

DIVISION OF STUDENT AFFAIRS AND INCLUSIVE EXCELLENCE

Report to the Board of Regents
Spring 2025

STUDENT AFFAIRS AND INCLUSIVE EXCELLENCE

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MESSAGE FROM THE VICE PRESIDENT

Dear Regent,

It is a great privilege to have recently joined the University of Portland community as we continue our mission to educate the hands, hearts, and minds of our students. In the Division of Student Affairs and Inclusive Excellence, we are deeply committed to fostering a holistic student experience rooted in care, inclusion, and formation.

Our work is guided by the University's Catholic, Holy Cross values and the shared belief that every student deserves to feel a strong sense of belonging, purpose, and support throughout their educational journey. Each day, our team works to create spaces, programs, and opportunities that help students thrive—intellectually, socially, spiritually, and emotionally.

In this edition of the Board of Regents report, we highlight recent efforts from across our division, including Spring 2025 programs and services designed to engage, empower, and uplift our students.

Thank you for your steadfast support of the University of Portland and the students we are privileged to serve. *Go Pilots!*

With gratitude,

A handwritten signature in black ink, reading "Alvin A. Sturdivant". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

Alvin A. Sturdivant, Ed.D.

Vice President for Student Affairs
and Inclusive Excellence

CAMPUS MINISTRY

Departmental goal:

Implement the newly developed and launched Spirituality Ambassador Program.

The Spirituality Ambassador program that was developed to replace the Faith and Formation Ambassadors program was unsuccessful. After conversations with campus partners and students who expressed an interest in participation, Campus Ministry plans to initiate the **Campus Spirituality Team (CST)** for AY 25/26 by recruiting 5-6 students who will be directly involved in planning for and execution of Campus Ministry events.

A successful rebirth of Campus Ministry's flagship retreat experience, the **Encounter with Christ** retreat* was held at Camp Howard (weekend of March 14-16, 2025). With a student leadership team of 18 and 22 retreatants, supported by a staff of 4, feedback was extremely positive for both retreatants and student leaders alike. The hope would be to continue building on the momentum of this relaunch, with a **goal of 30 retreatants each time**.

**Retreat not held since February 2020*



Taken at Camp Howard (located at Corbett, OR)

"The reflection time, talks, confession and Mass made a big impact on me, but I would say that the time we had for prayer and reconciliation before Mass on Saturday evening was the most impactful." ~ student participant

Notable programming:

- Annual MLK Day On Prayer Vigil (in collaboration with the Office of DEI)
- Festive celebration of the Feast of Holy Cross founder Bl. Fr. Basil Moreau, C.S.C.
- Holy Week and Paschal Triduum (with 2 first communions on Palm Sunday, 1 baptism at the Easter Vigil, and **over 12 confirmations** on April 27 with Bishop Peter Smith, Auxiliary Bishop of the Archdiocese of Portland)

CAMPUS SAFETY AND EMERGENCY MANAGEMENT

Departmental goal:

Launch programs for key educational outreach for students, staff, and faculty with an emphasis on emergency preparedness, safety best practices, and environmentally-conscious transportation options.

Campus Safety department has **expanded the student employment program** to incorporate **6 students**, providing critical support within the office and parking enforcement. The department was able to **address 376 violations of parking policy** since January 1st, 2025 through the efforts of these diligent students.

Our Campus Safety Officers participated in three residence hall activities in alignment with the Residence Hall Liaison Program, totaling **more than 50 minutes per event**.

We have seen great success in communicating with students via the **Campus Safety Instagram** account. Several posts have achieved over two thousand views, and **one broke 89,000 views** (screenshot at right). Students express excitement and gratitude for these efforts to **communicate important information** to them.

89.6K Views



At the Leadership Awards ceremony held on April 10, 2025, **AJ Christensen** (Associate Director, Patrol Operations) was awarded the 2024-2025 Newcomer in Student Affairs.

CONGRATULATIONS TO AJ!



