

# **DIVISION OF STUDENT AFFAIRS**

**REPORT TO THE BOARD OF REGENTS**

**MAY 2019**











Dear Student Affairs Supporter,

The academic year has passed quickly and with this May report we celebrate another year of great accomplishments from our outstanding student leaders and professional staff.

In this edition of the Student Affairs report to the Board of Regents, our seven departments update us on their recent endeavors and provide fantastic examples of the creative programs designed to meet our specific needs and objectives, and show the variety of activities we offer to our students.

As many of you know, the University of Portland continues to reach out to students to promote positive mental health and works to continuously improve our program offerings. A sampling of the Health and Counseling Center programs are shown, alongside an update on the work of the Jed Campus Implementation Committee which has been enacting the recommendations first received in the March 2016 report from the Presidential Ad Hoc Panel on Mental Health.

The issue concludes with a glimpse into our second annual Student Affairs Leadership Awards Banquet in which we honored our finest student leaders, faculty advisors and mentors, student affairs professionals, and programs.

I am proud of the great work of our students and my colleagues. Blessed is the work of the University of Portland. We can be confident the vision of our Holy Cross Founder Blessed Basil Moreau, to educate minds and form hearts, is well and alive.

Go Pilots!

*For John Donato, C.S.C.*

*Rev. John J. Donato, C.S.C.  
Vice President for Student Affairs*

# DEPARTMENT HIGHLIGHTS

## MOREAU CENTER FOR SERVICE & JUSTICE

This spring Irene Routté developed and taught a new course offered in collaboration with the Franz Center for Leadership - **LDR 392 Social Justice Leadership: Theory and Practice**. Fourteen students from a variety of majors enrolled in this inaugural course. They studied past and current theory and practice on purposeful leadership on social justice and advocacy at a community level, providing them with tools to begin developing self-reflective plans of action for purposeful engagement and effective change in their chosen communities. The course included presentations from local non-profit leaders and activists, such as Cameron Whitten, Executive Director Q Center; Will Layng, Executive Director Portland Jobs with Justice; Melody Martinez, Oregon State Director, Social Justice Fund Northwest; and Court Morse, Equity & Inclusion Program Manager at Prosper Portland.

Tshombé Brown served on the Advisory Committee for the **20th Continuums of Service Conference** held at the University of San Diego March 6-8, 2019. The theme of the conference was *Beyond Borders: Embracing Multiple Ways of Knowing and Being*. Together with 16 other individuals from across the Campus Compact Western

Region, Tshombé helped set the vision and theme, select keynote speakers, and choose the style and format of conference sessions. In addition, Tshombé opened the conference on Day 1 with Mila Buckland, Curriculum and Training Manager at Campus Compact of Oregon. His participation provided visibility and recognition for UP among this group of service-learning professionals and practitioners from 8 states in the West and beyond.

On February 5, several Service and Justice Student Coordinators (SJs) joined others at the Portland airport to welcome a refugee family of 11 from the Democratic Republic of Congo, holding a sign in the family's native language. Energized by this event, the SJC's organized **Resettled: A Forum on Refugee Resettlement Justice & Action** on April 9 to help their peers learn about this important issue. More than 53 students, faculty and staff engaged with a panel of experts, including Dr. Lara-Zuzan Goleosorkhi, Visiting Assistant Professor in Political Science; Angela Owen, Senior Program Officer, Mercy Corps; Matthew Westerbeck, Program Manager, Catholic Charities; and Rep. Carla Piluso, Oregon House District 50.



Moriah Ratner/OPB



# CAREER CENTER

## Outreach:

The Career Center was represented in over 175 career programs and activities across campus including class presentations, employer information sessions, student club/organization activities, and student leader programs and reached over 5,000 attendees.

## New Programs:

*Connections and Internships for Students of Color*, a new Diversity Dialogues week program, offered a space for students to learn from experts working to build a more inclusive Portland. Students explored how to bring their unique voice and lived experiences into professional conversations and gained advice about the importance of connection in finding professional opportunities.

