentiality is otherwise waived by **you** by signing a Release of Information.
4. As may otherwise be required or allowed by law (for example, a court order to release the record).

On occasion, students may find themselves working alongside their CR as part of a university activity. In these situations, CRs take caution to protect the student's privacy and do not reveal whether any student has received Confidential Advocacy Services.