CENTER FOR GENDER AND SEXUALITY

Departmental goal:

Establishment of the new Center for Gender and Sexuality (CGS), with its campus presence and varied programming planned for AY 24/25.

Since its grand opening in October 2024, the Center has **served over 700** students, faculty, and staff in our UP community (**over 25 programming events in AY 24/25**, with 1 remaining event in the Spring 2025 semester).

Cross-divisional partnerships:

- School of Nursing and Health Innovations
- Wellness and Prevention Program
- UP Diversity Center
- Performing & Fine Arts Music Program
- “We Wore That” UP Fashion Club
- Basic Rights Oregon



Challenge:

Students faced hardships, insecurities and fear after the Trump Administration's Executive Orders nationally erasing trans rights and identities.

Initiatives:

- More tabling and events to support the lives and mental health of trans students
- Direct (confidential) email strategies to LGBTQ student populations to affirm programming, support and care for their identity and dignity
- More cross divisional programming and partnership was successful to demonstrate the universities full support of LGBTQ students, staff, and faculty

DIVERSITY, EQUITY AND INCLUSION

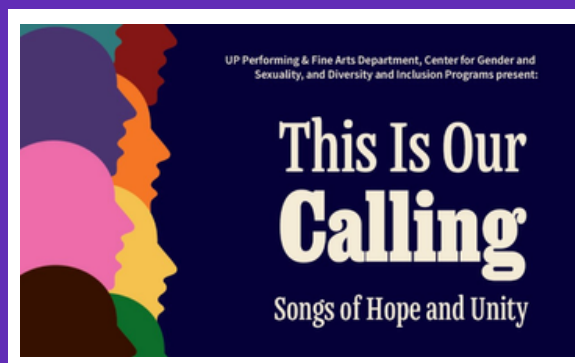
The Diversity Center continues to be a hub and gathering place **for all students** to study, collaborate, hang-out, learn about upcoming events, and receive advice or coaching on how to have difficult conversations with faculty, staff, or students.

Notable programming and services:

- A **Muslim Prayer Room** was added to the Diversity Center as a supplement to the larger one in Christie Hall (which has existed for 30+ years).
- Planned the **MLK Day ON** with the theme "**Hope Matters.**" This is the signature program put on by the Office of International Education, Diversity, and Inclusion. It has always been in partnership with Campus Ministry, Moreau Center for Service and Justice, and the Black Student Union, but this year was the first year the committee consisted of members from nearly every unit on campus. This year's event included a day of service, a multidisciplinary panel on why hope matters, an interfaith unity vigil in Chapel of Christ the Teacher, and a Mass at St. Mary's Cathedral of the Immaculate Conception.
- OIEDI/Diversity Center has continued a **collaboration with Constructive & Sustained Dialogues** (since Spring 2024) by holding a weekly drop-in lunchtime offering where students can openly bring questions or concerns regarding life, politics, religion, and world issues. We have also co-sponsored panels and forums on immigration, voting, and Israel/Palestine.
- Once per term, we (the faculty DEI committee, the Director of DEI, and the Director of the Center for Gender and Sexuality) bring together faculty and staff for a semi-informal sharing of diversity, equity, and inclusion efforts and/or challenges across campus.

Recent collaborative events:

- **Intersections of Race, Gender, and Sexuality In Queer BIPOC Experiences** (OIEDI/Diversity Center, Ethnic Studies Department, and the Gender and Sexuality Center) - a UP community conversation to highlight the ways in which race, gender, and sexuality shape personal and collective journeys.
- On April 12, 2025, UP Performing & Fine Arts Department, Center for Gender and Sexuality, and Diversity and Inclusion Programs presented ***This is Our Calling: Songs of Hope and Unity*** - a concert featuring UP Bel Canto, Chamber Choir and Singers, with powerful music of love, social justice, celebration and peace.



MOREAU CENTER FOR SERVICE AND JUSTICE

Departmental goals:

- Use storytelling and targeted outreach to reestablish awareness of the Moreau Center's role as a leading resource for community engagement.
- Employ marketing and communications that reflect and honor the students and communities we engage with to invite students, staff, faculty, alumni, and donors to meaningfully engage with the Moreau Center.

