

DIVISION OF STUDENT AFFAIRS

REPORT TO THE BOARD OF REGENTS

JANUARY 2019







Dear Student Affairs Supporter,

Our first semester of the new academic year passed quickly and we are now into the work of the second semester. In the Division of Student Affairs, we are busy each day fulfilling our mission to help our students grow.

For each department, the crucial collaborative work in our Pilots Care program (comprising of Early Alert, Behavioral Intervention Threat Assessment (BITA), Green Dot, positive mental health awareness and much more) make our various duties and tasks more of a true service, a ministry, than a job to be completed. Our Holy Cross Founder, Blessed Basil Moreau, C.S.C. wrote, "God does not attach perfection to our extraordinary things; rather God attached it to a multitude of little acts which present themselves every day."

Within this edition of our board report, you will find many examples of the accomplishments of our dedicated employees and recent graduates. Our work has received awards internally (Staff Team Award 2019: Care Team) and externally (Rising Star Award: Student Activities). Yet together we are finding the truly lasting rewards are witnessing the kind of growth in faith and depth of character that takes place along the way; the multiple "little acts" that add up to something life changing for individuals and something for which we can give thanks to God.

Thank you all for your support.

A handwritten signature in black ink that reads "Rev. John Donato, C.S.C." The signature is written in a cursive, flowing style.

*Rev. John J. Donato, C.S.C.
Vice President for Student Affairs*



Michelle at a Salesforce conference, September, 2018.



Michelle on Mount Olympus, Salt Lake City, Utah.

Student Story: Teaching & Learning

BY MICHELLE MCLAREN

When I started my final semester at UP, I had a serious case of senioritis. Rather than skipping classes, I was daydreaming about exploring the world beyond UP. I had decided to move to Salt Lake City after graduation without knowing much about the area at all simply because it was somewhere new.

I didn't know anyone that I could ask for career advice who worked in the city, let alone in the surrounding areas. Instead I spent a fair amount of time in the Career Center, usually running to the last thirty minutes of drop-in hours between classes and getting as much help as I could. My resume was polished and refined time and time again, with minute details that I'd glossed over corrected by Max and Amy. I took their advice and networked, googled, and spent every Saturday applying to jobs. Outside of the location, the only other thing I knew for sure was that I wanted to work in IT.

Reality started to set in when I only heard back from a handful of companies out of the hundred-plus I had applied to. I had hoped for one position in particular and was devastated when I didn't hear back. As much as it hurt, I was able to learn how to accept being rejected; and through the tears, the nights spent eating Ben and Jerry's, and the help of the Career Center; I used the experience to improve my following interviews. During drop-in hours, I practiced interviewing, went over what I thought went wrong, came up with a few questions to

ask interviewers - the most notable one being "What would you bring to the team's potluck?"

Near the end of the semester, I had a final interview with a diagnostic group called BioFire in Salt Lake City. The company seemed genuinely interested in my story, the path I wanted to take, and whose panel thought long and hard over the potluck question. My gut said it went well, but I was wary to put all my eggs in one basket.

A few weeks later, I received a call in the middle of class, and learned that I was hired. I didn't know where I was going to live or what I was going to do in my spare time, but I had to trust myself and accept that this was what I wanted. I accepted the offer, and after my last final in December I packed up my things and headed eastward.

I will admit that starting a full-time software analyst position was scary. Since starting my job, I have failed many times, learned from my mistakes, and am now comfortable being uncomfortable with what is thrown my way. Each and every day I'm thankful that I've taken the risks I have for my career, for where I work, what I do and for those who have helped me learn along the way. The resources that UP and the Career Center have provided me with have been invaluable and have truly helped pave the way to where I am today.

Student Story: Service & Justice

BY RICK ADAMS

It's always an interesting exercise to reflect on how you arrived at the moment you currently reside in. For me, that moment is a December morning at the Northwest Immigrant Rights Project (NWIRP), a non-profit immigration law firm in Wenatchee, Washington, where I serve as a Jesuit Volunteer. My arrival at this point in my life has included both happy coincidences as well as intentional deliberation.