## Internships:

177 reported internships in Summer 2018; 76 reported internships in Fall 2018; 43 Multiple Engineering Cooperative Program (MECOP) internships spanning Summer and Fall of 2018; and 53 reported internships in Spring 2019.

## Drop-In Hours in Buckley Center:

The Career Center expanded its presence in alternate locations by hosting weekly Drop-In Hours in the Buckley Center.

## Handshake:

UP is connected to over 11,000 employers and 53% of students have activated their Handshake accounts.

## Pop-Ups:

The Career Center continued to be present monthly during Espresso UP and increased its presence in a variety of campus locations through “pop-up” tables.

## Appointments:

869 individual appointments completed; 525 of which were drop-ins.

99% of clients who had individual appointments indicated they know their next step, 98% indicated they know what resources are available to them, and 96% of clients indicated that they feel confident in moving forward with their plan after meeting with a staff member.





## CAMPUS MINISTRY

**Retreats** continue to be a powerful way to provide students with times to step out of their regular routines and into a space to reflect on their faith. From the Hall Retreats, to the Encounter with Christ Retreat, to Silent and Discernment Retreats, there were 18 retreats offered for 660 students in total in this academic year.

Over Spring Break, the **Chapel Choir** took a tour to South Bend, Indiana, visiting the University of Notre Dame, Moreau Seminary, local parishes and high schools, as well as the retirement community of Holy Cross priests and brothers. It was a wonderful, mutually beneficial experience for all 19 students who were involved.

Campus Ministry continues to **collaborate with departments** around campus. Examples include: *Advent Lessons and Carols*, and Junior Parents Weekend *Wind Symphony/Chapel Choir Concert* with the Music Department; *Opus Prize Prayer Service* with the Opus Prize planning committee; *MLK Prayer Service* with the Moreau Center and Diversity and Inclusion Programs; *Our Lady of Guadalupe Mass*, *Visio Divina*, and *Did You Know* series with the Garaventa Center.



## RESIDENCE LIFE

The Residence Life team enhanced their support for the coordination and management of student of concern cases. **Early Alert and BITA cases** are increasing in number and approximately 70% of cases each semester involve students living on campus.

An important aspect in Residence Life is the continued development of the **hall ambassador program**. Approximately 50 students each year serve in leadership roles in the residence halls as Peer Wellness Ambassadors, Sustainability Innovation Ambassadors, Academic Resource Ambassadors, Intercultural Engagement Ambassadors, and Faith and Formation Ambassadors. Hall ambassadors play a vital role in building community and helping to transcend the traditional boundaries of the classroom and provide resident students with learning opportunities in and outside the residence halls. These positions also represent wonderful collaborations between Residence Life and campus partners including the School of Nursing, the Shiley School of Engineering, Campus Ministry, the Moreau Center for Service and Justice, the Shephard Academic Resource Center, and the Health and Counseling Center.

The 2019-20 academic year will be an exciting one for the Residence Life team as there will be **several key personnel transitions**. Four current Hall Directors have announced that they will leave UP this May for new and exciting career opportunities. The department is also excited to see some of their Assistant Hall Directors earn their graduate degrees this May and transition to Hall Director roles. There will also be a new Housing Coordinator, a key member of the housing team in the central Residence Life office. The department will open the residence halls in August 2019 with a wonderful team of people who will be ready to provide expert care and support for UP's students.







## STUDENT ACTIVITIES

270 families participated in **Junior Parents and Families Weekend**.

**New office space** was constructed in St. Mary's Student Center to add a new Diversity and Inclusion Office, and to add a reception area for the department, a new office for the Associate Director, and a conference room.

**Pilots After Dark** continued to draw large numbers of students each Friday and Saturday evening, averaging nearly 800 students per night.

Diversity and Inclusion Programs created a new series, **Pilot Paint**, inviting members of the community to come together to create art in celebration of various cultural heritage months and to address issues of power, oppression, diversity, and social justice.

