## Anchoring Families to UP



**Brenagh Sanford**, Assistant Director Shepard Academic Resource Center

Tamara Herdener, J.D.Associate Vice President for Student Development& Dean of Students



## **The Finish Line!**





## **Our Committed Faculty**





## **Good Friends Along the Way**





## **Dedicated Professional Staff**





## Supportive Parents and Family!



#### University 🐺

## 6 Tips for Student Growth & Development

## 1. See yourself as a coach.

Letting them go vs. Letting them grow.







#### 2. Set expectations.

Share yours and listen to your student's expectations regarding grades, work, travel, alcohol use, and finances.



# 3. Normalize transitional stress and encourage your student to engage in the community.

Know the resources available at UP and encourage them to seek support.







## 4. Keep in touch with your student.

Don't call every day, but check in from time to time to see how they are adjusting to their new "adult" life.



## 5. Encourage major and career clarity.

We have experts on campus to help your student discern their God-given talents, passions, and interests. Use them early!







6. Reach out to us if your student is struggling but not asking for help or can't ask for help.

We don't know what we don't know.



#### **Division of Student Affairs**



Fr. John Donato, C.S.C. Vice President for Student Affairs



Tamara Herdener, J.D. Associate Vice President for Student Development









Jo Cecilio *Director,* Moreau Center for Service & Justice

Fr. Peter Walsh, C.S.C. *Executive Director,* Mission & Ministry Michael McNerney Director, Campus Safety & Emergency Management







Andrew Weingarten *Director,* Residence Life, Housing & Student Conduct Jeromy Koffler *Director,* Student Activities



#### **Health and Wellness**



Kaylin Soldat Director, Student Health Center



Greg Peterson Director, Student Wellness Center



Ali Dunham Associate Director for Student Care



#### Student Affairs is Your Partner.





#### **Shepard Academic Resource Center**





## **Shepard Center**

The mission of the SARC is to join students in their learning process through outreach, mentoring, coaching, and modeling.

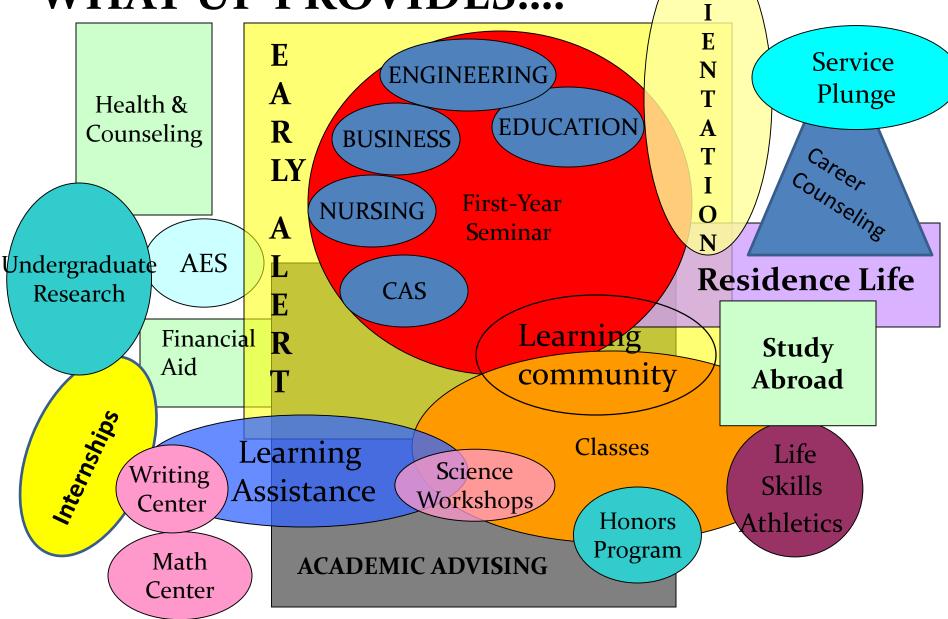
- Learning Commons
  - Peer tutoring assistance
- Accessible Education Services
  - Providing accommodations for students with disabilities
- First Generation Initiatives
- First Year Experience