Throughout my life, I have developed a mix of skills and passions that currently align in my service at JVC NW. First, I was raised in a Spanish Immersion program and have considered myself bilingual for many years. This ability has opened countless doors for me, and has guided emerging passions along the way.

One of the most formative experiences from this bilingual educational foundation was having my worldview opened up as an intern at a Social Justice non-profit in Seattle, El Centro de la Raza. This opportunity allowed me to directly interact with people who faced clear injustice, and this confrontation with injustice left me feeling uncomfortable, frustrated and motivated. This was the summer before attending University of Portland, and I chose to study Political Science and Spanish as my majors to create more useful tools in understanding and unpacking this experience at El Centro.

I had other opportunities throughout my time at University of Portland which are essential for arriving at this present moment. My academic understanding was facilitated by my classes and supportive professors, such as my advisor Dr. Anne Santiago. This education and support nurtured my interest

in injustice, while other UP programs, such as the Moreau Center, facilitated experiences for me to witness first-hand what sorts of opportunities are available for this interest.

My senior year, I attended the Moreau Center's Rural Immersion, where I learned from farmers, immigration attorneys, and various non-profit organizations that are concerned with immigrant rights. Fortunately, we also visited the Yakima JVC NW community. This is where I became acquainted with someone who just finished their undergrad and now served full time as an Americore Volunteer with a non-profit immigration law firm. I realized that post grad service can be very meaningful and integrated, while it also serves as a break from funneling straight into grad school. I applied to JVC NW because of how their service opportunities aligned with my interests in immigration law and rights, and equally to my exposure to the opportunity.

Now, I serve as the intake coordinator at NWIRP, I interact with all our potential clients, comprehensively screening them for immigration relief. It can be a tough job; on a daily basis, I'm confronted with stories that include incredibly sensitive and traumatic experiences. While these intakes can be emotional and difficult, the benefit of the experience is undeniable. I feel like I am learning and challenged every day. I have a wealth of resources and information from my colleagues at NWIRP. And I get to return home every day to a loving, supportive community supplied by JVC NW. I feel so fortunate to be where I am, and I could not thank those who have helped arrive here enough.



Rich (right) with his JVC NW Community in Wenatchee, WA.



Moreau Center Rural Immersion



View of the Chapel of Christ the Teacher.



Corrado Hall residents on retreat.

Student Story: Faith & Formation

BY KERI DONELSON

Coming to the University of Portland was my first step in pursuing a career in Higher Education after earning my undergraduate degree.

In 2011 I was hired as an Assistant Hall Director for Corrado Hall, which allowed me to gain invaluable experience in the field of Student Affairs while earning my masters degree in Higher Education and Student Affairs.

Choosing to work at, and pursue my graduate education at a Catholic institution was an intentional choice. I wanted to continue incorporating faith into my graduate education just as I had for my undergraduate education at George Fox University. My faith has always been an important piece in making life decisions, and it was no different when it came to my education.

Due to simultaneously working and pursuing my graduate education at a Catholic institution, I was able to combine two of my passions when working on the practicum portions of my masters degree. I did this by working

with Campus Ministry to create a Leadership Development Curriculum for student leaders who work in Campus Ministry.

As simultaneously a student and an employee, I had the opportunity to meet and work with a multitude of people from a wide array of departments on campus. I was also encouraged to connect with and engage with the department that I was most interested in - Campus Ministry. Because of the hands-on experience I gained by working as an Assistant Hall Director, I was able to continue creating my personal philosophy on how to work with and develop students and student leaders through a lens of faith.

Stepping into a Hall Director role in the fall of 2017 opened more avenues for me to pursue my passion for incorporating faith into my student affairs work. I have had the opportunity to be a spiritual mentor for students across campus, and am now a co-instructor and advisor for the Faith and Formation Ambassador program.