**The Beacon** continues to win numerous awards on a state and national level.

Over 1,500 different events were posted in **Engage** this year.

**14 new clubs were established:** A Moment of Magic, American Medical Women's Association, Club Basketball (*Re-established, dormant since 2011*), Jewish Student Union (*Re-established, dormant since 1977*), Magic the Gathering Club, Mixed Student Union, Nutrition and Healthy Eating Club, Pre-Law Society (*Re-established, dormant since 2013*), Real Estate Club, Sales Club, South Asian Student Union, Super Smash Brothers Club, UPCyber, and Women of Color.

### Student Media Guide Review

The student media guide has been updated; the last time was in February 2006. Over the course of the year, Nancy Copic, Assistant Director for Student Media and Dr. Jeromy Koffler, Director of Student Activities took steps to revise and modernize the document. A proposal sent to the Presidential Advisory Committee for Student Media adds a section on Ethical Standards, particularly for photo and videojournalists, and outlines changes to update the document to reflect that The Beacon is now only published on-line.

## PUBLIC SAFETY

UP's footprint has expanded to include the Franz Campus, property on the Willamette River. With the expansion and increased activity on the Franz campus, as well as continued increases in request for services from the UP Community, Public Safety has increased the number of officers by two. The first position was approved effective July 1, 2019 and the second position was approved effective March 1, 2020. This will enable Public Safety to better respond to calls for service and serve the growing needs of the community. The public safety of the University continues to be our highest priority.





## EARLY ALERT CARE TEAM & BITA

The Early Alert/Care Team and Behavioral Intervention and Threat Assessment (BITA) Team continue to manage a growing number of student cases.

**The Early Alert/Care Team team saw a 45% increase in cases.** The total number of Early Alert/Care Team cases to date is 212, compared to 146 in Spring 2018.

The breakdown of student of concern cases by issue is: Academic (66), Mental health (62), Injury/illness (55), Death/illness of friend/family member (24), and Access to resources (5). The breakdown by student categories is: First year (76), Non-first year (136).

**The BITA Team manages cases that are more acute in nature and involve and threat to self or others. The Team saw a 53% increase in cases** with 29 cases to date compared to 19 in Spring 2018. The breakdown by student category is: First year (12), Non-first year (17).

## TITLE IX EDUCATION OUTREACH & PROMOTION

Education is the key to creating a more just campus community and society – one in which incidents of sexual and gender-based harassment, misconduct, and violence are prevented. This academic year, the Title IX team reached many individuals across campus with our education efforts:

**1,615 faculty, staff, and students** participated in **Green Dot bystander intervention** trainings.

**865 first-year students** participated in **“Talk About It”** education sessions in the residence halls that focused on consent, intoxication and incapacitation, Title IX resources, reporting, and support.

**340 students** and student-athletes participated in a **consent education workshop** facilitated by Mike Domitrz, a nationally recognized speaker in this area. Mike will be returning in Fall 2019 to speak to all first-year students during Orientation.

**237 students and staff** attended a 90-minute educational session called **Through the Fog**, which was created and facilitated by Allie Hill (Associate Professor, International Languages & Cultures and Deputy Title IX Coordinator for Education), Sarina Saturn (Assistant Professor, Psychological Sciences), and Jeff Kerssen-Griep (Professor, Communication Studies). In these sessions, students and staff discussed issues of power and privilege as they relate to relationships and sexual violence.

**99%** of on-campus students and **97%** of off-campus students completed both **online sexual assault and alcohol education trainings**.

**241 faculty, 270 student athletes, 54 resident assistants, 95 staff and administrators, and all members of the President’s Leadership Cabinet** attended **Title IX workshops** that provided education about Title IX policies and processes, reporting responsibilities, consent, and how to respond to a student who reports a Title IX situation.

It should be noted, the above list does not include other excellent Title IX-related programs provided by Students against Sexual Assault (SASA) and other student groups and University departments.



