

CONFIDENTIAL FREE RESOURCE FOR SURVIVORS

*** This resource is not affiliated with the University of Portland ***

The Victims Rights Law Center (VRLC) is a non-profit organization with an office in downtown Portland.

VRLC provides confidential free services to survivors of sexual violence. VRLC defines sexual violence as “any type of sexual contact or behavior that occurs without consent, or against someone’s will.” “This term covers a range of experiences, such as unwanted touching, rape, and sexual assault.”

At VRLC’s Portland office, Shara Jones specializes in supporting students who are survivors of sexual violence. Students seeking support can connect with Shara by:

- Emailing: sjones@victimrights.org
- Calling and leaving a message: **503-274-5477 (extension 8)**
- Calling during live intake hours: **Fridays from 9 am to 11 am, 503-274-5477 (extension 8)**

Survivors should not share specific details about their situations in initial emails and/or voicemails. VRLC will need to do a conflict check before receiving specific information about a situation.

If a UP student needs **cab fare** to attend a meeting with Shara/VRLC or a student needs help setting up a **space on campus** to meet with Shara/VRLC, students should contact Megan Cohara, a confidential UP resource. Megan can be reached by emailing coharam@up.edu or by calling 503.943.7134 and requesting Megan Cohara. Communications with Megan are confidential.

Shara/VRLC can assist UP students with support in the following areas **for free**:

- Help students understand the Title IX process and accompany them through it
- Help with the process of obtaining a sexual assault restraining order
- Help navigate the law enforcement and criminal justice processes
- Help with immigration related services
- Help with employment related services, such as workplace accommodations or BOLI processes
- Disability and accommodation related services
- Housing
- Privacy
- Crime victim compensation processes

More information about VRLC is available at: www.victimrights.org