Residence Life

In the first month of the semester, each residence hall took residents off campus to participate in their annual Hall Retreat. These retreats supported the mission of the Office of Residence Life by contributing to the formation of individuals through caring relationships and interactions between staff and students. During the nine separate Hall Retreats, almost 400 residents left campus to connect with each other, hall staff, their Pastoral Resident(s), and God, in beautiful retreat centers in Oregon. For returning residents, these retreats offer a chance to reconnect with friends after a summer away from campus. For new students, the retreat is an opportunity to make long-lasting connections to their new community. These retreats are impactful for students in so many ways; last year a student was so inspired at the retreat that after returning to campus he began the RCIA process and fully joined the Church at UP's Easter Vigil in the Spring. We look forward to seeing how these retreats help form our students and communities throughout the coming year.



Career Center

The Career Center hosted *International Experience: An Employer's Perspective* during International Education Week. Martina Hagan, B.A. Class of 2013 and MBA Class of 2018 shared her experiences as an undergraduate, her time studying abroad, as well as about her Fulbright Fellowship. As a Senior Recruiter at adidas, Martina talked to students about the value of international experience from an employer's perspective and tips for how to stand out when applying to internship and job opportunities.

International Experience: An Employer's Perspective was held on November 12, 2018. 17 students attended this workshop.



Moreau Center for Service & Justice

The North Portland Civil Rights Immersion was held during Fall Break, from October 13 – 18, 2018. Nine students and four staff attended this immersion. This new immersion experience journeyed a short distance from campus for a deep dive into the history and reality of the African American community in Portland. We were hosted by the First AME Zion Church in the historic Albina district who provided a home base for our group and extended a generous welcome. Students walked the neighborhood, toured historic Vanport and New Columbia, and visited with long-time residents and various community and non-profit leaders, including Urban League of Portland, Po'Shines Cafe, Mudbone Grown, Self Enhancement, Inc., Charles Jordan Community Center, Home Forward, Vanport Mosaic, and Village Gardens. Through rich conversations we explored themes of racism, displacement, gentrification, food sovereignty, access to education, and much more. We were inspired by stories of strength and resilience and challenged to evaluate our role both historically and moving forward as partners for change.



Public Safety

Public Safety continues to collaborate with other departments across campus in support of our students and greater UP Community. Public Safety is an active participant in the student care team, attending BITA meetings to determine how we can support and assist students who are struggling in a variety of ways. The department assists the Title IX team in support of our students, and has been a participant in the Jed Campus Implementation Committee helping to identify how we can reduce the risk of suicide in our community. Public Safety works closely with University Events in coordinating events on campus and has taken steps to improve security for events. The calls for service from students seeking assistance from Public Safety in a variety of ways remains high. This along with the expanding campus footprint due to the development of the Franz Campus has kept Public Safety Staff busy.



Campus Ministry

Each year, over fifty student leaders assist in guiding several of the programs offered by Campus Ministry. This wide array of student leaders and program offerings serves a broad range of the campus community. Yet, it can also create a situation where one group is not aware of what another group is doing. During the fall of 2018, Campus Ministry instituted a Student Leadership Cabinet, a monthly gathering of representatives from each of its student led programs. This gathering of 13 student leaders serves to help participants grow in awareness of the range of offerings in Campus Ministry as well as develop greater collaboration between the different programs. This cabinet also assists the Campus Ministry staff by providing insight into issues that are most pressing among our student body. During the fall semester the cabinet discussed such topics as how to draw peers into participation, engaging in conversations of faith, prayer needs of students, and relationship issues.