## HEALTH & COUNSELING CENTER

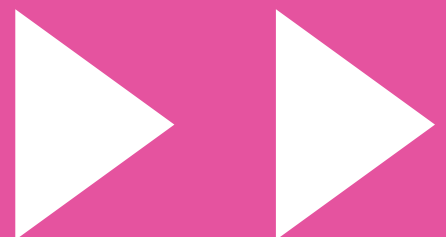
In the Fall of 2015, the President of the University of Portland, Fr. Mark Poorman, created an ad hoc panel charged with the responsibility of **creating sustained initiatives** to promote student mental health and wellness on campus. Fr. Poorman asked the panel to identify best practices and provide recommendations for offering the most effective services and structures for supporting students. The following are the **six key recommendations** from the report on the ad hoc panel on mental health:

- 1) Improve publicly available information and communication about mental health.
- 2) Clarify policies and procedures related to mental health.
- 3) Improve scope and depth of training related to mental health.
- 4) Provide additional after-hours services for students of concern.
- 5) Further support and elevate counseling services.
- 6) Continue proactive and intentional engagement with campus mental health and resilience.

**There has been progress on all of these key recommendations** since the report was released in 2016. The University has engaged with the JED Foundation Campus Program to enhance student mental health and suicide prevention efforts, including the development of a comprehensive protocol for how the UP community can respond to support students and staff in the aftermath of a sudden death or suicide. Additionally, an extensive training program was developed for helping faculty and staff members learn effective ways to interact with students in distress and connect them to campus resources. Further progress is needed to expand the physical space of the Health and Counseling Center to allow for additional counseling offices and space for educational workshops and confidential group meetings.



## HEALTH & COUNSELING CENTER PROGRAMMING





Pedal your way to a healthy snack!

## BLENDER BIKE

Presented by the Health & Counseling Center  
Come ride away from the stress by making  
yourself a healthy smoothie!

Smoothie  
Recipe Ideas!

Healthy Snack  
Ideas!



*blend up a smoothie at  
Pilot House!!*

The HCC aims to be  
accessible to students  
by meeting them in their  
spaces and creating  
a comfortable  
environment to talk  
about wellbeing.

## MINDFUL EATING- FOOD AS MEDICINE


The quiet side of the Bauccio Commons on  
Thursday, February 28 at 12:45pm.

JOIN US WITH NUTRITION PROFESSOR TANYA  
BACHMAN, TO DISCUSS THE HEALING POWERS  
OF FOOD IN YOUR BODY!

*There will be free snacks provided!!*

Register on Engage or by emailing [labontec20@up.edu](mailto:labontec20@up.edu)

For questions or ADA accommodations, please contact Aubrey LaBonte at  
[labontec20@up.edu](mailto:labontec20@up.edu)



THE HEALTH AND COUNSELING CENTER PRESENTS

## FLU SHOT CLINIC

GET YOUR FLU SHOT FOR \$20  
PAY WITH CASH OR CHARGE TO YOUR  
STUDENT ACCOUNT

SEPTEMBER 25TH AND 26TH  
11:00AM - 1:30PM  
BAUCCIO COMMONS

## GREEN DOT TRAINING

October 27th 10am-5pm  
Franz 120

Interested in bystander intervention training? Sign up for  
Green Dot training on Saturday, October 27th! Meals &  
snacks provided and all participants get a free T-shirt!

Sign up by emailing [coharam@up.edu](mailto:coharam@up.edu)





De-stressing with Harley  
the therapy dog! ☆

UNIVERSITY OF PORTLAND  
HEALTH AND COUNSELING  
CENTER

**DID YOU KNOW:**  
THE HEALTH CARE  
PROVIDERS AT THE  
HCC CAN TEACH  
YOU HOW TO DO  
THESE EXAMS  
YOURSELF

**AND**  
**IT'S FREE!**

University of Portland

WHICH  
CANCER  
SCREENING IS  
RIGHT FOR  
YOU?

AN INCLUSIVE GUIDE TO  
CANCER SCREENINGS YOU  
MAY NEED.