## Who are First Years?

- HS seniors + vacation
- Never shared a room
- Family very involved
- Rarely keeps day timer
- Academic upheaval

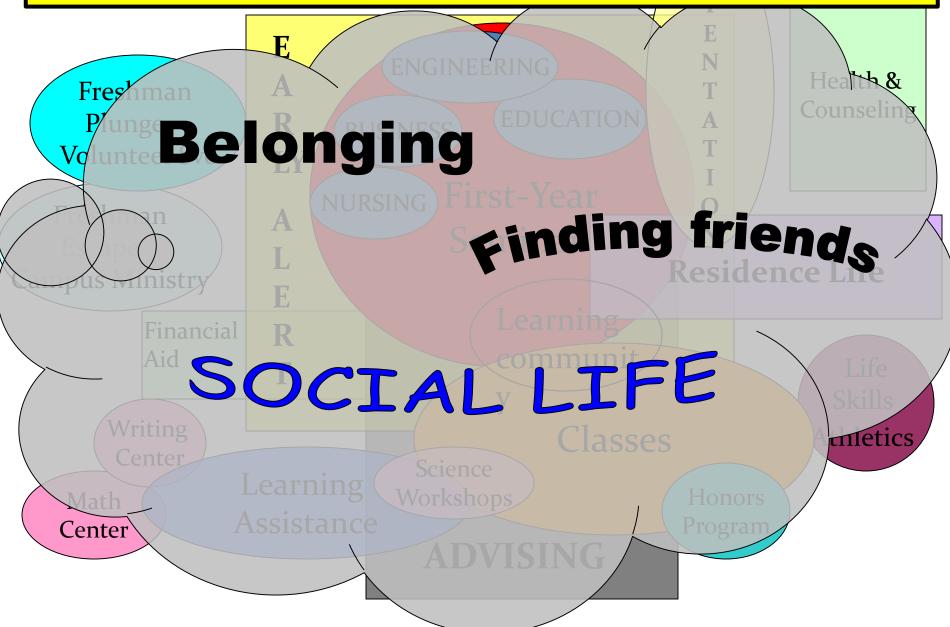
#### WHAT UP PROVIDES....



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#### WHAT FIRST YEAR STUDENTS SEE.... E ENGINEERING Heath& A Freshman R P/unge— Volunteer Svc LY $\mathbf{O}$ A L **Residence** Life E R Т metics Math Center

#### WHAT FIRST YEAR STUDENTS SEE....





## **Before they arrive on campus**

- Registration class 'cohorting'
  - BUS 100
  - ECN 120
  - MTH 161
- The Anchor



## The Anchor – seminar & workshop

- Campus resources
- Skills and strategies for navigating everyday university life
- Introduction to Core Curriculum and what a liberal arts education is
- Begins the development of academic identity



## **CARE Team**

The Care Team uses a case management model to connect students to the appropriate resources on and off campus. Our goal is to help students find the best supports to limit barriers and prevent the escalation of concerning behaviors so they can thrive on campus.



#### **Parent Engagement** Office of Alumni & Parent Relations

- Reach out at parents@up.edu
- Your source for monthly Parent & Family Newsletters
- Prompt support for questions and concerns
- Coordination of Family Weekends and other campus events for parents and families
- Communication over the span of the student's academic experience



## **Student Records and Information Release**

- FERPA Family Educational Rights and Privacy Act
  - FERPA is a Federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education.
  - Banner Proxy



## Bottom Line: Making Connections

- ✓ Find the students who are experiencing challenges
- Getting students connected to existing resources

Helping to make them sophomores

- Entering Fall 2000 retention at 83%
- Average of last five years 89%



## **UP Mobile App**



- General UP info
- Orientation Schedules
- Locations & Maps
- List of Campus Resources



## What's Next?

- This afternoon Directors and Staff are at the Open Houses to answer your questions.
- We are here for you.
  Just call, ask, write.



### Thank you! And, Go PILOTS!

**Brenagh Sanford**, *Assistant Director* Shepard Academic Resource Center sanford@up.edu | 503.943.8822

Tamara Herdener, J.D.

Associate Vice President for Student Development & Title IX Coordinator for Education studentaffairs@up.edu | 503.943.7118