Student Activities

Step Up to Lead was held on September 8, 2018. 146 student leaders, including club president and treasurers, student government senators, diversity coordinators, immersion coordinators, service and justice coordinators, and community volunteer coordinators were in attendance. This orientation and training conference was designed to connect student to campus resources and to help prepare them for their leadership roles. Examples of sessions that were offered include, "Leading with your Values", "Recruitment, Retention, Motivation, and Delegation", "Behind the Big Ideas: Event Planning 101" and "How to Establish Your Group's Core Identity".

"There are many ways to run a successful club. It's important to be on the same page with your club officers about what the goals/mission of the club is, so you can actually make a connection with your members. Lastly, the president is NOT the club!"
 - Student feedback

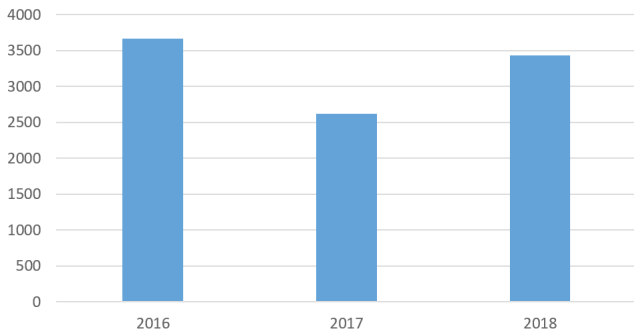


Health & Counseling Center

Top Reasons for Primary Care Visits

- Ear, Nose, and Throat*
- General Wellness Check-Ups*
- Sexual Health*
- Injuries and Accidents*

Utilization Rates-Primary Care 2016-2018



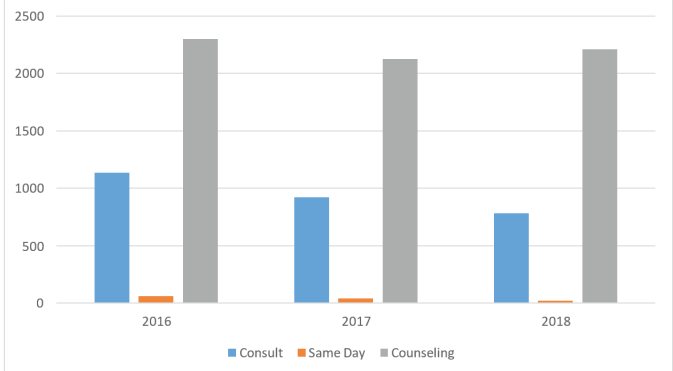
Year	Visits
2016	3664
2017	2615
2018	3430

The total number of primary care visits decreased in 2017, particularly during the Fall Semester, due to a significant transition in staff and the need to temporarily outsource our primary care services.

Top Reasons Students Seek Counseling Services

- Anxiety*
- Depression*
- Adjustment to College*
- Relationship Concerns*

Utilization Rates - Counseling 2016 - 2018



By Year	2016	2017	2018
Consult	1132	923	783
Same Day	57	39	21
Counseling	2299	2123	2210
Total	3488	3085	3014

In 2018, there was a decrease in same-day appointments which are reserved for students experiencing a mental health emergency. This decline may be due to the University's proactive efforts to support students with mental health concerns through an interdisciplinary, campus-wide approach, including the Early Alert and Behavioral Intervention and Threat Assessment Teams.



Jed Campus Implementation Subcommittee

Following the JED Foundation's campus visit and consultation services last year, they offered key recommendations to further enhance UP's mental health and suicide prevention efforts. The JED Committee at UP, chaired by the Director of the Health and Counseling Center, focused on these recommendations through the development of the following programs:

A coordinated, campus-wide **Campus Postvention Protocol** to provide support and consultation to the UP community in the aftermath of a campus suicide or sudden death of a student. Upon review of this program, the key advisors of the JED Foundation approved of this program and recommended it be used as an example of best practices for other colleges & universities developing similar protocols.