IF YOU HAVE  
QUESTIONS, CO  
THE HEALTH  
COUNSELING CE

Make an appointment at  
503.943.7134  
or  
hcc@up.edu

# WORLD MENTAL HEALTH DAY

OCTOBER 10, 2018

BE PROACTIVE AND TALK  
ABOUT MENTAL HEALTH

8:00AM-10:00AM  
BEUCHAMP RECREATION AND  
WELLNESS CENTER  
NUTRITION TIPS, EASY YOGA POSES  
AND STRESS RELIEVING WRITING  
PROMPTS  
11:00AM-2:00PM  
CLARK LIBRARY  
PICK UP SOME TEA, HOT COCO, AND  
YUMMY SNACKS  
6:00PM-7:00PM  
BAUCCIO COMMONS  
PICK UP SOME FREE STRESS LESS  
KITS  
8:00PM-8:00PM  
ST. MARY'S STUDENT CENTER  
ESPRESSO UP, SERVICE DOGS AND  
STRESS BALL MAKING

Throughout the year  
Health Center employees  
hosted discussions  
in campus residence  
halls, including men's  
wellness night, women's  
wellness night, dealing  
with stress, and  
Green Dot overviews.

Remove  
After  
Exam

Jan  
Feb  
Mar  
Apr  
May  
Jun  
Jul  
Aug  
Sep  
Oct  
Nov  
Dec

## Early Detection for Testicular Cancer

One out of every 270 men will get testicular cancer. The disease most often affects men between ages 20 and 45, although it can start at any age.

A lump is often the first symptom of testicular cancer. Become familiar with your testicles so you'll know when a change occurs and can contact a doctor. The ideal time to do a testicular exam is after a shower or bath.

**After a Shower:**

**FEBRUARY 11TH-15TH**

# FREE STD TESTING

Make an appointment for free CDC recommended  
testing at the Health & Counseling Center by calling  
503-943-7134

**TESTING IS SAFE,  
CONFIDENTIAL &  
NONJUDGEMENTAL**

Testing is available at the Health & Counseling Center year-round, but will be  
free Feb. 11 - 15th.  
Visit the Health & Counseling Center website for more information on STD  
testing: [up.edu/healthcenter](http://up.edu/healthcenter)

Health Center Hours  
10am-8pm  
8:10am-4:30pm





# LEADERSHIP AWARDS BANQUET

The second annual Leadership Awards Banquet was hosted by the Division of Student Affairs and the Associated Students of the University of Portland on Friday, April 12th, 2019. 250 student leaders and staff attended the dinner and awards ceremony, which honored the student leaders, faculty and student affairs staff who have exemplified leadership and significantly contributed towards the University's mission during the 2018 -2019 academic year.

The event was emceed by Dr. Matt Rygg, Associate Vice President of Student Development and Chloe Tanega, Senior. Rev. John Donato C.S.C., Vice President for Student Affairs recognized and honored the contributions and accomplishments of all the student leaders on The Bluff. Rev. Mark Poorman C.S.C., President, presented the highest Student Affairs student leadership award, *The Rev. John Van Wolvlear C.S.C. Award For Outstanding Involvement in Student Affairs*, to Annie Voegelé.

This year, the Division of Student Affairs introduced our own Leadership Pin which is worn by those who have performed a year or more of leadership and selfless service in a student organization.







## ASUP Award Recipients

Event of the Year - *Día de los Muertos*

CPB Member of the Year - *Monica Perez*

Club of the Year - *Board Game Club*

Senator of the Year - *Janiece Moore*

Club Advisor of the Year - *Dr. Sarina Saturn*

Staff Member of the Year - *Dan McGinty*

Faculty Member of the Year - *Dr. Lara-Zuzan Golesorkhi*

Student Leader of the Year - *Shelby Gavigan*

## Division of Student Affairs Award Recipients

The Rev. John Van Wolvlear C.S.C. Award For Outstanding Involvement in Student Affairs - *Annie Voegelé*