Notable programming:

Community Service Work Study

- **70 students** earning their Federal Work Study funds through jobs at various nonprofits (a drastic increase from 17 students employed in AY 22/23, and 46 in AY 23/24) which reflects increasing demand from students for opportunities to engage in the community while earning their work study funds. Students and nonprofit partners report significant personal growth, professional development, and community impact.

Indigenous Justice Immersion

- We collaborated with Dr. Alejandro Santana and the Ethnic Studies department in generously **sharing a grant to offer this inaugural immersion program** to 2 student leaders, 6 participants, and 2 staff. The immersion included a day trip to the Warm Springs Reservation and Eloheh Farms in Yamhill, OR.

Border Immersion

- 2 student leaders, 9 participants, and 2 staff traveled to Tucson, Arizona for this immersion - stirring a deep passion for **social justice and civic engagement** among participants.



MLK Day of Service

- **Over 90 Pilots engaged** in our MLK Day of Service, working alongside partners (to name a few: St. Andre Bessette, Our Village Gardens, St. Johns Swapnplay, Rose Haven, SOLVE Oregon) to help build a Beloved Community on our campus and in our Portland community neighborhood.

RESIDENCE LIFE

Departmental goal:

Complete strategic review of UP Housing and Residence Life programs and offerings.

Residence Life launched a new marketing strategy emphasizing pricing adjustments, promotional campaigns, housing upgrades, and upperclassmen-exclusive living areas. A sequential housing model was also developed, aligning housing options with students' developmental stages, from community-based halls for underclassmen to independent living for upperclassmen.

EAST QUAD

- Shipstad Hall
- Kenna Hall
- Christie Hall

~ For first-year and sophomores ~

WEST QUAD

- Mehling Hall
- Villa Maria Hall
- Corrado Hall

NORTH QUAD

- Haggerty & Tyson apartments
- Lund Family Hall
- Fields, and Schoenfeldt Halls

~ For juniors and seniors only ~

Shipstad Hall - Relaunch in August 2025

Recently produced video highlights the new residential housing changes



A rendering of furniture planned for Shipstad's first-floor lounge, with a modern phone booth for students' privacy to take calls

STUDENT ACTIVITIES

Associated Students of the University of Portland (ASUP) celebrated its 75th anniversary on April 7, 2025. The celebration involved a slide show of historical photos, a presentation on the current structure of student government, and a birthday cake.

ASUP's award winner for Student Organization of the Year 2024-2025

KDUP has fully transitioned back to on-air programming online at kdup.up.edu, and students have volunteered as DJs, getting trained on the production software, and putting together weekly showcases of new, local, and favorite artists. KDUP's recent *Smash The Bluff* outdoor concert drew **over 250 participants**.



Notable programming:

- **25-50 students per day** are utilizing the **Commuter Student Lounge**, with the lunch hour as the most popular time of day.
- **Over 200 students** are attending **Pilots After Dark** events each Friday and Saturday evening, and **300 students** are dropping by **Espresso UP** on Wednesday evenings.
- Nearly **700 students** attended **CPB's Rock the Bluff** concert which featured Del Water Gap with special guests Verb8tim.
- **Pilot Express**, our student-run shuttle service to the airport and train station has provided rides to **300-400 students** this year.

Recognized 7 new clubs:

- Archaeological Society
- Disabled Student Union
- Miniatures Club
- Table Tennis Club
- Women in Leadership
- Reproductive Justice Club
- Social Justice Club

Reinstated 4 clubs:

- Ski & Snowboard Club
- Physics Club
- Philosophy Club
- La Mesa Radonda



CONGRATULATIONS TO NANCY!

At the Leadership Awards ceremony held on April 10, 2025, **Nancy Copic** (*Assistant Director of Student Media*) was honored as recipient of the 2024-2025 Outstanding Contributor to Core Themes award.