An **Academic Network for Mental Health**, comprised of UP faculty and staff members, to primarily serve as a resource for other faculty/staff needing expertise in working with students facing mental health concerns. Members of this academic network would receive focused training in college mental health, and be available for discussions about students of concern, helping to connect faculty/staff to the appropriate resources. Additionally, the academic network would be involved in ongoing mental health programming, and be identified as resources in the case of critical incidents on campus.





Care Teams: Early Alert & Behavioural Intervention Threat Assessment

The Care Teams meet weekly to discuss how to best support students who are in crisis or who may be struggling personally or academically. Early Alert team and the Behavioral Intervention and Threat Assessment (BITA) team were very busy during the fall semester.

The teams saw an **increase in Early Alert cases by 39%** from the previous fall semester.

During fall 2018, there were a total of 297 Early Alert cases, an **increase** from 213 during fall 2017. The breakdown of cases by issues were: mental health (98), injury/illness (78), academic (71), death/illness of friend/family (39), transition (7), access to resources (2), and impacted by a natural disaster (2). The breakdown by student type was: first year (139), non-first year (155), and graduate students (3).

The total number of BITA cases were 24 compared to 14 during fall 2017 which was a **71% increase**. The breakdown by student type was: first year (11), and non-first year (13).

The Care Teams were recognized for the support they offer students, and they received the **President's Team Award** at the annual Christmas Luncheon (pictured below). The Care Teams are comprised of the following staff members (left to right, above):

Dr. Matthew Rygg, Associate Vice President for Student Development (*BITA Chair*)

Gina Loschiavo, Care Team Coordinator (*Early Alert Co-Chair*)

Brenda Greiner, Director, Shepard Academic Resource Center (*Early Alert Co-Chair*)

Dr. Eliot Altschul, Associate Director of Counseling and Training

Courtney Campbell, Program Manager of First Year Programs

Matthew Daily, Associate Director for Special Populations and Learning Assistance

Dr. Carol Dell'Oliver, Director of the Health and Counseling Center

Gerald Gregg, Director of Public Safety

Dr. Elise Moentmann, Associate Provost

Andrew Weingarten, Director of Residence Life





ENGAGE

The University of Portland recently implemented a new platform, Engage.

Engage allows us to “connect students to meaningful and guided opportunities, easily manage and track their involvement, and showcase the university’s impact on the student experience.”

The platform helps students to find upcoming events, join clubs and organizations, and get connected to our community through a constantly updating newsfeed.

Engage is a centralized hub for student engagement and participation. Student organizations and events are managed through the platform; elections are run, approval forms are sought and gained and events are promoted.

Organizations are able to connect to a smartphone app that allows them to check-in participants at their events using an ID code that is unique to each student. This in turn allows students - and administrators - to track and verify students' participation over the course of their time at UP.

On these pages, you will see screen grabs of the Engage platform from the viewpoint of a user. We have highlighted the most commonly used pages; events, organizations, news and forms.

In the future, UP will implement Guided Pathways, which aim to “promote student success with intentional programming designed to lead students through a series of guided co-curricular paths and experiences.”

ORGANIZATIONS

Organizations

Search Organizations

Branches: Select branches

Categories: Select categories

REGISTER AN ORGANIZATION

- Accessible Education Services**
AES, part of the Shepard Academic Resource Center, facilitates the arranging accommodation plans and equal access to University p
- Active Minds**
This club actively works to address issues of mental health.
- Actually Gavin Improv**
Actually Gavin is a club open to all students that is dedicated to the telling. Also we make bad jokes. We have regular open rehearsals
- ActUP**
ActUP is about creating opportunities for students to be involved student productions.
- Adoration of the Blessed Sacrament**
Sponsored by Campus Ministry. Organization for managing and p adoration of the Blessed Sacrament at UP.
- ADvantage**
Student run graphic design/advertising service
- Alpha @ UP**
Alpha is a comfortable and safe place to talk with friends about fa questions, personal stories, and open minds are welcome. Also, w