The Outstanding Ambassador Award - *Jason Ware*

The Residence Life Award for Meritorious Service - *Aileen Calletano*

The Brian Doyle Student Media Award - *Annika Gordon*

The Kate Johnson Outstanding Service Award - *Cat Casey*

The Intern of the Year Award - *Alex Peterson*

The Rev. Fred Barr C.S.C. Campus Ministry Leadership Award - *Kayla Garchar*

The Community Care Award - *Emma Martin & Tyler Bautista*

The Rev. John B. Delaunay, C.S.C. Peer Health Advocacy Award - *Shelby Gavigan & Emma Covert*

The Student Affairs Award for Outstanding Contributions to Diversity and Inclusion - *Sabrina Legaspi*

## Student Affairs Professional Staff Awards

The Newcomer in Student Affairs Award - *Kat North*

The Outstanding Contributor to Core Themes Award - *Amy Cavanaugh*







## The Rev. John Van Wolvlear C.S.C. Award For Outstanding Involvement in Student Affairs

*Annie Voegelé, '19*

"She beautifully connects her vibrant faith with what she does on the ground-level with her friends, with her patients, and with those on the other side of the globe. An advocate for conservation, sustainability, and living simply ...ask the people who know her best, and they'll say that she is prayerful, joyful, deliberate, approachable, and authentic. She possesses so many of the things that we, as a Holy Cross institution, want our students to possess."



## The Intern of the Year Award

*Alex Peterson, '19*

"Alex supported efforts to bring affordable eye care options to several boarding schools in northern Malawi. He researched equipment and found and negotiated an agreement for glasses at low cost. Additionally, by developing a computerized medical records system, and finding a tractor for the school's farm, his contributions will continue to make an impact for years to come. Even after his internship ended, Alex traveled to Malawi with his supervisor and helped administer hundreds of eye exams and prescription eyewear to the students."



## The Newcomer in Student Affairs Award

*Kat North, Administrative Assistant to the Vice President for Student Affairs*

"..A wizard with technology and communication...artistic and warm-hearted, our award winner has in less than two years transformed the look and feel of our professional reports...she is eager to jump in and help whenever and wherever needed. She supports the Early Alert team in creating cases, reaching out to students in need compassionately inviting them to our office, and following up with reporters. Her contributions, positivity, and excellence are appreciated and respected by all!"



## The Outstanding Contributor to Core Themes Award

*Amy Cavanaugh, Director of Career Center*

"Tireless and dedicated, there has not been a committee she has not served on...she has been a forerunner in the division's student outcome project that has blossomed into pathways for curricular and experiential learning of all sorts. Appreciated by her team as a gifted visionary and determined leader, this year's award recipient has shone brightly as a Holy Cross student affairs professional who cultivates hearts and enlightens minds."



## The Residence Life Award for Meritorious Service

*Aileen Calletano, '19*

"She stands out as someone with a wonderfully positive, welcoming presence, and a willingness to help others in need, even at times when it may not be convenient for them. One of her residents has said that; *this person connects with us without forcing a relationship or making individuals feel under a microscope. She is loving, nurturing, and real with us. She knows when to listen, when to advise, and when to push. She is a great RA, a great person, and a great friend.*"



## The Brian Doyle Student Media Award

*Annika Gordon, '20*

"A master visual storyteller, excellent leader, student manager, and a kind, empathic human being. If you look at her work, you will see that she does not merely record images. She uses her eyes, mind and heart to find the visual story that tells you what words cannot express. Her photography has won numerous awards, including on the national level. She has been on The Beacon staff since her freshman year, and has played an instrumental role in telling important and poignant stories about UP students, faculty and staff."







Office of Student Affairs  
University of Portland  
5000 N Willamette Blvd MSC 170  
Portland, OR 97203

Tel: (503) 943 - 8532

University of Portland



## ACKNOWLEDGMENTS

**Design:**  
Kat North

**Photography**  
Adam Guggenheim  
Bob Kerns  
NashCoPhoto  
Division of Student Affairs  
Campus Program Board