STUDENT HEALTH & COUNSELING CENTER

Departmental goal:

Primary Care - Partner with the School of Nursing & Health Innovations (SONHI) to develop a preceptorship program for students in the Doctor of Nursing Practice (DNP) Program expanding Primary Care service availability to UP students.

Health Center:

- **Hosted two DNP students** this year, one in the Fall and one in the Spring. The DNP students worked collaboratively with HCC clinicians in delivering care to students and completed their DNP projects in the clinic.
- Built infrastructure including processes, policies, and technological resources to support a **continued partnership with the SONHI** – includes hosting dedicated clinics for undergraduate nursing students to complete medical requirements for clinical rotations.

Academic Year	22/23	23/24	24/25
# of Appointments	1713	1527	1434
Unique Patients	918	742	700
UP Enrollment	3425	3152	3077
% Student Population Seen	27%	24%	23%

Appointment volume has decreased since implementing insurance billing in 2024 and with decreased enrollment. **Medical appointments have continued to be available same day or next day.**

Top reasons for appointment (AY 24/25):

1. Upper respiratory infections
2. Anxiety
3. Gynecological concerns
4. Depression
5. Testing for STIs
6. Urinary concerns
7. Insomnia, Fatigue

Revenue Generation
over \$150,000
insurance billing started in January 2024



STUDENT HEALTH & COUNSELING CENTER

Departmental goal:

Counseling - Establish easy access to UP Counseling services through a streamlined process and various same-day/next day appointments and maintain scheduling within one week or less from initial contact. Utilize referrals to additional adjacent counseling resources (BetterMynd, a 3rd party teletherapy partner), Teladoc (PacificSource teletherapy option), and Restore Therapy (Community Counseling Collaborative) and other non-counseling campus partners to support this access.

Status:

- Triage (consult) appointments have remained **available within 1 week of initial contact throughout the semester, averaging 4.4 days.**
- The Counseling team restructured the schedule – **increased flexibility and prioritized access to triage and crisis appointments.**
- Available virtual services through vendors, yet students have shown a **strong preference for in-person counseling on campus.**

Crisis appointments increased to 80 this AY 24/25 (from 6 in AY 23/24, and 15 in AY 22/23) due to (in part) a broadened definition of crisis and increased access to these appointments for students in distress. An increase in mental health acuity in the student population also contributed to this volume change. **This year, any student identifying in a crisis has been accommodated the same or next day.**

Appointment - Type	Count
Triage (Consult)	225
Individual Appointments (Therapy)	716
Crisis Appointment	80
Total	1,021

Group counseling resumed this year with an anxiety skills group being especially well attended. We plan to increase group counseling offerings in AY 25/26.



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STUDENT WELLNESS CENTER

Departmental goal:

Make wellness programming and services more equitable, accessible, and applicable for all students, with attention devoted to students and colleagues from marginalized communities.

Notable programming:

- **Wellness Promotion** has made **over 2470 points of significant engagement with students** promoting essential health and wellness knowledge, awareness, and behaviors, including distress management, sleep, substance use and misuse, and promoting campus health and wellness resources. We also laid the foundation for the creation of a campus Recovery Community, which supports students who want to make healthy choices about alcohol and other drug use.
- **Interpersonal Violence Prevention and Survivor Support** has made **over 980 points of significant engagement with the UP community** providing knowledge, awareness and skills in stopping interpersonal violence on campus, promoting healthy relationship skills, and supporting survivors.
- **The Care Team** has responded to early concerns from the UP community about **665 students** by reaching out and offering resources and support for a variety of challenges. The Team has also directly **engaged with 40 students** referred due to concerns about acute functional impairment or risk of harm to self or others; provided 1:1 meetings, selective outreach to campus partners to provide support, and/or referral to campus and community service providers.
- To reduce food insecurity on campus, **StockUP** basic needs pantry provided food and hygiene necessities to **170 students**.



Initiatives:

- Wellness Promotion has two monthly newsletters, one for students and one for staff/faculty.
- Broadening awareness of our services through promotions on monitors in common areas on campus.