EVENTS

Events

Search Events

Dates: Tomorrow This Weekend

Ending After Date: Select ending after date

Branches: Select branches

Themes: Select themes

Categories: Select categories

Perks: Credit Free Food Free Stuff

- HELLO MONDAY**
Monday RHS Tutoring
Monday, January 14 at 3:30PM PST
Roosevelt High School Library
- WELCOME BACK DINNER**
Monday, January 14 at 5:30PM PST
Bauccio Commons - Quiet Side
- Happy Tuesday**
Tuesday RHS Tutoring
Tuesday, January 15 at 3:30PM PST
Roosevelt High School Library
- EUCCHARISTIC ADORATION OF THE BLESSED SACRAMENT**
Tuesday, January 15 at 8:30PM PST
Chapel of Christ the Teacher
- Applying to be a First Year Workshop Leader?**
Application Prep- First Year Works...
Wednesday, January 16 at 4:15PM PST
Career Center, Dirigo Hall (Lower Level)
- Thursday**
Thursday RHS Tutoring
Thursday, January 17 at 2:00PM PST
Roosevelt High School Library



RISING STAR AWARD

The University of Portland was recently recognized by Campus Labs as a Rising Star in its annual awards program, for the innovative use of Engage.

The Campus Labs awards recognize institutions using the Campus Labs platform to drive genuine improvement and bold innovation on campus, from streamlining administrative processes to enhancing overall student experience.

University of Portland was named a winner in the Rising Star category, given to the campuses that, within one year of implementing their Campus Labs tool(s), have already shown they're on a unique and promising path to sustainable success.

"This awards program allows us to recognize our member campuses not just for the efforts they make, but also the impact they have demonstrated. Their focus, creativity and commitment to excellence have improved the quality of education for students, enhanced the effectiveness of resource utilization, and helped bring together faculty and staff across campus to make meaningful and sustainable change. It is incredibly rewarding to me and the entire Campus Labs team to see University of Portland recognized for their work."

- Annemieke Rice
Vice President for Campus Success at Campus Labs

NEWS

News

Search News Articles



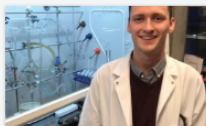
7-Minute Story Slam: Have a Funny Story
Tuesday, January 8, 2019
Posted by Sarah Nuxall for Garaventa Center
Submit your funniest story by 1/18 for a shot at winning!



Liturgical Ministries for the Spring
Friday, January 4, 2019
Posted by Fr. Tim Weed for Liturgical Ministries
Interested in serving at Sunday Mass as a Communion? Contact Fr. Tim Weed, C.S.C.



Enter the Clark Library Photo Contest
Friday, December 14, 2018
Posted by Diane Sotak for Clark Library
We are looking for photos that tell a story: landscapes, still life, portraiture). Entry deadline is 1/15/19.



Pre-Health Professions Alumni Spotlight
Friday, December 14, 2018
Posted by Sarah Schmits for Biology Department
Broderick House graduated from the bluff!



Social Justice Leadership Class this Spring
Monday, December 10, 2018
Posted by Amber Lefstead for Moreau Center
New this Spring! The Moreau Center for Social Justice Leadership: Theory & Practice (Co-ordinator)

FORMS

Forms

Search Available Forms

10 Available Forms

Showing 1-10 of 10

★ **Chalking Request Form**
End Date: Monday, August 10, 2099 11:30 AM

★ **Sales and Solicitation Request Form**
End Date: Thursday, September 10, 2099 4:15 PM

★ **Travel Request Form**
End Date: Wednesday, June 17, 2099 1:30 PM

★ **Application to be a Resident Assistant**
End Date: Friday, January 18, 2019 12:45 PM
Residence Life

★ **(test) Lead@UP Common Application - 2019-2020 Academic Year**
End Date: Monday, February 18, 2019 8:00 AM
Lead@UP

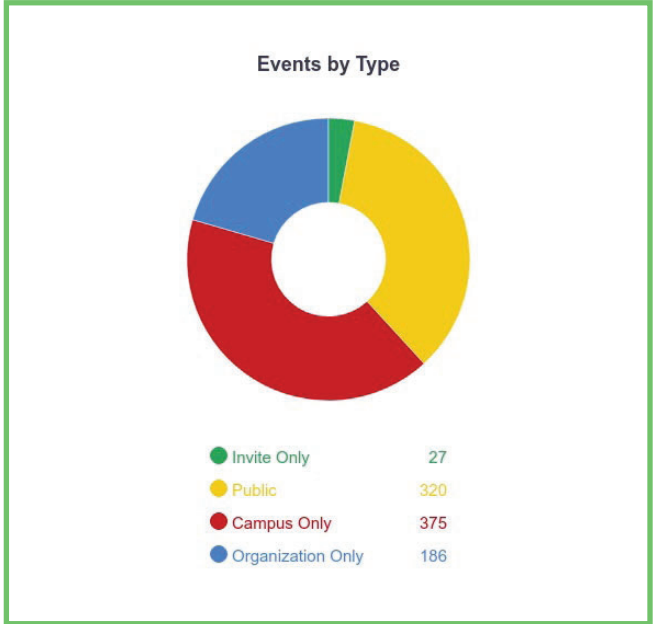
★ **Pilots Audio and Lighting Order Form**
End Date: Wednesday, December 2, 2099 11:00 AM
Pilot Audio and Lighting

2019 MLK Jr National Day of Service at UP Registration Form
End Date: Monday, January 21, 2019 2:00 PM
Moreau Center

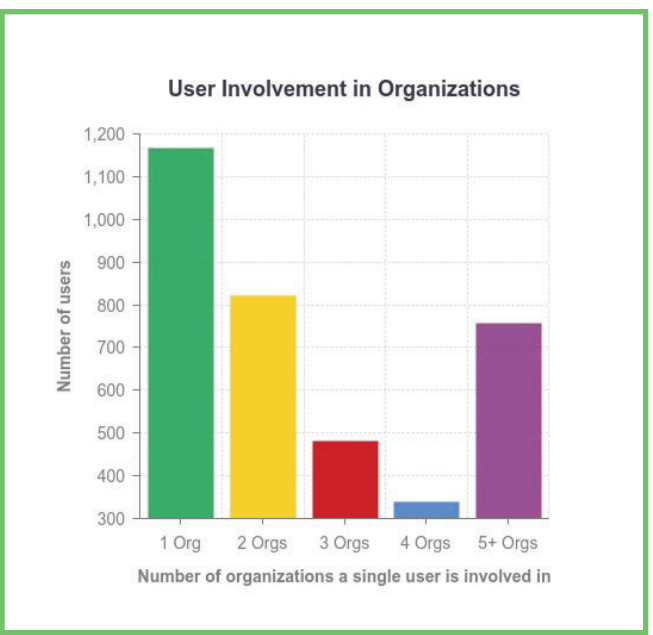
Advantage Order Form
End Date: Wednesday, October 14, 2099 11:45 AM
Advantage



7.5
Events per day
(average)



20
Members per organization
(median)





Campus Organizations in Engage



- Academic Programs 41
- Recognized Clubs 93
- Residence Life 12
- Student Life 69

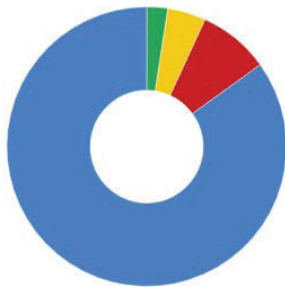
3 Largest Organizations

Student Nurses Association
882

First Generation Students
799

Franz Center for Leadership
470

Active Users in Engage



- Faculty 95
- Staff 173
- Alumni 319
- Students 3,317

3904

Total active users



txeT

ACKNOWLEDGMENTS

Design:
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